

National Testing Agency

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Counselling in Social Work

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Counselling in Social Work

Section Id : 709597331
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Sub-Section Number: 1
Sub-Section Id: 709597426
Question Shuffling Allowed : Yes

Question Number : 1 Question Id : 70959722986 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Counseling is " to empower the client to cope with life situation, to reduce emotional stress, to engage in growth producing activities and to make effective decisions"-this definition is given by-----.

- Lewis E Patterson
- Sigmund Freud
- Florence Day
- F.P.Robinson

Question Number : 2 Question Id : 70959722987 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

All counselors agree on the point that good _____ relationship is prerequisite to be effective with clients.

- a. Reading
- b. Counseling
- c. Listening
- d. Writing

Question Number : 3 Question Id : 70959722988 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ of thoughts and feelings often leads to physical and mental health problems.

- a. Expression
- b. Articulate
- c. Communication
- d. Suppression

Question Number : 4 Question Id : 70959722989 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The stage in which the counselor develops strategies to reach the goals is known as

- a. Planning Stag
- b. Preparatory stage
- c. Action stage
- d. Exploratory stage

Question Number : 5 Question Id : 70959722990 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

With the _____, the counselor will come to know the readiness of the client for terminating the counseling session.

- a. Treatment
- b. Evaluation
- c. Planning
- d. Diagnosis

Question Number : 6 Question Id : 70959722991 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The greatest _____ for building professional relationship of the counselor with the client is that the counselor has a tendency to move too quickly towards the goal.

- a. Advantage,
- b. Obstacle
- c. Encouragement
- d. Support

Question Number : 7 Question Id : 70959722992 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ is an intellectual and emotional skill that requires patience.

- a. Warmth
- b. Empathy
- c. Genuineness
- d. Authority

Question Number : 8 Question Id : 70959722993 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The client develops trust in the Counselor as the _____ is established among them

- a. Rapport
- b. Enmity
- c. Misunderstanding
- d. Antagonism

Question Number : 9 Question Id : 70959722994 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Many counselors during their training undergo personal therapy for their growth in the direction of ----- and openness.

- a. Relationship
- b. Assessment
- c. Adjustment
- d. Treatment

Question Number : 10 Question Id : 70959722995 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The Counselor enables the client to express his/her feelings and emotions in words and the technique is known as _____.

- a. Reflection
- b. ,Paraphrasing
- c. Confrontation
- d. Summarizing

Question Number : 11 Question Id : 70959722996 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

11. The counselor has to be unbiased when she is listening, assessing or diagnosing the content given by the client. This statement is related to which characteristic of counselors.

- a. Non judgmental
- b. Objectivity
- c. Ensuring confidentiality
- d. Research oriented

Question Number : 12 Question Id : 70959722997 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor basing on factors like social class, age, gender, ethnicity, she/he must able to adjust her\his style or approach in his\ her dealings. This statement related to _____ of counseling

- a. Openness to learning and Enquiry
- b. Interpersonal Skills
- c. Mastery of techniques
- d. Objectivity

Question Number : 13 Question Id : 70959722998 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ aims to improve an individual's well-being and mental health, to resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social skills.

- a. Psychotherapy
- b. Social casework
- c. Treatment
- d. Diagnosis

Question Number : 14 Question Id : 70959722999 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The individual has the innate ability to learn and can be helped to make choices that will lead to self-direction consistent with social improvement is the principle of _____ given according to Hollis and Hollis.

- a. Psychotherapy
- b. Counselling
- c. Guidance
- d. Teaching

Question Number : 15 Question Id : 70959723000 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

15. Guidance in the _____ phase focuses upon client's educational, vocational and occupational problems.

- a. Adjective
- b. Distributive
- c. Objective
- d. Subjective

Question Number : 16 Question Id : 70959723001 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The myths and misconceptions act as hindrance to seek _____, get cure and rehabilitation of person with mental illness.

- a. Treatment
- b. Termination
- c. Promote
- d. Activate

Question Number : 17 Question Id : 70959723002 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Need hierarchy theory was propounded by _____

- a. Perlman
- b. Huelock
- c. Maslow
- d. Fink

Question Number : 18 Question Id : 70959723003 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

According to _____ suicide is now understood as a multidimensional disorder which results from a complex interaction of biological, genetic, psychological, sociological and environmental factors .

- a. Perlman
- b. Mary Richmond
- c. Grace Mathew
- d. Maris

Question Number : 19 Question Id : 70959723004 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ should avoid counseling to people who are related to them.
(like teachers, relatives)

- a. Engineers
- b. Doctors
- c. Counselors
- d. Farmers

Question Number : 20 Question Id : 70959723005 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Counselor's _____ also causes lot of harm to the clients.

- a. Incompetence
- b. Ability
- c. Capability
- d. Skills

Question Number : 21 Question Id : 70959723006 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

During the course of sessions or after few sessions, if the client is not willing to continue his treatment from the counselor or agency, he/she can _____ from it.

- a. Continue
- b. Withdraw
- c. Maintain
- d. Retain

Question Number : 22 Question Id : 70959723007 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The principle of _____ relates to the existence of loyalty, reliability and dependability.

- a. Autonomy
- b. Fidelity
- c. Beneficence
- d. Non-maleficence

Question Number : 23 Question Id : 70959723008 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In the profession like counseling, _____ plays a key role in developing strong relationship between counselor and the client.

- a. Discrimination
- b. Confidentiality
- c. Humility
- d. Dishonesty

Question Number : 24 Question Id : 70959723009 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

It is common that counselors use some of their clients for training purposes. At the same time, it is compulsory to inform and take _____ from the client if he/she is observed or recorded. This would be the basic right of the client in counseling.

- a. Not permit
- b. Forbid
- c. Consent
- d. Prohibit

Question Number : 25 Question Id : 70959723010 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

25. One of the key ethical questions that can arise in the day-to-day practice of counseling is that of counselor 's _____.

- a. Accountability
- b. Personal intuition
- c. Integrity
- d. Honesty

Question Number : 26 Question Id : 70959723011 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Legal refers to set of guidelines recognized by state or any _____
body.

- a. Statutory
- b. Tradition
- c. Culture
- d. Family

Question Number : 27 Question Id : 70959723012 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

27. Sometimes counselors notice that client is changing his version of the problem.

The counselor will _____ the client to find out which one is true.

This also gives clarity to the counselor and the client.

- a. Listen
- b. Confront
- c. Empathy
- d. Authority

Question Number : 28 Question Id : 70959723013 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor should be fully aware of legal matters involved while-----
group of children,, must keep accurate recordings and documents of the
therapeutic sessions, clarify the policies and principles to both the child and
parents.

- a. Counseling
- b. Teaching
- c. Forming
- d. Playing

Question Number : 29 Question Id : 70959723014 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Full form of "FERPA" _____.

- a. Friends Education Rights and Privacy Act
- b. Federation Education Rights and Privacy Act
- c. Factory Education Rights and Privacy Act
- d. Family Educational Rights and Privacy Act

Question Number : 30 Question Id : 70959723015 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ of gifts or services by counselors is clear case of exploitation of the client and comes under ethical violation.

- a. Rejection
- b. Acceptance
- c. Dismissal
- d. Denial

Question Number : 31 Question Id : 70959723016 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

31. Counseling means-----

- a. Advising
- b. Health Education
- c. Influencing the client
- d. Support and guidance

Question Number : 32 Question Id : 70959723017 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ data gathering can cause professional problems and the counselors chances of fighting a legal case becomes difficult..

- a. Improper
- b. Proper
- c. Appropriate
- d. Suitable

Question Number : 33 Question Id : 70959723018 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The purpose of Code of ethics in counseling is _____

- a. To control the behavior of the counselor
- b. To control the behavior of the client
- c. To control the behavior of the Family
- d. To control the public opinion

Question Number : 34 Question Id : 70959723019 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

IACP stands for _____.

- a. Indian Authority of Counseling and practice
- b. Irish Association for Counseling and Psychotherapy
- c. International Association of Counseling and practice
- d. Indian Association of Counseling and practice

Question Number : 35 Question Id : 70959723020 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Written _____ from both parents / legal guardians should be obtained (where possible) by therapists before commencing therapy with a minor.

- a. Concern
- b. Permission
- c. Distress
- d. Worry

Question Number : 36 Question Id : 70959723021 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The primary purpose of supervision is to ensure that the supervisee is _____ the needs of the client.

- a. Addressing
- b. Not dealing
- c. Isolating
- d. Not tackling

Question Number : 37 Question Id : 70959723022 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ viewed human personality from several distinct but intermeshing points of view - such as topographic, genetic, dynamic, economic, interpersonal and cultural. Factors.

- a. Greece Mathew
- b. Carl Rogers
- c. Sigmund Freud
- d. Mary Richmond

Question Number : 38 Question Id : 70959723023 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Ambivalence towards parents and other authority figures are seen during_____.

- a. Middle Age
- b. Youth
- c. Adolescence
- d. Children

Question Number : 39 Question Id : 70959723024 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

An instinct has four characteristics; Identify them _____.

- a. 'Source' 'aim' 'object' and 'impetus'
- b. 'Impetus' 'goal' 'object' 'Source'
- c. 'Object' 'Resource' 'aim' 'Impetus'
- d. 'Image' 'Source' 'Aim' 'Impetus'

Question Number : 40 Question Id : 70959723025 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

40. Every individual has a tendency to _____ his/her potentialities in a favorable environment.

- a. Discourage
- b. Dishearten
- c. Distress
- d. Motivate

Question Number : 41 Question Id : 70959723026 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The " _____ "is the judge or censor of the mind and essentially is the product of interpersonal experiences.

- a. Ego
- b. Id
- c. Super Ego
- d. Esteem

Question Number : 42 Question Id : 70959723027 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

42. Psychoanalysis, the approach to psychotherapy founded by Sigmund Freud, is based on his belief that the root of all psychological problems is in

- a. Early dysfunctional interpersonal relationships.
- b. Unconscious conflicts among the id, ego, and superego.
- c. Inappropriate learning experiences.
- d. Denying awareness of information and feelings that differ too much from our concepts of self and ideal self.

Question Number : 43 Question Id : 70959723028 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Aggressive impulses are often _____ in such socially acceptable substitutes as athletics, racing and other sports, where aggression is expressed in new ways that are socially acceptable and rewarding - such as winning.

- a. Projection
- b. Rationalized
- c. Fantasy
- d. Displaced

Question Number : 44 Question Id : 70959723029 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

According to Freud's Psychosexual Stages of Development, 3-6years is known
as _____ stage.

- a. Phallic
- b. Latency
- c. Anal
- d. Genital

Question Number : 45 Question Id : 70959723030 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Which is not a stage of psychosexual development?

- a. Anal
- b. Phallic
- c. Ego
- d. Oral

Question Number : 46 Question Id : 70959723031 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

On what principle does Id function?

- a. Reality
- b. Pleasure
- c. Moral
- d. Emotional

Question Number : 47 Question Id : 70959723032 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

As a result, a belief that was held by Freud that it would be appropriate to name
his concept of energy as _____ energy.

- a. Physical
- b. Chemical
- c. Biological
- d. Psychic

Question Number : 48 Question Id : 70959723033 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

48. _____ is a defense mechanism refers to the act of converting of undesirable or risky judgments, feelings or impulses into their exact opposite forms.

- a. Regression
- b. Reaction Formation
- c. Repression
- d. Projection

Question Number : 49 Question Id : 70959723034 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Counselor or _____ is an integrated person, who could understand himself and other person clearly and, can match between his ideal self and real self, synchronizing his thoughts, emotions, and actions.

- a. Teachers
- b. Doctors
- c. Actors
- d. Therapist

Question Number : 50 Question Id : 70959723035 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

50. In the 5th stage of Person centered Counseling, the client is accepting and _____ the feeling of another person having contradictory feelings.

- a. Rejecting
- b. Discarding
- c. Acknowledging
- d. Disallowing

Question Number : 51 Question Id : 70959723036 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The proponent of person centered counseling is _____.

- a. Sigmund Freud
- b. Grace Mathew
- c. Carl Rogers
- d. Perlman

Question Number : 52 Question Id : 70959723037 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

If we are healthy, we could see _____ change and growth in the phenomenological field(Subject reality), as well as our self concept.

- a. Continuous
- b. No
- c. Stunted
- d. Delay

Question Number : 53 Question Id : 70959723038 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Rogers believed that all human being have one basic motive, the tendency to self-actualize. It is _____ tendencies to fulfill one's potential and achieve highest level of accomplishments.

- a. Innate
- b. Adopted
- c. Acquired
- d. Developed

Question Number : 54 Question Id : 70959723039 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Rogers claimed that criminality and mental illness are the result of _____ in the actualizing tendency.

- a. Developing
- b. Distortion
- c. Increasing
- d. Raising

Question Number : 55 Question Id : 70959723040 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Unconditional positive regard refers to

- a. feeling a sense of liking for the client
- b. accepting clients as worthy person,
- c. approving of a client's behavior
- d. agreeing with a client's value

Question Number : 56 Question Id : 70959723041 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Fully functional person could achieve their goals, wishes and desires in life.

They are exceptionally _____ people, who are adaptive, adjusted and very much balanced in life.

- a. Weak
- b. Unhealthy
- c. Healthy
- d. Pathetic

Question Number : 57 Question Id : 70959723042 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

From the person centered perspective, abnormality is a function of

- a. maladaptive behavior
- b. unconscious conflicts
- c. Incongruence
- d. feelings of inferiority

Question Number : 58 Question Id : 70959723043 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Actualizing tendency require different skills like, _____ etc. in order to involve our self in person centered counseling.

- a. Active listening, empathy, positive regard, non-directional support.
- b. Directional support, empathy, Positive regard, Active listening
- c. Sympathy, Active listening, Non-directional support,
- d. Negative regard, Non-directional support, Active listening

Question Number : 59 Question Id : 70959723044 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The direction of the _____ session is depending on the nature and the type of the problem the individual is facing.

- a. Casework
- b. Counseling
- c. Group work
- d. Field work

Question Number : 60 Question Id : 70959723045 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Rogers describes the relationship between counselor and the _____
will be more self-directing and self-confident;

- a. Teacher
- b. Client
- c. Actor
- d. Follower

Question Number : 61 Question Id : 70959723046 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In client centered therapy questioning is quite less directive and less
_____ in nature.

- a. Authoritarian
- b. Empathic
- c. Genuine
- d. Warmth

Question Number : 62 Question Id : 70959723047 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Experience of empathy during early days of childhood can allow individual to
develop empathy in later life and also _____ the propensity of
violence action.

- a. Inhibit
- b. Encourage
- c. Inspire
- d. Motivate

Question Number : 63 Question Id : 70959723048 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor may not stop with what the client said. The counselor may need
to go beyond and listen to the _____ also.

- a. Noise
- b. Voice
- c. Sound
- d. Silence

Question Number : 64 Question Id : 70959723049 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Rational Emotive Behavior Therapy of _____ emphasizes on 'clients' irrational beliefs that lead to unwanted feelings and self-defeating actions

- a. Albert Ellis
- b. Rogers
- c. Freud
- d. Fritz Peels

Question Number : 65 Question Id : 70959723050 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Counseling in Rational Emotive Behavior Therapy involves removing irrational beliefs and replacing them with more _____ beliefs.

- a. Irrational
- b. Illogical
- c. Unreasonable
- d. Rational

Question Number : 66 Question Id : 70959723051 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

According to Gestalt Therapy, new understanding leads to new acceptance of oneself or others. Such process is called "_____".

- a. Finishing finished business
- b. Finishing unfinished business
- c. Unfinished finishing business
- d. Unfinished finishing business

Question Number : 67 Question Id : 70959723052 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ exercises help clients learn new skills and give them opportunity to identify their problematic behaviors.

- a. Experiential
- b. Theoretical
- c. Academic
- d. Imaginary

Question Number : 68 Question Id : 70959723053 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Exposure to deliberate and planned entry into a feared situation requires skills of -----.

- a. Paradoxical behavior
- b. Use of humor
- c. Coping
- d. Role playing

Question Number : 69 Question Id : 70959723054 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

69.A person's _____ prejudices are the result of the biological inheritance and the environment which includes traditions and cultures that are learnt from family and society.

- a. Rational
- b. Balanced
- c. Sensible
- d. Irrational

Question Number : 70 Question Id : 70959723055 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The goal of Gestalt therapy is _____.

- a. To teach ABC model
- b. To modify the behavior
- c. Unconscious past should be dealt
- d. To develop awareness

Question Number : 71 Question Id : 70959723056 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The mechanism in which an individual constructs intellectual reasoning to cope with failure is know as _____

- a. Projection
- b. Rationalization
- c. Repression
- d. Regression

Question Number : 72 Question Id : 70959723057 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

72. Interaction between client and counsellor is useful to help the _____ to understand what the child wants, and how he /she can be helped in a positive way.

- a. Parents
- b. Relatives
- c. Grand parents
- d. Neighbor

Question Number : 73 Question Id : 70959723058 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor's communication strategy that can help prevent misunderstandings during counseling sessions is known as-----

- a. Reflection
- b. Active listening
- c. Clarification
- d. Effective communication

Question Number : 74 Question Id : 70959723059 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Parent counseling is a type of _____ that helps parents cope with child-related challenges and difficulties.

- a. Physiotherapy
- b. Neuro-therapy
- c. Psychotherapy
- d. Psychosocial therapy

Question Number : 75 Question Id : 70959723060 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The behavior like shyness, loneliness can occur in an adolescent due to-----

- a. Lack of motivation
- b. Social issues
- c. Over care from parents
- d. Lack of peer group

Question Number : 76 Question Id : 70959723061 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Therapists have to understand the _____ challenges of teens to provide effective counseling to them.

- a. Developmental
- b. Expansion
- c. Enlargement
- d. Improvement

Question Number : 77 Question Id : 70959723062 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

In respect of health dimension, the adolescent students face some issues, which can be observed and timely _____ by the parents with the support of counseling and other health experts if required.

- a. Achieved
- b. Managed
- c. Intervention
- d. Succeed

Question Number : 78 Question Id : 70959723063 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Operant behavior is

- a. Heredity
- b. Learned
- c. Spontaneous
- d. Imitation

Question Number : 79 Question Id : 70959723064 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ begin to explore and experiment with their own identities, cause a shift in their relationship with parents.

- a. children
- b. Adolescents
- c. Adults
- d. Senior citizens

Question Number : 80 Question Id : 70959723065 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Positive interaction of marital partners strengthens the _____ and also the society.

- a. Family
- b. Neighborhood
- c. Community
- d. Peer Group

Question Number : 81 Question Id : 70959723066 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Once the spouse is lost, he/she loses social life and feels-----
and experiences isolation from the members of the family and friends.

- a. Loneliness
- b. Sadness
- c. Frustration
- d. Tension

Question Number : 82 Question Id : 70959723067 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Sometime two counselors interview the same spouse and it is known as
_____ session.

- a. Single person-Joint
- b. Double person-Joint
- c. One person-Joint
- d. Two person-joint

Question Number : 83 Question Id : 70959723068 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor has to explain the purpose and the nature of professional
_____ after knowing the expectations of the spouses.

- a. Connection
- b. Relationship
- c. Affiliation
- d. Understanding

Question Number : 84 Question Id : 70959723069 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

" People who kill themselves are not mentally sound."-This statement is

- a. Factual belief
- b. Prevalent belief
- c. Popular Conception
- d. Misconception

Question Number : 85 Question Id : 70959723070 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Mental Rigidity has to be replaced by Cathartic Flexibility as to avoid suicidal
thoughts in the age group of

- a. Childhood
- b. Middle Age
- c. Old Age
- d. Youth

Question Number : 86 Question Id : 70959723071 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ suicide is the one in which the individual is not strongly integrated into social group.

- a. Anomic
- b. Religious
- c. Altruistic
- d. Egoistic

Question Number : 87 Question Id : 70959723072 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ believes that suicide represents aggression turned towards the self of the victim.

- a. Durkheim
- b. Sigmund Freud
- c. Ameen & Nizame
- d. Simon

Question Number : 88 Question Id : 70959723073 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Children of the following age group have thinking and problem solving skills.

- a. 0-5 years
- b. 6-12 years
- c. 13-19 years
- d. 20-25 years

Question Number : 89 Question Id : 70959723074 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The less anxious and more confident personality of _____ will satisfy the needs of the client.

- a. Teacher
- b. Counselor
- c. Family
- d. Parent

Question Number : 90 Question Id : 70959723075 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Before receiving test results, counselor prepares her HIV client to accept results without shock or embarrassment and the counseling is known as-----

- a. Pre-test counseling.
- b. Post-test counseling
- c. Test-process
- d. Preliminary counseling

Question Number : 91 Question Id : 70959723076 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

_____ are the most vulnerable group to receive HIV infection.

- a. Children
- b. Men
- c. Women
- d. Elderly

Question Number : 92 Question Id : 70959723077 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

Sensory disability means _____

- a. Disability to walk
- b. Disability to behave normally
- c. Disability to learn
- d. Disability to Visualize, hear and speak

Question Number : 93 Question Id : 70959723078 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The individual is asked to sit in a chair and talk to empty chair, imagining that one of the family member or any other person with whom he is in conflict. Afterwards he will enact the 'other' person's behavior, sitting in the opposite chair _____ the therapeutic measure is called

- a. Counseling
- b. Role Play
- c. Empty Chair Technique
- d. Case Work

Question Number : 94 Question Id : 70959723079 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The counselor's role is that of _____ role in gaining access to material resources that are needed for the well-being of the disabled client.

- a. Partisan
- b. Biased
- c. Supporting
- d. Following

Question Number : 95 Question Id : 70959723080 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

95. _____ type of grief can occur when multiple losses are experienced by an individual, often within a short period of time.

- a. Collective
- b. Delayed
- c. Anticipated
- d. Cumulative

Question Number : 96 Question Id : 70959723081 Question Type : MCQ Option Shuffling : No Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The _____ experienced is not an illness or a disease - it is a normal response to a life event, which everyone may face at some point of time.

- a. Grief
- b. Despondent
- c. Gloomy
- d. Dejected

Question Number : 97 Question Id : 70959723082 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The Executive counselors and Human Resource executives have great role to play in rebuilding the personality and careers of their clients through _____ timely intervention..

- a. Counseling
- b. Treatment
- c. Evaluation
- d. Study

Question Number : 98 Question Id : 70959723083 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

98. Discharge of emotional tensions can be called _____ .

- a. Insight
- b. Empathy
- c. Catharsis
- d. Warmth

Question Number : 99 Question Id : 70959723084 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

The client transfers his feeling and attitudes which he/she was having towards significant members, on the worker is known as _____..

- a. Transference
- b. Assessment
- c. Intervention
- d. Evaluation

Question Number : 100 Question Id : 70959723085 Question Type : MCQ Option Shuffling : No Display Question Number : Yes Single Line Question Option : No Option Orientation : Vertical

Correct Marks : 1 Wrong Marks : 0

All of the counseling approaches depend on active-----

- a. Planning
- b. Action
- c. Intervention
- d. Listening