

National Testing Agency

Question Paper Name: School Organization Administration and Management 09th November 2019 Shift 1
Subject Name: School Organization Administration and Management
Creation Date: 2019-11-09 15:06:22
Duration: 180
Total Marks: 100
Display Marks: Yes

School Organization Administration and Management

Group Number : 1
Group Id : 70959794
Group Maximum Duration : 0
Group Minimum Duration : 120
Revisit allowed for view? : No
Revisit allowed for edit? : No
Break time: 0
Group Marks: 100

School Organization Administration and Management

Section Id : 70959795
Section Number : 1
Section type : Online
Mandatory or Optional: Mandatory
Number of Questions: 100
Number of Questions to be attempted: 100
Section Marks: 100
Display Number Panel: Yes
Group All Questions: No

Sub-Section Number: 1
Sub-Section Id: 709597104
Question Shuffling Allowed : Yes

Question Number : 1 Question Id : 7095979267 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The term management is derived from-----language.

- 1) Latin
- 2) Greek
- 3) English
- 4) Italian

Question Number : 2 Question Id : 7095979268 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The word 'Skhole' means?

- 1) empty
- 2) full
- 3) leisure
- 4) to handle

Question Number : 3 Question Id : 7095979269 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- is concerned with provision of material, human facilities, institutional plan and other facilities and services required for running a school.

- 1) School organisation
- 2) School administration
- 3) School management
- 4) Organisation

Question Number : 4 Question Id : 7095979270 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The headmaster will usually make clear what he would like to see happening in the school and will do this through discussion with other teachers of the school. This model of management is known as:

- 1) The Democratic Model
- 2) The Departmental Model
- 3) The Hierarchical Model
- 4) none of the above

Question Number : 5 Question Id : 7095979271 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- is the essence of all management.

- 1) Controlling
- 2) Organising
- 3) Planning
- 4) Decision-making

Question Number : 6 Question Id : 7095979272 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Libraries, laboratories, auditorium, playground etc. are part and parcel of an educational institution for organizing different curricular and co-curricular programmes. This is included in -
----- aspects of educational management.

- 1) Human resources
- 2) Instrumental resources
- 3) Physical Resources
- 4) Ideational resources

Question Number : 7 Question Id : 7095979273 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Early Childhood Care & Education identified ----- theoretical dimensions of Organizational Climate (OC).

- 1) 8
- 2) 9
- 3) 10
- 4) 12

Question Number : 8 Question Id : 7095979274 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Delegation of duties is the characteristic feature of ---- type of institutional climate.

- 1) Closed Climate
- 2) Autocratic Climate
- 3) Familiar Climate
- 4) Democratic Climate

Question Number : 9 Question Id : 7095979275 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

'Laissez-faire' atmosphere occurs in -----institutional climate.

- 1) Democratic Climate
- 2) Paternal Climate
- 3) Familiar Climate
- 4) Open Climate

Question Number : 10 Question Id : 7095979276 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Organization of building, campus, grounds, accommodation, furniture, fittings, libraries, laboratories, workshops come under ----aspect of organisation.

- 1) Organization of Ideas and Principles
- 2) Organization of Material Equipment
- 3) Organization of Human Equipment
- 4) none of the above

Question Number : 11 Question Id : 7095979277 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

School organization should keep in view the developmental needs of the children as well as the community ideals, aspirations, needs, values and culture. Such principle of organization is related to?

- 1) Democratic Principles
- 2) Principle of Flexibility
- 3) Principle of Flexibility
- 4) Community-centred Principles

Question Number : 12 Question Id : 7095979278 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

-----is an important aspect of planning.

- 1) Monitoring
- 2) Time allocation
- 3) Evaluating
- 4) Resource mobilization

Question Number : 13 Question Id : 7095979279 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Who brings the school towards achievement through his/her skill, dedication and character?

- 1) Administrator
- 2) Senior teacher
- 3) HM
- 4) Manager

Question Number : 14 Question Id : 7095979280 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

What is the prime duty of the headmaster as a leader?

- 1) Financial management
- 2) maintain discipline
- 3) Human management
- 4) academic activities

Question Number : 15 Question Id : 7095979281 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

.Influencing others by inspiring their trust, and motivating them through words and deeds is known as?

- 1) Leadership
- 2) Management
- 3) Administration
- 4) Teaching

Question Number : 16 Question Id : 7095979282 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The leader has to set a trend in order to seek and receive cooperation and participation in

the collaborated efforts for the sake of the uplift of the institution. This role of HM is comes under?

- 1) Resource Manager
- 2) Trend Setter
- 3) motivator
- 4) Philosopher

Question Number : 17 Question Id : 7095979283 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- is the fundamental duty of HM.

- 1) Planning
- 2) Organization and Administration
- 3) Teaching
- 4) Maintenance of Relations

Question Number : 18 Question Id : 7095979284 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

HM should engage at least ----- periods a day on specialized classes.

- 1) 2
- 2) 1
- 3) 3
- 4) 4

Question Number : 19 Question Id : 7095979285 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

PCK means?

- 1) Pedagogic Content Knowledge
- 2) Pedagogic Curriculum Knowledge
- 3) Process Content Knowledge
- 4) Process Curriculum Knowledge

Question Number : 20 Question Id : 7095979286 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Teacher performance management is a-----process.

- 1) term end process
- 2) month end process
- 3) year-end process
- 4) continuous process

Question Number : 21 Question Id : 7095979287 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The appraisal of teachers should focus on?

- 1) Educational leadership
- 2) Contribution to development
- 3) Knowledge delivery
- 4) all the above

Question Number : 22 Question Id : 7095979288 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Every classroom should provide for an area of not less than -----sq.ft. per student.

- 1) 8
- 2) 10
- 3) 6
- 4) 12

Question Number : 23 Question Id : 7095979289 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

School Building Committee is appointed by?

- 1) Central Advisory Board of Education
- 2) State Advisory Board of Education
- 3) District Advisory Board of Education
- 4) none of the above

Question Number : 24 Question Id : 7095979290 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- is the hub of the academic life of the school.

- 1) playgrounds
- 2) library
- 3) hostel
- 4) assembly hall

Question Number : 25 Question Id : 7095979291 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The group of schools, built around a secondary school, as the minimum viable unit of educational reform is termed as?

- 1) school plant
- 2) school campus
- 3) school complex
- 4) common school

Question Number : 26 Question Id : 7095979292 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The structure of school complex will be organized through a -----set-up.

- 1) 2 tier
- 2) 3 tier
- 3) 4 tier
- 4) 1 tier

Question Number : 27 Question Id : 7095979293 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

-----is a statutory record that must be kept by every school.

- 1) Admission Register
- 2) Withdrawal register
- 3) Attendance register
- 4) log book

Question Number : 28 Question Id : 7095979294 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Find the odd one out.

- 1) Teacher's Diary
- 2) Terminal Examination Register
- 3) Register for Maintaining cumulative record card
- 4) Examination File

Question Number : 29 Question Id : 7095979295 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The attendance register goes to the headmaster for verification?

- 1) after first period
- 2) after the first period starts
- 3) lunch break
- 4) after last period

Question Number : 30 Question Id : 7095979296 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

All the immovable property of the school should be recorded in?

- 1) Acquittance Register
- 2) Teaching Manual
- 3) Stock Registers
- 4) Student profile

Question Number : 31 Question Id : 7095979297 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The planning note based on a day is known as?

- 1) teaching manual
- 2) unit plan
- 3) year plan
- 4) student profile

Question Number : 32 Question Id : 7095979298 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Summary of information about the student's academic and social progress should be recorded in?

- 1) cumulative record
- 2) student profile
- 3) service book
- 4) acquittance Register

Question Number : 33 Question Id : 7095979299 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

"The function of educational supervision is the improvement of instruction." Definition

by?

- 1) Adams and Dicky
- 2) Barr and Burton
- 3) Barton and Burckner
- 4) Dicky

Question Number : 34 Question Id : 7095979300 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The re-designation of 'inspector' is?

- 1) leader
- 2) educational officer
- 3) manager
- 4) administrator

Question Number : 35 Question Id : 7095979301 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Institutional planning is a-----process.

- 1) two way
- 2) one way
- 3) three way
- 4) none of the above

Question Number : 36 Question Id : 7095979302 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Institutional Planning is the plan for improvement of the -----situation.

- 1) past
- 2) present
- 3) future
- 4) none of the above

Question Number : 37 Question Id : 7095979303 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Institutional Planning serves as the basis for-----.

- 1) monthly inspection
- 2) quarterly inspection
- 3) half yearly inspection
- 4) Annual inspection

Question Number : 38 Question Id : 7095979304 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Chairperson of the School Management Committee shall be?

- 1) a parent
- 2) HM
- 3) Elected members of the local authority
- 4) Teachers from the school

Question Number : 39 Question Id : 7095979305 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- percent of the members of School Management Committee shall be women.

- 1) 25
- 2) 50
- 3) 35
- 4) 75

Question Number : 40 Question Id : 7095979306 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In a school with students below 750, total members in School Management Committee can be --
----- apart from the convener and joint convener.

- 1) 25
- 2) 15
- 3) 20
- 4) 16

Question Number : 41 Question Id : 7095979307 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

SDP stands for?

- 1) School Development Plan
- 2) Student Development Plan
- 3) School Development Programme
- 4) Student Development Programme

Question Number : 42 Question Id : 7095979308 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A school development plan is a -----plan.

- 1) two year
- 2) one year
- 3) three year
- 4) three month

Question Number : 43 Question Id : 7095979309 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Both tension-type headache and migraine headache are associated with chronic muscle tension in the area of the?

- 1) leg
- 2) thigh
- 3) knee
- 4) shoulder

Question Number : 44 Question Id : 7095979310 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Stress signals from the ----- cause the adrenal cortex to produce cortisol and the adrenal medulla to produce epinephrine.

- 1) pituitary gland
- 2) hypothalamus
- 3) thalamus
- 4) cerebrum

Question Number : 45 Question Id : 7095979311 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The peripheral division nervous system consists of?

- 1) somatic nervous system
- 2) brain
- 3) spinal cord
- 4) none of the above

Question Number : 46 Question Id : 7095979312 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- asana resembles the Namaz pose of the Muslims.

- 1) Mayurasana
- 2) Sarvangasana
- 3) Vajrasana
- 4) Dhanurasana

Question Number : 47 Question Id : 7095979313 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Persons having good physical strength can perform ----- asana for 2 to 3 minutes. But others can perform it for 5 to 20 seconds only.

- 1) Dhanurasana
- 2) Sarvangasana
- 3) Padmasana
- 4) Mayurasana

Question Number : 48 Question Id : 7095979314 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Surya-namaskar consists of how many postures?

- 1) 12
- 2) 10
- 3) 20
- 4) 14

Question Number : 49 Question Id : 7095979315 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Yogic practice should be performed in a calm and quiet atmosphere with a relaxed body and mind. Yogic practice should be done on an empty stomach or light stomach. Consume small amount of honey in lukewarm water if you feel weak. These are the guidelines for?

- 1) after yogic practice
- 2) before yogic practice
- 3) during yogic practice
- 4) none of the above

Question Number : 50 Question Id : 7095979316 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Bath may be taken only after -----of yogic practice.

- 1) 5-10 minutes
- 2) 10-15 minutes
- 3) 20-25 minutes
- 4) 20-30 minutes

Question Number : 51 Question Id : 7095979317 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“The disease is caused by want of exercise”. Said by?

- 1) Charaka
- 2) Susruta
- 3) Chanakya
- 4) Chakracharya

Question Number : 52 Question Id : 7095979318 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“Yoga is a way or method through which internal and external facilities of man meets in totality and changes occur and by which may achieve goal or feel his existence and may become the part of him.” Words by?

- 1) Pathanjali
- 2) Aurobindo
- 3) Kanada
- 4) Kapila

Question Number : 53 Question Id : 7095979319 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

International yoga day is?

- 1) July 21
- 2) August 21
- 3) September 21
- 4) June 21

Question Number : 54 Question Id : 7095979320 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“ Self-purification by practicing cleanliness, contentment, studying scriptures and surrendering oneself to God”. This stage of yoga is known as?

- 1) Yama
- 2) Niyama
- 3) Pranayama
- 4) Pratyahara

Question Number : 55 Question Id : 7095979321 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

When the body temperature drops below 35°C (95°F), the condition is known as?

- 1) heat stroke
- 2) heat exhaustion
- 3) hypothermia
- 4) dehydration

Question Number : 56 Question Id : 7095979322 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The condition where bone is shattered into many pieces is called as?

- 1) Comminute fracture
- 2) Avulsion fracture
- 3) Spiral fracture
- 4) Hairline fracture

Question Number : 57 Question Id : 7095979323 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Leave the joint alone. attempting to move or jamb a dislocated bone back in can damage blood vessels, muscles, ligaments and nerves. *Apply an ice pack. Ice can ease swelling and pain in and around the joint. *Use ibuprofen or acetaminophen for pain. This is the first aid given for?

- 1) Simple Fracture
- 2) Compound Fracture
- 3) Oblique fracture
- 4) Dislocation

Question Number : 58 Question Id : 7095979324 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A collection, or clotting, of blood outside the blood vessels is known as?

- 1) Haemorrhage
- 2) Hematoma
- 3) Concussion
- 4) Skull fracture

Question Number : 59 Question Id : 7095979325 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

An injury to the brain that doesn't cause bleeding but does damage the brain cells is called as?

- 1) Diffuse axonal injury
- 2) Concussion
- 3) Concussion
- 4) Haemorrhage

Question Number : 60 Question Id : 7095979326 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ are torn wounds made by blunt instruments or explosions.

- 1) Abrasions
- 2) Punctured wounds
- 3) Incised wounds
- 4) Lacerated wounds

Question Number : 61 Question Id : 7095979327 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

-----the study and practice of the symptoms, mechanisms, diagnosis, and treatment of poisoning.

- 1) Toxicology
- 2) Taxonomy
- 3) Typology
- 4) Gemmology

Question Number : 62 Question Id : 7095979328 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Angina is caused by?

- 1) permanent decrease in blood flow to the heart
- 2) temporary decrease in blood flow to the heart
- 3) permanent increase in blood flow to the heart
- 4) d) temporary increase in blood flow to the heart.

Question Number : 63 Question Id : 7095979329 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“High blood pressure during pregnancy increases the lifetime risk of heart disease”. This condition is called as?

- 1) Metabolic syndrome
- 2) epilepsy
- 3) Angina
- 4) preeclampsia.

Question Number : 64 Question Id : 7095979330 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Widespread thickness with a white, leathery appearance can be seen in -----.

- 1) First degree burns
- 2) second degree burns
- 3) third degree burns
- 4) fourth degree burns

Question Number : 65 Question Id : 7095979331 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which is the cause of scalds?

- 1) friction
- 2) chemicals
- 3) radiation
- 4) ghee

Question Number : 66 Question Id : 7095979332 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

. Drowning causes?

- 1) asphyxia
- 2) polyuria
- 3) polydipsia
- 4) polyphagia

Question Number : 67 Question Id : 7095979333 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The internationally accepted symbol for first aid is?

- 1) green cross on white background
- 2) white cross on a green background
- 3) red cross on white background
- 4) white cross on red back ground

Question Number : 68 Question Id : 7095979334 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“No breathing or difficulty in breathing(gasping), No pulse, Unconsciousness”. These are symptoms of?

- 1) Bleeding nose
- 2) Cardiopulmonary resuscitation
- 3) Drowning
- 4) Burns

Question Number : 69 Question Id : 7095979335 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Knowing how to help a person is just as important in emergency situations. It only takes -----
for the human brain to expire due to lack of oxygen.

- 1) 3minutes
- 2) 2 minutes
- 3) 6 minutes
- 4) 5minutes

Question Number : 70 Question Id : 7095979336 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A balanced diet should provide aroundA balanced diet shoul60-70 %of total calories from-----?

- 1) carbohydrates
- 2) protein
- 3) fat
- 4) minerals

Question Number : 71 Question Id : 7095979337 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Enzymes and hormones are composed of -----?

- 1) carbohydrates
- 2) protein
- 3) fat
- 4) vitamins

Question Number : 72 Question Id : 7095979338 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Magnesium and phosphate are needed for bones and teeth . re found inThese a?

- 1) cabbage
- 2) spinach
- 3) milk
- 4) radish

Question Number : 73 Question Id : 7095979339 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“Severe degree of round shoulders and an exaggerated forward curve in the lumbar region producing a stoop in the upper part of the body, prominent abdomen and a slouching gait”. This condition is called as?

- 1) Round shoulders
- 2) Lordosis
- 3) Scoliosis
- 4) Flat back

Question Number : 74 Question Id : 7095979340 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Horse riding is the best exercise for?

- 1) Knock-knee
- 2) Flat foot
- 3) Flat back
- 4) round shoulders

Question Number : 75 Question Id : 7095979341 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

While walking, the body as a whole should be erect and upright; the eyes should look straight at an angle of ----degrees

- 1) 40
- 2) 45
- 3) 60
- 4) 90

Question Number : 76 Question Id : 7095979342 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“The erect, straight and vibrant body has its organs properly suspended so that bodily functions are more complete and perfect”. It is the-----value good posture.

- 1) Economic value
- 2) Economic value
- 3) Physical fitness
- 4) Hygienic value

Question Number : 77 Question Id : 7095979343 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Ability to continue muscular exertions is known as?

- 1) Muscular endurance
- 2) Muscular strength
- 3) Circulatory endurance
- 4) flexibility

Question Number : 78 Question Id : 7095979344 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

.Which is the odd one related to good posture?

- 1) Changes your frame of mind
- 2) Longevity
- 3) Prevention from diseases
- 4) Poor hand writing because of wrong handling of the pen and paper.

Question Number : 79 Question Id : 7095979345 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A condition of fragile bone with an increased susceptibility to fracture is known as?

- 1) Simple fracture
- 2) Compound fracture
- 3) Osteoporosis
- 4) Fibromyalgia

Question Number : 80 Question Id : 7095979346 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The risk for osteoporosis include deficiency of?

- 1) vitamin A
- 2) vitamin D
- 3) vitamin B12
- 4) vitamin B6

Question Number : 81 Question Id : 7095979347 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

From the following, which test may help for diagnosing coronary heart disease?

- 1) Waist circumference
- 2) Urine tests
- 3) Widal test
- 4) Coronary computed tomographic angiography

Question Number : 82 Question Id : 7095979348 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The muscles of the stomach stop working properly. It is a complication faced for diabetic patients known as?

- 1) Ketoacidosis
- 2) Gastro paresis
- 3) Neuropathy
- 4) Nephropathy

Question Number : 83 Question Id : 7095979349 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Doctors typically recommend that those with hypertension limit their sodium intake to less than --
----- per day.

- 1) 1000-1500mg
- 2) 1500-2000mg
- 3) 2000-2500mg
- 4) 2500-3000mg

Question Number : 84 Question Id : 7095979350 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

-----is a natural disinfectant.

- 1) air
- 2) water
- 3) sunlight
- 4) Dettol

Question Number : 85 Question Id : 7095979351 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which test is known as Cardiovascular Endurance Test?

- 1) Beep Tests
- 2) Harvard Step Test
- 3) Vertical Jump
- 4) The Bruce Test

Question Number : 86 Question Id : 7095979352 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which physical fitness test is generally used to measure VO2 Max?

- 1) Beep Tests
- 2) Illinois Agility
- 3) Vertical Jump
- 4) The Bruce Test

Question Number : 87 Question Id : 7095979353 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Any bodily movement produced by skeletal muscles that results in energy expenditure is known as?

- 1) physical activity
- 2) physical fitness
- 3) exercise
- 4) none of the above

Question Number : 88 Question Id : 7095979354 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The term "wellness" was first used by?

- 1) Medilexicon
- 2) Mickinley
- 3) Aristotle
- 4) Halbert L. Dunn

Question Number : 89 Question Id : 7095979355 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

..... is being able to identify your thoughts and feelings and make conscious choices toward a positive emotional outlook.

- 1) Mental Wellness
- 2) Emotional Wellness
- 3) Interpersonal Wellness
- 4) Occupational Wellness

Question Number : 90 Question Id : 7095979356 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which is not an agency of Sex Education?

- 1) The home and family
- 2) The community and the society
- 3) The school
- 4) The government hospitals

Question Number : 91 Question Id : 7095979357 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which is the feature of mental disorders?

- 1) Lack of courage
- 2) Normal appetite
- 3) Good temper
- 4) Calmness

Question Number : 92 Question Id : 7095979358 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

92. Health education is a study of?

- 1) human anatomy
- 2) human morphology
- 3) human life and its processes
- 4) human psychology

Question Number : 93 Question Id : 7095979359 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

“Acquiring knowledge about recreation, health and safety education” belongs to which strategies for imparting health education?

- 1) Health services
- 2) Food and nutrition
- 3) Prevention of communicable diseases
- 4) Providing healthy school environment

Question Number : 94 Question Id : 7095979360 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

To make students realize the value of health and its personal and social importance.” It is an Objective of Health Education at ----- Stage of School Education.

- 1) Higher Secondary Stage
- 2) Secondary Stage
- 3) Higher stage
- 4) Primary stage

Question Number : 95 Question Id : 7095979361 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

A few diseases are hereditary. There are ----- genes in each cell for every inherited trait.

- 1) 3
- 2) 4
- 3) 2
- 4) numerous

Question Number : 96 Question Id : 7095979362 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

From the following which objective is prescribed by WHO?

- 1) To provide information about health and hygiene
- 2) To maintain norms of good health
- 3) To take curative measures
- 4) To ensure that health is valued as an asset in the community.

Question Number : 97 Question Id : 7095979363 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which commission recommended introduction of physical education as a compulsory school subject?

- 1) Indian Education Commission
- 2) Secondary education commission
- 3) Yeshpal committee
- 4) NPE 1986

Question Number : 98 Question Id : 7095979364 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- traced four stages of the development of TQM

- 1) Dicky
- 2) Chaffe and Tierney
- 3) Tuttle
- 4) Power and Panda

Question Number : 99 Question Id : 7095979365 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

----- are considered to be external factors for SWOT analysis.

- 1) Strengths(S) and Weaknesses (W)
- 2) Opportunities (O) and Threats (T)
- 3) Strengths(S) and Opportunities (O)
- 4) Weaknesses (W) and Threats (T)

Question Number : 100 Question Id : 7095979366 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The best periods for fatiguing subjects are -----periods in the morning.

- 1) first period in the morning
- 2) first and second period in the morning
- 3) second and third period in the morning
- 4) fourth period in the morning