

NIS JUDO Admission Test

Topic:- JUDO SET01

1) Kodokan judo was established in the year

कोडोकन जूडो की स्थापना वर्ष में हुई थी

[Question ID = 304][Question Description = 101_SubjectCode_Judo_Set1_JAN22_Q01]

1. 1872 [Option ID = 1213]
2. 1882 [Option ID = 1214]
3. 1892 [Option ID = 1215]
4. 1964 [Option ID = 1216]

2) World Judo day celebrated on

विश्व जूडो दिवस कब मनाया जाता है

[Question ID = 305][Question Description = 102_SubjectCode_Judo_Set1_JAN22_Q02]

1. 28th Sept. / 28 सितंबर [Option ID = 1217]
2. 28th Oct. / 28 अक्टूबर [Option ID = 1218]
3. 28th Nov. / 28 नवंबर [Option ID = 1219]
4. 28th Dec. / 28 दिसंबर [Option ID = 1220]

3) How many Judo events were held in Olympic Games 2020 (2021)

ओलंपिक खेलों 2020 (2021) में कितने जूडो इवेंट्स आयोजित किए गए थे

[Question ID = 306][Question Description = 103_SubjectCode_Judo_Set1_JAN22_Q03]

1. 7 [Option ID = 1221]
2. 14 [Option ID = 1222]
3. 15 [Option ID = 1223]
4. 16 [Option ID = 1224]

4) In which year Judo Diploma Course started at NIS Patiala

एनआईएस पटियाला में किस वर्ष जूडो डिप्लोमा कोर्स शुरू हुआ?

[Question ID = 307][Question Description = 104_SubjectCode_Judo_Set1_JAN22_Q04]

1. 1961 [Option ID = 1225]
2. 1976 [Option ID = 1226]
3. 1978 [Option ID = 1227]
4. 1977 [Option ID = 1228]

5) Meaning of Japanese term 'Kansetsu Waza' is

जापानी शब्द 'कंसेट्सु वाजा' का अर्थ है

[Question ID = 308][Question Description = 105_SubjectCode_Judo_Set1_JAN22_Q05]

1. Holding Technique / होल्डिंग तकनीक [Option ID = 1229]
2. Choking Technique / चोकिंग तकनीक [Option ID = 1230]
3. Locking Technique / लॉकिंग तकनीक [Option ID = 1231]
4. Pressure Technique / दबाव तकनीक [Option ID = 1232]

6) Random weight is conducted on

रैंडम (random) वेट कब किया जाता है

[Question ID = 309][Question Description = 106_SubjectCode_Judo_Set1_JAN22_Q06]

1. 1 day before competition / प्रतियोगिता से 1 दिन पहले [Option ID = 1233]
2. Just before competition / प्रतियोगिता से ठीक पहले [Option ID = 1234]
3. After the competition / प्रतियोगिता के बाद [Option ID = 1235]
4. 2 day before the competition / प्रतियोगिता से 2 दिन पहले [Option ID = 1236]

7) Dress code for Medallist in international Judo Competition is

ओलंपिक में फील्ड हैंडबॉल की शुरुआत किस वर्ष हुई थी?

[Question ID = 310][Question Description = 107_SubjectCode_Judo_Set1_JAN22_Q07]

1. Formal Suit / औपचारिक सूट
[Option ID = 1237]
2. Blue Judogi / नीला जुडोगी
[Option ID = 1238]

3. White Judogi / सफेद जुडोगी

[Option ID = 1239]

4. Green Judogi / हरा जुडोगी

[Option ID = 1240]

8) Meaning of Japanese term ' Shisei' is

जापानी शब्द 'शीसी' का अर्थ है

[Question ID = 311][Question Description = 108_SubjectCode_Judo_Set1_JAN22_Q08]

1. Body Movement / शरीर की गति [Option ID = 1241]

2. Body Posture / शारीरिक मुद्रा [Option ID = 1242]

3. Natural Posture / प्राकृतिक मुद्रा [Option ID = 1243]

4. Body Design / बॉडी डिज़ाइन [Option ID = 1244]

9) Abnormal grip is allowed in Judo competition if

जूडो प्रतियोगिता में असामान्य पकड़ की अनुमति है यदि

[Question ID = 312][Question Description = 109_SubjectCode_Judo_Set1_JAN22_Q09]

1. Attack in 10 Seconds / 10 सेकंड में हमला

[Option ID = 1245]

2. Attack in 20 Seconds / 20 सेकंड में हमला

[Option ID = 1246]

3. Immediate attack / तत्काल हमला

[Option ID = 1247]

4. Attack in 30 seconds / 30 सेकंड में हमला

[Option ID = 1248]

10) In which year Women Judo included in Olympic Games

महिला जूडो को ओलंपिक खेलों में किस वर्ष शामिल किया गया

[Question ID = 313][Question Description = 110_SubjectCode_Judo_Set1_JAN22_Q10]

1. 1964 [Option ID = 1249]

2. 1986 [Option ID = 1250]

3. 1992 [Option ID = 1251]

4. 1996 [Option ID = 1252]

11) Contest area for Olympic Games shall be

ओलंपिक खेलों के लिए प्रतियोगिता क्षेत्र क्या होगा

[Question ID = 314][Question Description = 111_SubjectCode_Judo_Set1_JAN22_Q11]

1. 14 Mtr x 14 Mtr. / 14 मीटर x 14 मीटर [Option ID = 1253]

2. 16 Mtr x 16 Mtr. / 16 मीटर x 16 मीटर [Option ID = 1254]

3. 10 Mtr x 10 Mtr. / 10 मीटर x 10 मीटर [Option ID = 1255]

4. 8 Mtr x 8 Mtr / 8 मीटर x 8 मीटर [Option ID = 1256]

12) In which year was the International Judo Federation was formed

इंटरनेशनल जूडो फेडरेशन का गठन किस वर्ष किया गया था

[Question ID = 315][Question Description = 112_SubjectCode_Judo_Set1_JAN22_Q12]

1. 1951 [Option ID = 1257]

2. 1961 [Option ID = 1258]

3. 1964 [Option ID = 1259]

4. 1958 [Option ID = 1260]

13) If a uke fall on his hips after receiving ouchi gari result in

अगर उकी गरी लेने के बाद उक (uke) अपने कूल्हों पर गिर जाए तो परिणाम

[Question ID = 316][Question Description = 113_SubjectCode_Judo_Set1_JAN22_Q13]

1. No Score / कोई अंक नहीं [Option ID = 1261]

2. Penalty / दंड [Option ID = 1262]

3. Score / अंक [Option ID = 1263]

4. Advantage / फ़ायदा [Option ID = 1264]

14) What is color of belt for 4th Kyu Grade

चौथी क्यू ग्रेड के लिए बेल्ट का रंग क्या है?

[Question ID = 317][Question Description = 114_SubjectCode_Judo_Set1_JAN22_Q14]

1. Orange / ऑरेंज [Option ID = 1265]
2. Green / हरा [Option ID = 1266]
3. Blue / नीला [Option ID = 1267]
4. Brown / भूरा [Option ID = 1268]

15) Sweeping the opponent supporting leg when he attempting Uchi Mata & force him to land on his back is प्रतिद्वंद्वी के सपोर्टिंग पैर को स्वीप करते हुए जब वह उची माता का प्रयास करता है और उसे अपनी पीठ पर उतरने के लिए मजबूर करता है

[Question ID = 318][Question Description = 115_SubjectCode_Judo_Set1_JAN22_Q15]

1. Score / अंक [Option ID = 1269]
2. Shido / शिदो [Option ID = 1270]
3. Hansoku Make / हंसोकू मेक [Option ID = 1271]
4. No score / कोई अंक नहीं [Option ID = 1272]

16) Time for Golden score is

गोल्डन स्कोर का समय है

[Question ID = 319][Question Description = 116_SubjectCode_Judo_Set1_JAN22_Q16]

1. 2 Min / 2 मिनट [Option ID = 1273]
2. 3 Min. / 3 मिनट [Option ID = 1274]
3. 4 Min. / 4 मिनट [Option ID = 1275]
4. No time limit / समय की कोई पाबंदी नहीं [Option ID = 1276]

17) Who are the Dronacharya awardees (Life time) in Judo .

जूडो में द्रोणाचार्य पुरस्कार विजेता (लाइफ टाइम) कौन हैं

[Question ID = 320][Question Description = 117_SubjectCode_Judo_Set1_JAN22_Q17]

1. Sh.Gurcharan Singh Gogi & Sh. J.G.sharma / श्री गुरुचरण सिंह गोगी और श्री. जे.जी.शर्मा [Option ID = 1277]
2. Sh. J.G.Sharma & Sh. Jiwan Sharma / श्री जे.जी.शर्मा एवं श्री. जीवन शर्मा [Option ID = 1278]
3. Sh. Jiwan Sharma & sh.Gurcharan Singh Gogi / श्री जीवन शर्मा और श. गुरुचरण सिंह गोगी [Option ID = 1279]
4. Sh. J.G.Sharma & Sh. Tony Lee / श्री जे.जी.शर्मा एवं श्री. टोनी ली [Option ID = 1280]

18) Which is an odd one among the following..

निम्नलिखित में से कौन सा अलग है..

[Question ID = 321][Question Description = 118_SubjectCode_Judo_Set1_JAN22_Q18]

1. Seoi otoshi / सेओई ओटोशी [Option ID = 1281]
2. Hane goshi / हाने गोशियो [Option ID = 1282]
3. Tomoe nage / तोमो नागे [Option ID = 1283]
4. Kesa gatame / केशा गतमे [Option ID = 1284]

19) What is Judo's closest meaning in Japanese?

जापानी में जूडो का निकटतम अर्थ क्या है?

[Question ID = 322][Question Description = 119_SubjectCode_Judo_Set1_JAN22_Q19]

1. Traditional Way / परंपरिक तरीका [Option ID = 1285]
2. Way of Strength / ताकत का रास्ता [Option ID = 1286]
3. Gentle Way / विनम्रता से [Option ID = 1287]
4. Way of Life / ज़िंदगी का तरीका [Option ID = 1288]

20) What is the term for a draw the match?

मैच ड्रा के लिए शब्द क्या है?

[Question ID = 323][Question Description = 120_SubjectCode_Judo_Set1_JAN22_Q20]

1. Hajime / हाजिमे [Option ID = 1289]
2. Hikiwake / हिकिवेक [Option ID = 1290]
3. Hantei / हेंटेई [Option ID = 1291]
4. Hidari / हिदारी [Option ID = 1292]

21) Which is the first criteria to define the winner in Round Robin

राउंड रॉबिन में विजेता को परिभाषित करने के लिए पहला मानदंड कौन सा है?

[Question ID = 324][Question Description = 121_SubjectCode_Judo_Set1_JAN22_Q21]

1. Number of wins / जीत की संख्या [Option ID = 1293]
2. Sum of points / अंकों का योग [Option ID = 1294]
3. Shortest accumulated time of winning contests / प्रतियोगिता जीतने का सबसे कम संचित समय [Option ID = 1295]
4. Direct comparison / सीधी तुलना [Option ID = 1296]

22) National emblem can appear on which place of judogi

राष्ट्रीय चिन्ह जूडोगी के किस स्थान पर लग सकता है?

[Question ID = 325][Question Description = 122_SubjectCode_Judo_Set1_JAN22_Q22]

1. left-hand side of the jacket at chest level / छाती के स्तर पर जैकेट के बाई ओर [Option ID = 1297]
2. Right-hand side of the jacket at chest level / छाती के स्तर पर जैकेट के दाहिने हाथ [Option ID = 1298]
3. Left side sleeve of the jacket at chest level / छाती के स्तर पर जैकेट की बाई ओर की आस्तीन [Option ID = 1299]
4. Right side sleeve of the jacket at chest level / छाती के स्तर पर जैकेट की दाहिनी ओर की आस्तीन [Option ID = 1300]

23) Find the correct statement from the following

निम्नलिखित में से सही कथन खोजें

[Question ID = 326][Question Description = 123_SubjectCode_Judo_Set1_JAN22_Q23]

1. The contestants must shake hands before the start of the contest / प्रतियोगिता शुरू होने से पहले प्रतियोगियों को हाथ मिलाना चाहिए [Option ID = 1301]
2. The contestants must NOT shake hands before the start contest / प्रतियोगिता शुरू होने से पहले प्रतियोगियों को हाथ नहीं मिलाना चाहिए [Option ID = 1302]
3. Referee direct them to shake hands / रेफरी ने उन्हें हाथ मिलाने का निर्देश दिया [Option ID = 1303]
4. The contestants must know each other before hand / प्रतियोगियों को एक दूसरे को पहले से जानना चाहिए [Option ID = 1304]

24) Who has the responsibility to ensure that decisions are correctly recorded?

यह सुनिश्चित करने की जिम्मेदारी किसके पास है कि निर्णय सही ढंग से दर्ज किए गए हैं?

[Question ID = 327][Question Description = 124_SubjectCode_Judo_Set1_JAN22_Q24]

1. Referring commission / रेफरिंग कमीशन [Option ID = 1305]
2. Referee / पंच [Option ID = 1306]
3. IJF supervisor / आईजेफ पर्यवेक्षक [Option ID = 1307]
4. Judges on table / टेबल पर जज [Option ID = 1308]

25) Sankaku-jime is a.....

संकाकु-जिमे एक

[Question ID = 328][Question Description = 125_SubjectCode_Judo_Set1_JAN22_Q25]

1. Osae Waza / ओसे वज़ा [Option ID = 1309]
2. Kansetsu waza / कंसेट्सु वज़ा [Option ID = 1310]
3. Shime waza / शिम वज़ा [Option ID = 1311]
4. Tachi Waza / ताची वज़ा [Option ID = 1312]

Topic:- 1 General Knowledge SET 01

1) What is the 100m World Record of Usain Bolt?

उसैन बोल्ट का 100 मीटर विश्व रिकॉर्ड क्या है?

[Question ID = 1][Question Description = 101_Section2_GeneralKnowledge_JUN22_Q01]

1. 14.35 sec
14.35 सेकंड [Option ID = 1]
2. 9.58 sec
9.58 सेकंड [Option ID = 2]
3. 9.05 sec
9.05 सेकंड [Option ID = 3]
4. 10.12 sec
10.12 सेकंड [Option ID = 4]

2) The abbreviation EMI in banking sector stands for:

बैंकिंग क्षेत्र में संक्षिप्त ईएमआई का अर्थ है:

[Question ID = 2][Question Description = 102_Section2_GeneralKnowledge_JUN22_Q02]

1. Equated Monthly Instalment
समान मासिक किस्त
[Option ID = 5]
2. Equalised Monthly Instalment
संबंधित मासिक किस्त
[Option ID = 6]
3. Equated Money Instalment
समान धन किस्त
[Option ID = 7]
4. Equal Monthly Increment
समान मासिक वेतन वृद्धि
[Option ID = 8]

3) Which Sportsman is given the title of the Flying Sikh?

फ्लाईंग सिख का खिताब किस खिलाड़ी को दिया गया है?

[Question ID = 3][Question Description = 103_Section2_GeneralKnowledge_JUN22_Q03]

1. Bahadur Singh Chauhan

बहादुर सिंह चौहान

[Option ID = 9]

2. Milkha Singh

मिल्खा सिंह

[Option ID = 10]

3. Kamljeet Sandhu

कमलजित संधू

[Option ID = 11]

4. Harmandeep Singh

हरमनदीप सिंह

[Option ID = 12]

4) Message sent by computer is known as:

कंप्यूटर द्वारा भेजे गए संदेश को जाना जाता है:

[Question ID = 4][Question Description = 104_Section2_GeneralKnowledge_JUN22_Q04]

1. SMS

एसएमएस

[Option ID = 13]

2. FAX

फैक्स

[Option ID = 14]

3. E-mail

ई-मेल

[Option ID = 15]

4. Telegram

टेलीग्राम

[Option ID = 16]

5) Where is the famous Boxer Mary Kom from?

प्रसिद्ध बॉक्सर मैरी कॉम कहीं की हैं?

[Question ID = 5][Question Description = 105_Section2_GeneralKnowledge_JUN22_Q05]

1. Manipur

मणिपुर [Option ID = 17]

2. Mizoram

मिजोरम [Option ID = 18]

3. Nagaland

नागालैंड [Option ID = 19]

4. Tripura

त्रिपुरा [Option ID = 20]

6) What do the 5 Rings in the Olympic Flag represent?

ओलंपिक ध्वज में 5 वलय क्या दर्शाते हैं?

[Question ID = 6][Question Description = 106_Section2_GeneralKnowledge_JUN22_Q06]

1. 5 Cities of The World

दुनिया के 5 शहर

[Option ID = 21]

2. 5 Countries of The World

दुनिया के 5 देश

[Option ID = 22]

3. 5 Continents of The World

दुनिया के 5 महाद्वीप

[Option ID = 23]

4. 5 Sports of The World

दुनिया के 5 खेल

[Option ID = 24]

7) Whose Autobiography is named as "Sandy Storm"?

किसकी आत्मकथा का नाम "सैंडी स्टॉर्म" रखा गया है? [Question ID = 7][Question Description = 107_Section2_GeneralKnowledge_JUN22_Q07]

1. Sachin Tendulkar
सचिन तेंदुलकर [Option ID = 25]
2. Roger Binny
रोजर बिननी [Option ID = 26]
3. Sandeep Patil
संदीप पाटिल [Option ID = 27]
4. Sunil Gavaskar
सुनील गावस्कर [Option ID = 28]

8) When is National Sports Day of India celebrated?

भारत का राष्ट्रीय खेल दिवस कब मनाया जाता है?

[Question ID = 8][Question Description = 108_Section2_GeneralKnowledge_JUN22_Q08]

1. April - 6
अप्रैल 6 [Option ID = 29]
2. October - 11
अक्टूबर 11 [Option ID = 30]
3. September - 14
सितंबर 14 [Option ID = 31]
4. August - 29
अगस्त 29 [Option ID = 32]

9) Where is the Headquarters of International Labour Organisation (ILO)?

अंतर्राष्ट्रीय श्रम संगठन (ILO) का मुख्यालय कहाँ है?

[Question ID = 9][Question Description = 109_Section2_GeneralKnowledge_JUN22_Q09]

1. India
भारत [Option ID = 33]
2. Geneva
जिनेवा [Option ID = 34]
3. New York
न्यू यॉर्क [Option ID = 35]
4. Sydney
न्यू यॉर्क [Option ID = 36]

10) The Currency of Finland is _____.

फिनलैंड की मुद्रा _____ है.

[Question ID = 10][Question Description = 110_Section2_GeneralKnowledge_JUN22_Q10]

1. Dollar
डॉलर [Option ID = 37]
2. Real
रिअल [Option ID = 38]
3. Euro
यूरो [Option ID = 39]
4. Franc
फ्रैंक [Option ID = 40]

Topic:- 2 Logical Reasoning and Coaching Aptitude SET 01

1) In a certain code language, if STUDENT is coded as USWCGMV, then how will TEACHER be coded?

एक निम्नलिखित भाषा में यदि STUDENT को USWCGMV के रूप में कोड किया जाता है, तब TEACHER को कैसे कोड करेंगे?

[Question ID = 11][Question Description = 111_Section2_LR_JUN22_Q11]

1. VCDBJCT
VCDBJCT [Option ID = 41]
2. VDCBJDT
VDCBJDT [Option ID = 42]
3. VDBCJDT
VDBCJDT [Option ID = 43]
4. VCBDJCT
VCBDJCT [Option ID = 44]

2) In which of two months of the year 2022, days of all dates will be the same?

साल 2022 के किन दो महिनों के सभी तारीखों के दिन समान होंगे?

[Question ID = 12][Question Description = 112_Section2_LR_JUN22_Q12]

1. January, October
जनवरी, अक्टूबर [Option ID = 45]
2. March, August
मार्च, अगस्त [Option ID = 46]
3. April, September

अप्रैल, सितम्बर [Option ID = 47]

4. June, November

जून, नवम्बर [Option ID = 48]

3) A man is facing North-East. He turns clockwise by 135° , then anti clockwise by 90° and finally clockwise by 45° . Now, he is facing which direction?

एक आदमी उत्तर-पूर्व की ओर देख रहा है वह घड़ी की तरह 135° घुमता है, फिर घड़ी के विपरीत 90° घुमता है और अंत में घड़ी की तरह 45° घुमता है अब वह किस दिशा में देख रहा है?

[Question ID = 13][Question Description = 113_Section2_LR_JUN22_Q13]

1. South-West

दक्षिण-पश्चिम

[Option ID = 49]

2. West

पश्चिम

[Option ID = 50]

3. East

पूर्व

[Option ID = 51]

4. South-East

दक्षिण-पूर्व

[Option ID = 52]

4) Suman said to Rekha, "That girl singing on the stage is elder of two sisters of the son of my mother". How is the girl singing at the stage is related to Suman?

सुमन ने रेखा से कहा, "वह लड़की जो मंच पर गा रही है, वह मेरी माँ के बेटे की बड़ी बहन है". मंच पर गाने वाली लड़की का सुमन से क्या रिश्ता है?

[Question ID = 14][Question Description = 114_Section2_LR_JUN22_Q14]

1. Daughter

बेटी

[Option ID = 53]

2. Niece

भतीजी

[Option ID = 54]

3. Sister

बहन

[Option ID = 55]

4. Cousin

चचेरी बहन

[Option ID = 56]

5) A school has 5 working days in a particular week. On 3 days it has 7 periods/day and on 2 days it has 6 periods/day. Everyday, there is the one recess. Electric bell is used to indicate start/end of the period/recess. How many times, the bell should ring in that week?

एक स्कूल में किसी सप्ताह में, पांच दिन पढ़ाई होती है 3 दिनों में सात पीरियड्स प्रति दिन और 2 दिनों में छ पीरियड्स प्रति दिन होते हैं प्रति दिन एक अंतराल (रिसेस) होती है इलैक्ट्रिक घंटी को पीरियड्स/रिसेस के आरम्भ/अंत को दर्शाने के लिए प्रयोग में लाया जाता है उस सप्ताह घंटी को कितनी बार प्रयोग में लाया जायेगा?

[Question ID = 15][Question Description = 115_Section2_LR_JUN22_Q15]

1. 35

[Option ID = 57]

2. 38

[Option ID = 58]

3. 40

[Option ID = 59]

4. 43

[Option ID = 60]

6) Find the odd one out of the following.

निम्नलिखित में से विषम खोजिए

KIL, MOP, SQT, WUX

[Question ID = 16][Question Description = 116_Section2_LR_JUN22_Q16]

1. KIL

[Option ID = 61]

2. MOP

[Option ID = 62]

3. SQT

[Option ID = 63]

4. WUX

[Option ID = 64]

7) Fill the blank in the series with the most appropriate figure from the options.

दिये गये विवरणों में से श्रेणी का रिक्त स्थान चुनिये

6, 24, 60, _____, 210

[Question ID = 17][Question Description = 117_Section2_LR_JUN22_Q17]

1. 90

[Option ID = 65]

2. 114

[Option ID = 66]

3. 120

[Option ID = 67]

4. 150

[Option ID = 68]

8) In a row of 25 boys, Mohan is at 17th place from one end and Rohit is at 18th place from other end. How many boys are there between Mohan and Rohit?

25 लड़कों की पंक्ति में, मोहन एक किनारे से 17 वें स्थान पर है और रोहित दूसरे किनारे से 18 वें स्थान पर है मोहन और रोहित के बीच में कितले लड़के हैं?

[Question ID = 18][Question Description = 118_Section2_LR_JUN22_Q18]

1. 7

7

[Option ID = 69]

2. 8

8

[Option ID = 70]

3. 9

9

[Option ID = 71]

4. 10

10

[Option ID = 72]

9) Given a series of figures, which option will continue the series?

चित्रों की एक श्रेणी दी गई है विकल्पों में से कौन सा चित्र श्रेणी को जारी रखेगा?



[Question ID = 19][Question Description = 119_Section2_LR_JUN22_Q19]

1.

[Option ID = 73]

2.



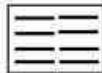
[Option ID = 74]

3.



[Option ID = 75]

4.



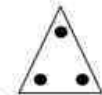
[Option ID = 76]

10) Find the odd figure out of the given figures.

दिए गए चित्रों में से, विषम चित्र खोजें

[Question ID = 20][Question Description = 120_Section2_LR_JUN22_Q20]

1.



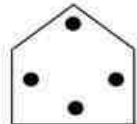
[Option ID = 77]

2.



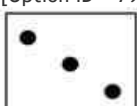
[Option ID = 78]

3.



[Option ID = 79]

4.



[Option ID = 80]

Topic:- 6 Basic Computer Knowledge SET 01

1) 'jpeg' extension refers usually to _____ file.

'jpeg' विस्तार को पूरा: _____ कहा जाता है

[Question ID = 39][Question Description = 131_Section2_BasicComputerKnowledge_JUN22_Q31]

1. System file

सिस्टम फाइल [Option ID = 153]

2. Animation/movie file

एनिमेशन/मुवी फाइल [Option ID = 154]

3. MS document

MS दस्तावेज [Option ID = 155]

4. Image file

प्रतिबिंब फाइल [Option ID = 156]

2) _____ are the hardware devices that are not part of the main computer system and can be added later to the computer system.

_____ मुख्य कंप्यूटर प्रणाली के हार्डवेयर संत का भाग नहीं और कंप्यूटर प्रणाली में बाद में सहयोजित किए जा सकते हैं

[Question ID = 40][Question Description = 132_Section2_BasicComputerKnowledge_JUN22_Q32]

1. Peripherals
पेरिफेरल [Option ID = 157]
2. Clip Art
क्लिप आर्ट [Option ID = 158]
3. Highlight
हाईलाइट [Option ID = 159]
4. Execute
एक्ज्यूट [Option ID = 160]

3) Which of the following is not a programming language?

निम्नलिखित कौन प्रोग्रामिंग की भाषा नहीं है?[Question ID = 41][Question Description = 133_Section2_BasicComputerKnowledge_JUN22_Q33]

1. Basic
बेसिक [Option ID = 161]
2. Java
जावा [Option ID = 162]
3. Turing
टर्निंग [Option ID = 163]
4. C ++
C ++ [Option ID = 164]

4) What kind of data can be sent by e-mail?

किस प्रकार के डाटा को ई-मेल द्वारा भेजा जा सकता है?[Question ID = 42][Question Description = 134_Section2_BasicComputerKnowledge_JUN22_Q34]

1. Audio
श्रव्य [Option ID = 165]
2. Pictures
चित्र [Option ID = 166]
3. Video
वीडियो [Option ID = 167]
4. All of the above
उपयुक्त सभी [Option ID = 168]

5) Main circuit board in a computer is _____.

एक कंप्यूटर का मुख्य परिपथ बोर्ड _____.

[Question ID = 43][Question Description = 135_Section2_BasicComputerKnowledge_JUN22_Q35]

1. Decoder
डिकोडर [Option ID = 169]
2. Highlight
हाईलाइट [Option ID = 170]
3. Graphic Card
ग्राफिक कार्ड [Option ID = 171]
4. Mother board
मदरबोर्ड [Option ID = 172]

Topic:- 3 Language and Communication SET 01A

1) Choose the right synonym for the given word from the options that follow.

COLOSSAL[Question ID = 25][Question Description = 121_Section2_Language&Communication_JUN22_Q21]

1. Nanoscopic [Option ID = 97]
2. Mammoth [Option ID = 98]
3. Diminutive [Option ID = 99]
4. Big [Option ID = 100]

2) Fill in the blank with the most suitable option.

Millions of people around the world have taken to exercise to burn _____ calories and build immunity.[Question ID = 26]

[Question Description = 122_Section2_Language&Communication_JUN22_Q22]

1. Out [Option ID = 101]
2. Away [Option ID = 102]
3. Off [Option ID = 103]
4. Down [Option ID = 104]

3) Fill in the blank with the most suitable option.

Actions speak _____ than words, is my mother's favourite quote.

[Question ID = 27][Question Description = 123_Section2_Language&Communication_JUN22_Q23]

1. Loudest [Option ID = 105]
2. Loud [Option ID = 106]
3. Louder [Option ID = 107]
4. Silently [Option ID = 108]

4) Choose the right sentence.[Question ID = 28][Question Description = 124_Section2_Language&Communication_JUN22_Q24]

1. The biggest communication problem is that we does not litse. [Option ID = 109]
2. The bigger communication problem is that we don't hear [Option ID = 110]
3. The bid communicating problem is that we don't listen. [Option ID = 111]
4. The biggest communication problem is that we do not listen. [Option ID = 112]

Topic:- 4 Language and Communication SET 01B

1) Read the following passage and answer the question given below by choosing the most appropriate option.
The first thing to understand is that pull-ups are a full body exercise, contrary to popular belief that it is purely an upper body exercise. Pull-ups require nothing more than a bar and engagement of dozen muscles from lats down to glutes. Experts say that it improves upper and middle body strength, shoulder mobility and core stability, while helping bone coordination too. Most people fail to master the pull-ups not because they are physically incapable but are not trained the right way. Beginners can practise hanging by grabbing the bar, engaging their abs and glutes to make their body stiff like a board. Focus on technique with patience is the trick to master push-ups.

Out of the various ways to ace the pull-ups exercises, the rule of the thumb is _____.

[Question ID = 29][Question Description = 101_Section2_Language&Communication_JUN22_Q25]

1. To take straight in the eye of the trainer.
[Option ID = 113]
2. To pump yourself with supplements.
[Option ID = 114]
3. To keep your abs and glutes tight.
[Option ID = 115]
4. To engage your mind positively and patiently.
[Option ID = 116]

2) Read the following passage and answer the question given below by choosing the most appropriate option.
The first thing to understand is that pull-ups are a full body exercise, contrary to popular belief that it is purely an upper body exercise. Pull-ups require nothing more than a bar and engagement of dozen muscles from lats down to glutes. Experts say that it improves upper and middle body strength, shoulder mobility and core stability, while helping bone coordination too. Most people fail to master the pull-ups not because they are physically incapable but are not trained the right way. Beginners can practise hanging by grabbing the bar, engaging their abs and glutes to make their body stiff like a board. Focus on technique with patience is the trick to master push-ups.

It is imperative that both glutes and lats work together in proper co-ordination to make sure that we _____.

[Question ID = 30][Question Description = 102_Section2_Language&Communication_JUN22_Q26]

1. Use monkey bars
[Option ID = 117]
2. Have proper digestion
[Option ID = 118]
3. Have no tension in life.
[Option ID = 119]
4. Have the proper mobility and stability.
[Option ID = 120]

Topic:- 5 Language and Communication SET 01C

1) Fill in the blank with most suitable option.
I wanted to _____ super cuts for this Earth Day, so I made a flip-flap book with different ideas and foldable cycles inside.

[Question ID = 31][Question Description = 127_Section2_Language&Communication_JUN22_Q27]

1. Have [Option ID = 121]

2. Take [Option ID = 122]
3. Do something [Option ID = 123]
4. Do cycling [Option ID = 124]

2) Fill in the blank with the most suitable option.

A powerful tool of engagement in a classroom is student _____ and good question. [Question ID = 32][Question Description = 128_Section2_Language&Communication_JUN22_Q28]

1. Rapport [Option ID = 125]
2. Sound [Option ID = 126]
3. Voice [Option ID = 127]
4. Demand [Option ID = 128]

3) Fill in the blank with most suitable option.

The Tourism Department of Uttarakhand has recently announced that it _____ allow trekkers to climb the glaciers in Kumaon region. [Question ID = 33][Question Description = 129_Section2_Language&Communication_JUN22_Q29]

1. Can [Option ID = 129]
2. Could [Option ID = 130]
3. Shall [Option ID = 131]
4. Would [Option ID = 132]

4) Fill in the blank with most suitable option.

I had promised to _____ her book but failed to do. Regretfully I acknowledge the lapse. [Question ID = 34][Question Description = 130_Section2_Language&Communication_JUN22_Q30]

1. Return [Option ID = 133]
2. Reply [Option ID = 134]
3. Profit [Option ID = 135]
4. Return back [Option ID = 136]

