

National Testing Agency

Question Paper Name: Refresher Course in Psychology
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Refresher Course in Psychology

Group Number : 1
Group Id : 90958230
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Break time: 0
Group Marks: 100

Refresher Course in Psychology

Section Id : 90958230
Section Number : 1
Section type : Online
Mandatory or Optional: Mandatory
Number of Questions: 100
Number of Questions to be attempted: 100
Section Marks: 100
Display Number Panel: Yes
Group All Questions: No

Sub-Section Number: 1
Sub-Section Id: 90958232
Question Shuffling Allowed : Yes

Question Number : 1 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The best way to establish good relationship is

- A. Clear verbal communication
- B. specific non verbal communication
- C. Pleasant tone
- D. Empathic listening

Options :

1. A
2. B
3. C
4. D

Question Number : 2 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Pre- competition anxiety may be due to –

- A. Reputation of an opponent
- B. Spectator behavior
- C. Body size of the opponent
- D. All the above

Options :

1. A
2. B
3. C
4. D

Question Number : 3 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What is Terminal illness?

- A. Disease
- B. Chronic Disease
- C. Cannot be treated and likely to cause death soon
- D. Person is under continuous medical treatment

Options :

1. A
2. B
3. C
4. D

Question Number : 4 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The most reliable indication of emotions and relationship is

- A. Verbal intentional communication
- B. listening, thinking, speaking
- C. thinking, listening, speaking
- D. listening, speaking, thinking

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 5 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Before competition -----psychological factor affect more.

- A. Anxiety
- B. Aggression
- C. Somatic disorders
- D. All of these

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 6 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- leads to marital problem

- A. Hysteric personality
- B. Compulsive personality
- C. Paranoid personality
- D. All Above

Options :

- 1. A

2. B
3. C
4. D

Question Number : 7 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

State Mental Health Authority consists of –

- A. Mental college Principal
- B. Secretary, Department of Health (State)
- C. Joint Secretary, Department of Health (State)
- D. A,B, C

Options :

1. A
2. B
3. C
4. D

Question Number : 8 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In Randomized Complete block design, we may assume that the treatment are fixed and the blocks are random, such a model is called

- A. Random effect model
- B. Mixed effect model
- C. Rare effect model
- D. Fixed effect model

Options :

1. A
2. B
3. C
4. D

Question Number : 9 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

More generally, people are considered obese when their BMI is -----

- A. Over 30 kg/ m²
- B. 16.5 to 25.0kg/m²
- C. Under 18. 5 kg/m²
- D. None of above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 10 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Care giver in the Act means –

- A. Attendant of the hospitalized person
- B. Nursing staff of the government
- C. Person who resides with mentally ill person
- D. Person who is responsible for providing care to mentally ill person

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 11 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A statistical test conducted to determine whether to reject or not reject a hypothesized probability distribution for a population is known as a

- A. goodness of fit
- B. t test
- C. C .chi square test
- D. z test

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 12 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Social agility is.....

- A. A personality trait.
- B. An ability.
- C. An aggressive state
- D. None of above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 13 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which Mental Health Act is revised recently –

- A. Mental Health Act, 1987
- B. Mental Health Act, 1986
- C. Mental Health Act, 1912
- D. Mental Health Act, 1947

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 14 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The number of times each experimental condition is observed in a factorial design is known as

- A. Replication
- B. Treatment
- C. A factor
- D. Dependent variable

Options :

- 1. A

- 2. B
- 3. C
- 4. D

Question Number : 15 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

When parents have a high level of marital conflict, they are likely to

- A. Ignore their children
- B. Over pamper their children
- C. Be critical.
- D. Frequently and intensely punish their children

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 16 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Mental Health Care Act, 2017 is divided into _____ Chapters –

- A. 9
- B. 10
- C. 11
- D. 12

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 17 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of these is NOT true of the use of a Latin Square to counterbalance order effects?

- A. When there is an even number of conditions; each will follow each of the others exactly once
- B. . There are as many possible orders in the Latin Square as there are conditions.
- C. Each of the conditions appear just once in each of the possible positions in the other
- D. There must be the same number of orders as there are participants.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 18 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

BPS exercise is a very good strategy.....

- A. To reduce anger
- B. For raising and maintaining positive mood.
- C. To be at harmony.
- D. None of the above.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 19 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Mental Health Care Act, 2017 has _____ Sections –

- A. 67
- B. 35
- C. 98
- D. 10

Options :

- 1. A
- 2. B

3. C

4. D

Question Number : 20 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

While using inter-correlation as a criteria for extracting factors, we stop at a point where

- A. Values in residual correlation matrix computed from factor matrix are all positive
- B. Values in residual correlation matrix computed from factor matrix are near zero
- C. Both A and B
- D. Only B

Options :

1. A

2. B

3. C

4. D

Question Number : 21 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Biliopancreatic diversion (BPD) is a type of

- A. Gastric surgery.
- B. Gastric banding.
- C. Vertical sleeve gastrectomy
- D. None of above

Options :

1. A

2. B

3. C

4. D

Question Number : 22 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Full form of ASHA –

- A. Army Social Health Academy
- B. Academy of Science & Health Activists
- C. Accredited Scientific Healing Academy
- D. Accredited Social Health Activists

Options :

1. A
2. B
3. C
4. D

Question Number : 23 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

h^2 (Commonality) in factor analysis is calculated by:

- A. Multiplying the square of factor loading for each row
- B. Adding the square of factor loadings for each row
- C. Adding the square of factor loadings for each column
- D. Multiplying the square of factor loading for each column

Options :

1. A
2. B
3. C
4. D

Question Number : 24 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Shrinking of prefrontal cortex is linked with decrease in in older adults.

- A. Sleep
- B. Physical strength
- C. Working memory
- D. Pulse rate

Options :

1. A
2. B
3. C
4. D

Question Number : 25 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Mental illness is represented by the classification of –

- A. WHO
- B. DSM-V
- C. ICD-10
- D. All of the above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 26 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of the following conditions hold true for achieving simple structure?

- A. Each row of the rotated factor matrix should have at least one zero
- B. Each column of the rotated factor matrix should have at least one zero
- C. Eigen value of factors obtained is 1 or near to 1
- D. Significant factors loadings are all positive

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 27 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

..... is one appetite suppressing drugs.

- A. Atorvastatin
- B. Insulin
- C. Liraglutide
- D. Aspirin

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 28 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

DSM-V –

- A. Disorder Statistical Manual-V
- B. Diagnostic Statistical Manual-V
- C. Disease Statistical Manual-V
- D. Above All

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 29 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In case a researcher applies factor analysis with an aim to spread the variance across the factors, the preferred method chosen will be?

- A. Centroid Method
- B. Principal Axis Method
- C. Principal Component Method
- D. Both A and C

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 30 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Obesity is the result of.....

- A. Genetic factors only
- B. environmental factors only
- C. An interplay between genetic and environmental factors
- D. Socio-economic status.

Options :

- 1. A

2. B
3. C
4. D

Question Number : 31 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical
Correct Marks : 1 Wrong Marks : 0

Professional Qualification of Clinical Psychologist is –

- A. Ph. D. in Psychology
- B. M. A. in Psychology
- C. M. Phil. in Clinical Psychology
- D. D.M. Phil. in Psychology

Options :

1. A
2. B
3. C
4. D

Question Number : 32 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical
Correct Marks : 1 Wrong Marks : 0

Oblique Rotation is used in factor analysis in case:

- A. The aim is to obtain independent factors
- B. The aim is to obtain maximum variance
- C. The aim is to obtain factors with shared variance with some communality retained
- D. The aim is to obtain factors with less of shared variance with no communality retained

Options :

1. A
2. B
3. C
4. D

Question Number : 33 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical
Correct Marks : 1 Wrong Marks : 0

Man and woman think differently because of their differences in

- A. Hormones
- B. Hemispheric dominance.
- C. Physical structure.
- D. Expectations of society.

Options :

1. A
2. B
3. C
4. D

Question Number : 34 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Full form of UNCRPD is =

- A. Union of Nations Corps for Rights of Persons with Disabilities
- B. United Nations Convention on Rights of Persons with Disabilities
- C. Union of Nationals on Convention for Rights of Persons with Disabilities
- D. United National Corps for Rights of Persons with Disabilities

Options :

1. A
2. B
3. C
4. D

Question Number : 35 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In Factor analysis Total Variance is equal to:

- A. Specific Variance + Error Variance
- B. Specific Variance + Common Variance
- C. Common Variance + Error Variance
- D. True Variance + Error Variance

Options :

1. A
2. B
3. C
4. D

Question Number : 36 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“Eudaimonism' is a school of philosophy which believes that happiness is

- A. The highest good of all
- B. An attitude
- C. Determined by genes.
- D. None of above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 37 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The Psychodynamic Approach for studying personality works on the principle that:

- A. The conscious forces determine our behavior
- B. Personality can be studied as various traits
- C. The unconscious forces determine our behavior
- D. None of the above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 38 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Increases in body fat alter the body's response to insulin leading to

- A. Insulin sensitivity
- B. Insulin resistance
- C. Obstruction in insulin secretion
- D. Over secretion of insulin

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 39 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Indian body deals with all types of disabilities & curriculum =

- A. MoSJE
- B. National Trust
- C. RCI
- D. Ministry of Health

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 40 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Pep talk is useful for -----

- A. Motivation
- B. Emotional arousal
- C. Best performance
- D. All the above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 41 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What are the two systems used all over the world?

- A. State and Nation
- B. Eastern and Western
- C. Statistical and Journal
- D. DSM and ICD

Options :

1. A
2. B
3. C
4. D

Question Number : 42 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of the following are the features of a projective test:

I. Quantitative II. Unstructured III. Ambiguous

- A. I and II
- B. I and III
- C. II and III
- D. II, and III

Options :

1. A
2. B
3. C
4. D

Question Number : 43 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Free radicals are atoms that are unstable because. of.....

- A. They have lost electrons
- B. Harmonic imbalance.
- C. DNA deterioration
- D. None of above.

Options :

1. A
2. B
3. C
4. D

Question Number : 44 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Symptom of an autistic child is –

- A. Hyperactive
- B. Aggressive
- C. Lack of Eye Contact
- D. Low Vision

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 45 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Athlete burnout is the results of -----withdrawal from activity

- A. Psychological and emotional
- B. Physical
- C. Both A and B
- D. None of these

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 46 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Write the subtypes of Schizophrenia which are removed from DSM5.

- A. Maniac Depressive
- B. Amnesia, Depression
- C. Fugue, Dissociative
- D. Paranoid, Undifferentiated

Options :

- 1. A
- 2. B

3. C

4. D

Question Number : 47 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

. The tendency of test takers to respond in a particular pattern is termed as:

- A. Socially Desirable Response
- B. Response Bias
- C. Unstructured Response
- D. Response Set

Options :

1. A

2. B

3. C

4. D

Question Number : 48 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

..... theories of happiness hold that human are programmed to experience a certain degree of happiness.

- A. Cognitive
- B. Affective
- C. Set point
- D. Social

Options :

1. A

2. B

3. C

4. D

Question Number : 49 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

RPWD Act represents types of disabilities –

- A. 9
- B. 13
- C. 17
- D. 21

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 50 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Sports performance is the bi-product of--

- A. Skill
- B. Conditional ability
- C. Total personality
- D. Tactical ability

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 51 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

ALIMCO was established in the year

- A. 1984
- B. 1972
- C. 1996
- D. 1968

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 52 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Body mind relationship was first promulgated by

- A. Socrates
- B. Plato
- C. Hitler
- D. Homer

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 53 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Sickle Cell disease is—

- A. Related to stomach
- B. A group of disorder that affects hemoglobin
- C. Attacks white platelets
- D. Affect bones

Options :

- 1. A
- 2. B

3. C

4. D

Question Number : 54 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Autogenic training is a technique

- A. To bring about relaxation in body
- B. To increase anxiety level
- C. To counter avoidance syndrome
- D. None of the above

Options :

1. A

2. B

3. C

4. D

Question Number : 55 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

NIMH represents –

- A. National Institute of Mentally Handicapped
- B. National Institute of Mental Health
- C. National International Management of the Handicapped
- D. Nero- Institute of Mental Hospital

Options :

1. A

2. B

3. C

4. D

Question Number : 56 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Capacity building is based on factors such as -----,

- A. Skill transfer
- B. Individual development
- C. Both A and B
- D. None of the above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 57 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

ADD means –

- A. Acute Depressive Disorder
- B. Aggressive Depressive Disorder
- C. Attention Deficit Disorder
- D. Active Deficit Disorder

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 58 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Cocaine, marijuana and tobacco are

- A. Recreational drugs
- B. Performance enhancing drugs
- C. Both A and B
- D. None of the above.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 59 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of the following is Anxiety Disorder –

- A. Agoraphobia
- B. Panic Disorder
- C. Social Phobia
- D. A ,B & C

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 60 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Capacity building is a process by which individual obtain and retain

- A. Skills
- B. Knowledge
- C. Both A and B
- D. None of the above.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 61 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Separation Anxiety is –

- A. Away from family members
- B. Loss of toys
- C. Fear of punishment
- D. Social anxiety

Options :

1. A
2. B
3. C
4. D

Question Number : 62 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The major aim of capacity development is to achieve

- A. Pre set goals
- B. Anxiety management
- C. Stress management
- D. All of the above

Options :

1. A
2. B
3. C
4. D

Question Number : 63 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Somatic disorder relates to –

- A. Physical state
- B. Mental state
- C. Situational stress
- D. All of the above

Options :

1. A
2. B
3. C
4. D

Question Number : 64 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

..... theories hold that happiness is a product of human thinking.

- A. Cognitive
- B. Affective
- C. Set point
- D. Social

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 65 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Protein-sparing modified fast an individual typically consumes between to calories per day of foods.

- A. 200-300
- B. 300-400
- C. 400-800
- D. 400-1000

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 66 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

PTSD means

- A. Pre Traumatic Stress Disorder
- B. Post Traumatic Stress Disorder
- C. Panic Traumatic Stress Disorder
- D. Phobic Traumatic Stress Disorder

Options :

1. A
2. B
3. C
4. D

Question Number : 67 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In general, fat should constitute about topercent of body tissue in women, and about to percent in men.

- A. 15 to 22, and 20 to 27
- B. 25 to 35, and 20 to 30
- C. 20 to 27, and 15 to 22
- D. 30 to 35, and 25 to 30

Options :

1. A
2. B
3. C
4. D

Question Number : 68 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Neuropeptide Y the stress response.

- A. Limits
- B. Aggravate
- C. Maintains
- D. None of above

Options :

1. A
2. B
3. C
4. D

Question Number : 69 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

According to theory, the HPA axis plays a key role imaging.

- A. Hormonal stress
- B. Programmed
- C. Free radical
- D. Mitochondrial

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 70 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

SED is related to –

- A. Stress Disorder
- B. Emotion Disorder
- C. Depression Disorder
- D. Development Disorder

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 71 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Positive parenting is focused on –

- A. Developing a strong, deeply committed relationship between parent and child
- B. Communication and mutual respect
- C. Correction of children's thought
- D. Only A&B

Options :

- 1. A
- 2. B

3. C

4. D

Question Number : 72 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Training children towards self-control is related to –

- A. Emotions
- B. Creative thinking
- C. Sense of responsibility
- D. Sense of achievement

Options :

1. A

2. B

3. C

4. D

Question Number : 73 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

"I will do your homework" says mother. Type of _____ parenting –

- A. Indulgence
- B. Overprotection
- C. Rejection
- D. Acceptance

Options :

1. A

2. B

3. C

4. D

Question Number : 74 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Child asks mother to see his reward, she does not give any response. Type of _____ parenting

- A. Indulgence
- B. Overprotection
- C. .Rejection
- D. Acceptance

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 75 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Intellectual Development means –

- A. Growth of thoughts
- B. Growth of social skills
- C. Growth of emotions
- D. Growth of language

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 76 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

. People who tend to be collaborative, having personal warmth and concerned with others feeling and needs are having with type of personality traits

- A. Neuroticism
- B Openness
- C. Agreeableness
- D. Conscientiousness

Options :

- 1. A
- 2. B
- 3. C

4. D

Question Number : 77 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Social media provides an opportunity for self narcissists to engage in

- A. Self efficacy behavior
- B. Self promotional behavior
- C. Self defensive behavior
- D. None of the above

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 78 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Media psychology morphs tends to meet which component of the users experience

- A. Emotional and
- B. Cognitive and social
- C. Cognitive and humanistic
- D. Cognitive, humanistic and emotional

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 79 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Whose theory states that the personality of an individual is shaped by three central force i.e., id, ego and superego.

- A. Erikson
- B. Albert Bandura
- C. Kohlberg
- D. Freud

Options :

- 1. A

2. B
3. C
4. D

Question Number : 80 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Person's desire to achieve many different goals simultaneously are characterized as having which type of personality

- A. Type C personality
- B. Type A personality
- C. Type R personality
- D. Type B personality

Options :

1. A
2. B
3. C
4. D

Question Number : 81 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Who has emphasized on the physical shape of the head and face to determine "born criminal"

- A. Kohlberg
- B. Lombroso
- C. Walter
- D. Seligman

Options :

1. A
2. B
3. C
4. D

Question Number : 82 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Who was the first to describe the fight or flight response

- A. Sigmund Freud
- B. Atkinson Potter
- C. Walter B. Cannon
- D. Mrinal Sengupta

Options :

1. A
2. B
3. C
4. D

Question Number : 83 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What thought come to the mind when you're under negative stress

- A. You think that everything will get fine eventually
- B. You think that you cannot cope with the situation
- C. You think that you will get help immediately
- D. You think that you can cope with the situation

Options :

1. A
2. B
3. C
4. D

Question Number : 84 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What can cause stress in a person life

- A. Traumatic events
- B. Illness –injury
- C. Unpleasant physical condition
- D. All of the above

Options :

1. A
2. B
3. C
4. D

Question Number : 85 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Baumeister defined self as:

- A. A collection of concepts
- B. Collection of knowledge about oneself which is both informed by and determined by own experience and cognition
- C. Mental processes that helps us to collect information
- D. Evaluating judgment about oneself and others.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 86 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Other interchangeable name for fundamental attribution error

- A. External bias
- B. Consistencies bias
- C. Correspondence bias
- D. Consensus bias

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 87 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What are the three processes of control theory of self regulation

- A. Monitoring, construction and reconstruction
- B. Individual, group, society
- C. Perceptual , cognitive and behavioral
- D. Monitoring, evaluation and correcting

Options :

- 1. A
- 2. B

3. C

4. D

Question Number : 88 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What will help you to go through stressful situation more positively

- A. Social self
- B. Stressed powered syndrome
- C. Identity achieved
- D. Social support

Options :

1. A

2. B

3. C

4. D

Question Number : 89 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of the following is not true about self-harming behaviors ?

- A. These provide a way to hidden feeling
- B. Communicating need of support
- C. These cannot provide a feeling of control
- D. Self harm brings sense of relief

Options :

1. A

2. B

3. C

4. D

Question Number : 90 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Self harming behavior amongst mentally challenged is an expression of-

- A. Seeking attention
- B. Aggression
- C. Coping
- D. Both B and C

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 91 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

One of the main predictors of domestic violence is.....

- A. Marital dissatisfaction
- B. Personal bankruptcy
- C. A second marriage
- D. Tobacco Use

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 92 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which of the following statements is TRUE in regard to primary aggression?

- A. It is hostile self-assertion that is destructive in nature
- B. It results from a person's frustration with life experiences
- C. It will not result in the bodily harm of others
- D. It is a hereditary condition

Options :

- 1. A
- 2. B
- 3. C

4. D

Question Number : 93 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Physical violence is most commonly perpetrated by-

- A. Men towards women
- B. Women towards men
- C. Men towards men
- D. Women towards women

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 94 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

More death and disability among women globally is caused by:

- A. Cancer
- B. Family violence
- C. Traffic accidents
- D. Malaria

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 95 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Management practices in the late 1800s and early 1900s emphasized:

- A. Work place harmony.
- B. Higher wages.
- C. Task simplification and Performance-based pay.
- D. Self-management.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 96 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The knowledge, education, training, skills and expertise of a firm's worker is known as:

- A. Human Capital.
- B. Physical Capital.
- C. Production capital.
- D. Cultural diversity.

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 97 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Erikson's seventh stages of development (for middle life) is -

- A. Generativity vs. stagnation.
- B. Integrity vs. despair.
- C. Mid-life crisis.
- D. Feeling of uselessness

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 98 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

With aging, there is decline in which type of memory -

- A. Implicit memory
- B. Explicit memory
- C. Semantic memory
- D. Verbal memory

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 99 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Who is the founder of “flexible work solutions” -

- A. Cattell
- B. Joanie Connell
- C. Sternberg
- D. Terman

Options :

- 1. A
- 2. B
- 3. C
- 4. D

Question Number : 100 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Who is the father of Scientific Management,

- A. F.W. Taylor
- B. E Mayo
- C. B. Watson
- D. P. Druker

Options :

- 1. A
- 2. B
- 3. C
- 4. D