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Refresher Course In Psychology 2019

Section Id :28860725Section Number :1Section type :OnlineMandatory or Optional:MandatoryNumber of Questions:100Number of Questions to be attempted:100Section Marks:100

Sub-Section Number: 1

Sub-Section Id: 28860725

Question Shuffling Allowed: Yes

Question Number: 1 Question Id: 2886071956 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

All kind of information that reaches our brain has to pass through a structure called.

- a) Thalamus
- b) Hypothalamus
- c) Spinal cord
- d) Medulla

Options:

2886077815, 2 2886077816.3 2886077817.4 Question Number: 2 Question Id: 2886071957 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 What are the points included in 'spotlight' model a) Fringe, Focal, Margin b) Fringe, Size, Focal c) Focal, Shape, Margin d) Focal, Size, Margin **Options:** 2886077818. 1 2886077819. 2 2886077820, 3 2886077821.4 Question Number: 3 Question Id: 2886071958 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 ----results in slower processing a) Large Focus area b) Small Focus area c) Average Focus area d) None of the above **Options:** 2886077822. 1 2886077823, 2 2886077824.3 2886077825, 4 Question Number: 4 Question Id: 2886071959 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

We use focused attention to attend to -

a) Internal Stimuli

- b) Selective Stimuli
- c) External Stimuli
- d) Internal & External Stimuli

Options:

2886077826, 1

2886077828.3

2886077829.4

Question Number: 5 Question Id: 2886071960 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Who receives the benefit from forgiveness?.

- a) The person who forgives.
- b) The person who is forgiven.
- c) Both benefit equally.
- d) Neither benefit.

Options:

2886077830, 1

2886077831.2

2886077832.3

2886077833, 4

Question Number: 6 Question Id: 2886071961 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Why is forgiveness important?

- a) It releases the guilt.
- b) Lets the forgiven off the hook.
- c) Clears the air.
- d) Frees the forgiver

Options:

2886077834.1

2886077835.2

2886077836.3

2886077837.4

Question Number: 7 Question Id: 2886071962 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Gratitude Comes from-----

- a) Looking at how better off you are than others.
- b) The idea that You have to be grateful all the time.
- c) Not being materialistic.
- d) None of the above.

Options:

2886077838. 1

2886077839. 2

2886077840.3

2886077841.4

Question Number: 8 Question Id: 2886071963 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Being grateful can help

a) Make you more optimistic.

- b) Obeying God.
- c) Handle crude tongue.
- d) None of the above

Options:

2886077842. 1

2886077843. 2

2886077844.3

2886077845.4

Question Number: 9 Question Id: 2886071964 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Gratitude is -----

- a) Emotional well being.
- b) Mood/Attitude
- c) Personality trait.
- d) All of the above.

Options:

2886077846.1

2886077847. 2

2886077848.3

2886077849.4

Question Number: 10 Question Id: 2886071965 Question Type: MCQ Option Shuffling: No

Which is Not, the expression of gratitude -

- a) Appreciation
- b) Approval
- c) Admiration /attention
- d) Punctuality.

Options:

2886077850, 1

2886077851, 2

2886077852.3

2886077853.4

Question Number: 11 Question Id: 2886071966 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Leadership can be defined as:

- a) An effective instrument by which a manager can establish mutual objectives and unity in a group, thereby ensuring maximum efficiency
- An effective instrument to control or administer an organization or group of staff.
- c) An instrument to control other employees while portraying lack of empathy or humility.
- d) An instrument to monitor other employees' performance and give respective incentives.

Options:

2886077854.1

2886077855, 2

2886077856.3

2886077857.4

Question Number: 12 Question Id: 2886071967 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Leaders who consult subordinates on various matters and include them in the process of decision making are known as:

- a. Democratic or participative leaders
- b. Autocratic leaders
- c. Laissez-faire leaders
- d. Transformational leaders

Options:

2886077858. 1

2886077859. 2

2886077860.3

2886077861.4

 $Question\ Number: 13\ Question\ Id: 2886071968\ Question\ Type: MCQ\ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Which one of the following political leaders could not be termed a 'transformational'

leader?

a. Margaret Thatcher

- b. Mikhail Gorbachov
- c. Nelson Mandela
- d. Bill Clinton

Options:

2886077862. 1

2886077863. 2

2886077864.3

2886077865.4

Question Number: 14 Question Id: 2886071969 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

What is the term for power derived from status or position in an organisation?

- a. Referent
- b. Expert
- c. Reward
- d. Legitimate

Options:

2886077866, 1

2886077867. 2

2886077868.3

2886077869.4

Question Number: 15 Question Id: 2886071970 Question Type: MCQ Option Shuffling: No

. What does situational theory of leadership emphasise?

a. Personality traits

b. Events

c. Environment

d. Political situation gives hint

Options:

2886077870. 1

2886077871.2

2886077872.3

2886077873.4

Question Number: 16 Question Id: 2886071971 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

- According to Rogers a fully functional person is
- a) open to experience
- b) not defensive but self oriented.
- c) capable of understanding self
- d) all of the above

Options:

2886077874.1

2886077875, 2

2886077876.3

2886077877, 4

Question Number: 17 Question Id: 2886071972 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

- . The person who strives hard for self actualization seeks-
- a) Fame
- b) Approval of the society
- c) Inner satisfaction/contentment
- d) High status

Options:

2886077878. 1

2886077881.4

Question Number: 18 Question Id: 2886071973 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Low self esteem is associated with-

a)Blaming self

b)Avoiding perfection in job

c)Attributing success to luck

d)No self protection

Options:

2886077882, 1

2886077883.2

2886077884.3

2886077885.4

 $Question\ Number: 19\ \ Question\ Id: 2886071974\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

In India

- a) more married women commit suicide than married men.
- b) more married men commit suicide than unmarried women.
- c) there is no gender difference in suicide rate of married individuals.
- d) marriage is not related to suicide rate.

Options:

2886077886, 1

2886077887.2

2886077888.3

2886077889.4

Question Number: 20 Question Id: 2886071975 Question Type: MCQ Option Shuffling: No

Paleological suicide is related to

- a) extreme physical pain with no fallacies in thinking
- b) distorted thinking, and semantic errors
- delusional type of thinking
- d) impact of group thinking.

Options:

2886077890. 1

2886077891.2

2886077892.3

2886077893.4

Question Number: 21 Question Id: 2886071976 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Among the individuals who commit suicide

- a) In western culture most of them suffer from clinical disorders, however, in Indian culture very few of them suffer from clinical disorders.
- b) In Indian culture most of them suffer from clinical disorders, however, in western culture very few of them suffer from clinical disorders.
- c) In both the cultures clinical disorders are very common.
- d) In both the cultures clinical disorders are equally rare.

Options:

2886077894, 1

2886077895. 2

2886077896.3

2886077897.4

Question Number: 22 Question Id: 2886071977 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Quid pro quo harassment is

- Demand of sexual favour in return for better treatment, promotions and facilities.
- b. A third party harassment which is indirect
- c. Work related harassment with hidden intention of sexual harassment
- d. Harassment related to character assassination.

Options:

2886077898. 1 2886077899. 2 2886077900. 3

2886077901.4

Question Number: 23 Question Id: 2886071978 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

It is proved in research that approximate percentage of women leaving job after sexual harassment is-

- a) 70%
- b) 40%
- c) 50%
- d) .60%

Options:

2886077902. 1

2886077903. 2

2886077904.3

2886077905.4

Question Number: 24 Question Id: 2886071979 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

How many countries have legal provisions against sexual harassment of women at workplace.

- a) 87
- b) 128
- c) 154
- d) 102

Options:

2886077906. 1

2886077907, 2

2886077908.3

2886077909.4

Question Number: 25 Question Id: 2886071980 Question Type: MCQ Option Shuffling: No

Creativity is a. Innate b. Related to very high intelligence c. Requires thorough knowledge d. Universal. **Options:** 2886077910, 1 2886077911. 2 2886077912.3 2886077913.4 Question Number: 26 Question Id: 2886071981 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 Investment and Confluence Theory of Creativity given by Stemberg does not include : a. intellectual abilities, b knowledge, c. styles of thinking, d, consistency. **Options:** 2886077914.1 2886077915, 2 2886077916, 3 2886077917.4

Question Number: 27 Question Id: 2886071982 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

.The concept of resistance to pre-mature closure in creative problem solving was given by

- a) Torrance
- b) Guilford
- c) Papila
- d) Stemberg

Options:
2886077918. 1
2886077919. 2
2886077920. 3
2886077921. 4
Question Number: 28 Question Id: 2886071983 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 defined peak performance as feeling of total unity, inner strength, and wholeness of
being .
(a) Maslow
(b) Jung
(c) Eysenck
(d) Atkinson
Options: 2886077922. 1
2886077923. 2
2886077924. 3
2886077925. 4
Question Number: 29 Question Id: 2886071984 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 The types of goal setting is associated with
(a) Outcome goal (b) Process goal (c) Both a and b (d) None of the above
Options:
2886077926. 1
2886077927. 2
2886077928. 3
2886077929. 4

Question Number: 30 Question Id: 2886071985 Question Type: MCQ Option Shuffling: No

The attention-arousal theory is associated with -

- (a) Physiological and psychological component
- (b) physiological component
- (c) psychological component
- (d) none of these

Options:

2886077930, 1

2886077931.2

2886077932.3

2886077933.4

Question Number: 31 Question Id: 2886071986 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Affective cycle of injury model is propounded by

- (a) Keller
- (b) Adler
- (c) O'Conner
- (d) Hadley

Options:

2886077934. 1

2886077935.2

2886077936.3

2886077937, 4

Question Number: 32 Question Id: 2886071987 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Situational imagery technique is useful for

- (a) muscle relaxation
- (b) stress control
- (c) both a and b
- (d) None of these

Options:

2886077938. 1

2886077939. 2

2886077940.3

Question Number: 33 Question Id: 2886071988 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Emotional and instrumental support during injury rehabilitation program is mainly provided by ---

- (a) Friends and family members
- (b) team mates
- (c) medical professionals
- (d) all of the above

Options:

2886077942. 1

2886077943. 2

2886077944.3

2886077945.4

 $Question\ Number: 34\ \ Question\ Id: 2886071989\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

The success or failure in performance through attribution was popularised by ----

- (a) Bandura
- (b) Weiner
- (c) Atkinson
- (d) Cattell

Options:

2886077946. 1

2886077947. 2

2886077948.3

2886077949, 4

Question Number: 35 Question Id: 2886071990 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Same type of motivation can be used for every sport. This statement is -

- (a) True
- (b) False
- (c) uncertain
- (d) depends on other variables

Options:

2886077950.1

2886077953.4

Question Number: 36 Question Id: 2886071991 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Individual differences means any measurable aspect of the total personality. This definition is given by -

- (a) Skinner
- (b) Pavlov
- (c) Watson
- (d) Maslow

Options:

2886077954. 1

2886077955, 2

2886077956.3

2886077957.4

Question Number: 37 Question Id: 2886071992 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Cognitive abilities have been conceived very broadly and also in terms of specialized abilities such as -

- (a) verbal
- (b) non-verbal
- (c) spatial
- (d) all the above

Options:

2886077958. 1

2886077959. 2

2886077960.3

2886077961.4

Question Number: 38 Question Id: 2886071993 Question Type: MCQ Option Shuffling: No

When teacher have to work harder, do more work, or work faster, they are experiencing a. Frustration. b. Uncontrollability. c. Pressure d. Conflict **Options:** 2886077962. 1 2886077963, 2 2886077964.3 2886077965.4 Question Number: 39 Question Id: 2886071994 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 The teachers' stress-increasing effects of uncontrollability are related to the effects on stress. a. Frustration b. Unpredictability c. Pressure d. Conflict **Options:** 2886077966. 1 2886077967, 2 2886077968, 3 2886077969.4 Question Number: 40 Question Id: 2886071995 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 Helping very young children who have been affected by a blow to cope should focus on: a) Self-control and autonomy b) Re-establishing trust and security c) Venting and normalizing their fears d) The first two options **Options:** 2886077970.1

2886077971.2

Question Number: 41 Question Id: 2886071996 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Important objectives for adolescents who have been affected by a adverse event are:

- a) Preventing isolation and depression
- b) Preventing impaired development
- c) Initiating discussion to help them vent and normalize their feelings
- d) All of the above

Options:

2886077974, 1

2886077975. 2

2886077976.3

2886077977.4

Question Number: 42 Question Id: 2886071997 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

School-based group counselling can provide students with:

- a) The opportunity to work through stages of grief
- b) Assessment of need for individual counselling
- c) Support from their peers
- d) The first and third options

Options:

2886077978, 1

2886077979. 2

2886077980.3

2886077981.4

Question Number: 43 Question Id: 2886071998 Question Type: MCQ Option Shuffling: No

Which of the following is NOT a typical source of stress in the workplace?

Correct Marks: 1 Wrong Marks: 0

a) Heavy workload

- b) Lack of variety
- c) Lack of shift work
- d) Lack of job securitybased on common sense

Options:

2886077982.1

2886077985, 4

Question Number: 44 Question Id: 2886071999 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Which of the following is NOT a symptom of burnout:

- a) Pessimism
- b) Dissatisfaction
- c) Optimism
- d) Desire to quit

Options:

2886077986, 1

2886077987. 2

2886077988.3

2886077989.4

Question Number: 45 Question Id: 2886072000 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

Appraising a stressor as a challenge result in

- a) More stress.
- b) Less stress.
- c) Less successful coping.
- d) Increased negative emotions.

Options:

2886077990, 1

2886077991. 2

2886077992.3

2886077993.4

Question Number: 46 Question Id: 2886072001 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Listening skills include:

- a) Being judgemental of client.
- b) Accepting the client for what he is, and taking a non-judgemental stance.
- c) Interrupting the client.
- d) Showing sympathy.

Options:

2886077995, 2

2886077996.3

2886077997.4

Question Number: 47 Question Id: 2886072002 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Empathetic understanding is which one of the following?

- Empathetic understanding is the ability to see the incomplete picture that client's paint with their worlds.
- b) Empathetic understanding is the ability to feel the clients, as opposed to feeling for clients.
- c) Empathetic understanding is the ability to communicate and demonstrate genuine caring and concern for the client.
- d) Empathetic understanding is the ability to deal with the here-and-now factors that operates within the helping relationship.

Options:

2886077998, 1

2886077999, 2

2886078000.3

2886078001.4

Question Number: 48 Question Id: 2886072003 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

Strategies that build rapport and encourages client dialogue include all but one of the following strategies. Which one is not a strategy to build rapport and encourage client dialogue?

- a) Questioning
- b) Attending and encouraging.
- c) Clarifying and perception checking.
- d) Summarizing.

Options:

2886078002. 1

2886078003, 2

2886078004.3

2886078005.4

Question Number: 49 Question Id: 2886072004 Question Type: MCQ Option Shuffling: No

- . When is client confidentiality to be broken by a counsellor?
- a) When a counsellor has a really interesting story to share.
- b) Never.
- c) When the client tells the counsellor it is ok to tell someone else.
- d) In disclosure of risk to self or a third party.

Options:

2886078006. 1

2886078007. 2

2886078008.3

2886078009.4

Question Number: 50 Question Id: 2886072005 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Who believed that perception must be part to whole.

- a) Pavlov
- b) Gibson
- c) Watson
- d) Gestalt

Options:

2886078010. 1

2886078011. 2

2886078012.3

2886078013.4

 $Question\ Number: 51\ \ Question\ Id: 2886072006\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Current terminology used for information processing for whole -to part is.

- a) Bottom-up processing
- b) Top-down processing
- c) Parallel processing
- d) Successive processing

Options:

2886078014. 1

2886078015. 2

2886078016.3

Question Number: 52 Question Id: 2886072007 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

When we refer the distance between object and observer than it is known as

- a) Depth Perception
- b) Relative Distance
- c) Ego Centric Distance
- d) Real Distance

Options:

2886078018, 1

2886078019. 2

2886078020.3

2886078021.4

Question Number: 53 Question Id: 2886072008 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Which is not considered as illusionary movement.

- a) Stroboscopic Movement
- b) Induced Movement
- c) Auto- kinesis Movement
- d) Real Movement

Options:

2886078022. 1

2886078023. 2

2886078024.3

2886078025.4

Question Number: 54 Question Id: 2886072009 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

PMJ Model is known as.

- a) Pre-attention, Memory and Judgement
- b) Person motivation and Judgement
- Perception, Memory and Judgement
- d) Process Mechanism and Judgement

Options:

2886078026, 1

2886078027. 2

Question Number: 55 Question Id: 2886072010 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

In which information processing the people should use their background knowledge to make sense of the visual input-

- a) Bottom- up processing
- b) Parallel Processing
- c) Top-down Processing
- d) Bottom- Parallel Processing

Options:

2886078030. 1

2886078031. 2

2886078032.3

2886078033.4

Question Number: 56 Question Id: 2886072011 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Measuring response of low intensity stimuli requires ----- amount of energy for stimulus to be reported 50% of the time.

- a) Smallest amount of energy reported
- b) Large amount of energy
- c) Average amount of energy
- d) Zero amount of energy

Options:

2886078034, 1

2886078035. 2

2886078036, 3

2886078037.4

Question Number: 57 Question Id: 2886072012 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Method of difference is -----

- a) not a method of discovery.
- b) not a method of proof as such
- c) both a and b
- d) none of the above

Options:

2886078040.3

2886078041.4

Question Number: 58 Question Id: 2886072013 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

----- method gives only a negative evidence.

- a) method of agreement
- b) method of disagreement
- c) method of residue
- d) all the above

Options:

2886078042. 1

2886078043. 2

2886078044.3

2886078045.4

Question Number: 59 Question Id: 2886072014 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The variance controlling principle is also known as

- a) MinConMax
- b) MaxConMin
- c) ConMaxMin
- d) All the above

Options:

2886078046.1

2886078047. 2

2886078048.3

2886078049.4

Question Number: 60 Question Id: 2886072015 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The criteria for good research design is based on -

- a. element of "congruency" between research question.
- b. exercising control over independent variable
- c. internal validity of design.
- d. All the above

Options:

2886078050. 1 2886078051. 2

2886078052.3

2886078053.4

Question Number: 61 Question Id: 2886072016 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The sequential steps involved in this research process are -

a. method of investigation - problem - hypothesis

- b. problem hypothesis method of investigation
- c. hypothesis method of investigation problem
- d. both a and c ambiguous

Options:

2886078054. 1

2886078055, 2

2886078056.3

2886078057.4

Question Number: 62 Question Id: 2886072017 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The interaction oriented hypothesis always contains ----- independent variable/ variables.

- a. One
- b. Only two
- c. two or more
- d. both b and c

Options:

2886078058. 1

2886078059. 2

2886078060.3

2886078061.4

Question Number: 63 Question Id: 2886072018 Question Type: MCQ Option Shuffling: No

Hypothesis can be defined as a conjectural statement of a suspected relationship between two or more variables involved in a problem. This definition is given by

- a. Kerlinger
- b. Pearson
- c. Townsend
- d. Winer

Options:

2886078062. 1

2886078063. 2

2886078064.3

2886078065.4

 $Question\ Number: 64\ \ Question\ Id: 2886072019\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Rural-urban residential background and family size are considered as -

- a. Discrete variable
- b. Stimulus variable
- c. categorical variable
- d. Continuous variable

Options:

2886078066, 1

2886078067. 2

2886078068.3

2886078069.4

 $Question\ Number: 65\ \ Question\ Id: 2886072020\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

----- variable is one that is responsible for the appearance, disappearance or variations in a given behavioral phenomenon.

- a. Dependent
- b. Independent
- c. Discrete
- d. both b and c

Options:

2886078070. 1

2886078071.2

Question Number: 66 Question Id: 2886072021 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

----- technique is used for controlling extraneous variables.

- a. Method of removal
- b. Screening
- c. Balancing
- d. All the above

Options:

2886078074. 1

2886078075, 2

2886078076, 3

2886078077.4

Question Number: 67 Question Id: 2886072022 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Negotiation Strategy is partly concerned with:

- a) Avoiding failure
- b) Prolonging negotiation
- c) Ending the discussion
- d) Searching for a Common goal

Options:

2886078078. 1

2886078079.2

2886078080.3

2886078081.4

Question Number: 68 Question Id: 2886072023 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Negotiation implies that both parties accept the agreement as

- a) Conditional
- b) Necessary
- c) Final and binding
- d) Subject to further dispute

Options:

2886078082. 1

2886078085, 4

Question Number: 69 Question Id: 2886072024 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

One's negotiation objective should be-

- a) Social
- b) Personal
- c) Realistic
- d) Ideal

Options:

2886078086, 1

2886078087. 2

2886078088, 3

2886078089, 4

Question Number: 70 Question Id: 2886072025 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

- . The most significant management skills are.
 - a) Technical, Human and Conceptual
 - b) Technical behavioural and conceptual
 - c) Systematic, Human and Conceptual
 - d) Human, behavioural, Systematic

Options:

2886078090. 1

2886078091, 2

2886078092.3

2886078093.4

Question Number: 71 Question Id: 2886072026 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The Problem - solving process begins with -

- a) Clarification of the situation
- b) Establishment of alternatives
- c) Identification of difficulty
- d) None of the above

Options:

2886078094.1

2886078097.4

Question Number: 72 Question Id: 2886072027 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

'Leadership motivates the people to work, and not the power of money' this concept is related to.

- a) Autocratic model
- b) Custodial model
- c) Supportive model
- d) Collegial model

Options:

2886078098, 1

2886078099, 2

2886078100.3

2886078101.4

 $Question\ Number: 73\ Question\ Id: 2886072028\ Question\ Type: MCQ\ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Which of the following is interpersonal skill training?.

- a) Basic Skills
- b) Soft Skills
- c) Intermediate Skills
- d) Hard Skills

Options:

2886078102.1

2886078103. 2

2886078104.3

2886078105.4

Question Number: 74 Question Id: 2886072029 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Might is right is the motto of.

- a) Autocratic Model
- b) Custodial model
- c) Supportive model
- d) Collegial model

Options:

2886078107, 2

2886078108.3

2886078109.4

Question Number: 75 Question Id: 2886072030 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

Psychological knowledge has offered insights into the developmental processes of children by:

- evaluations of the long-term effects of compensatory education interventions on children's intellectual development
- research into the impact on young people's cognitive development of the mass media
- c) research into the process of attachment between babies and their parents
- d) all of the above

Options:

2886078110.1

2886078111, 2

2886078112.3

2886078113.4

Question Number: 76 Question Id: 2886072031 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

.Which factors put some children at a disadvantage in society?

- a) the number of children in the family
- b) low income
- c) poor living quality
- d) all of the above

Options:

2886078114. 1

2886078115.2

2886078116.3

2886078117.4

 $Question\ Number: 77\ \ Question\ Id: 2886072032\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

The foundations of cognitive development lie in:

- a) the child's innate ability
- b) the context of the child's culture
- c) the quality of interaction within the family
- d) there is as yet no absolute agreement among theorists

Options:

2886078118, 1

2886078119. 2

2886078120.3

2886078121.4

Question Number: 78 Question Id: 2886072033 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

. The first stage of decision making is to

- a) Evaluate the resourses
- b) Making a commitment
- c) Accept the challenge
- d) Search for alternatives

Options:

2886078122.1

2886078123. 2

2886078124.3

2886078125.4

Question Number: 79 Question Id: 2886072034 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The final stage of the decision-making process consists of

- a) Following through with the decision
- b) Making a commitment
- c) Evaluating your decision after you are done
- d) Accepting the challenge

Options:

2886078126, 1

2886078127, 2

2886078128.3

Question Number: 80 Question Id: 2886072035 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

When we feel our personal freedom has been restricted we experience

- a) Reactance
- b) Resilience
- c) Neurosis
- d) Learned pessimism

Options:

2886078130. 1

2886078131. 2

2886078132.3

2886078133, 4

Question Number: 81 Question Id: 2886072036 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

In choosing a career goal, it's best to begin by

- a) Taking a test
- b) Seeking counselling
- c) understanding yourself
- d) Getting parental advice

Options:

2886078134.1

2886078135.2

2886078136, 3

2886078137.4

Question Number: 82 Question Id: 2886072037 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Power is the ability to:

- a) Compel somebody to do something
- b) Persuade somebody to do some thing
- c) Extract compliance
- d) All of the above

Options:

2886078138. 1

2886078141.4

Question Number: 83 Question Id: 2886072038 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

A Person who has power because he or she has personal trait or characteristic that are admired by others has:

- a) Referent power
- b) Reward power
- c) Legitimate power
- d) Expert power need to verify the key

Options:

2886078142.1

2886078143.2

2886078144.3

2886078145, 4

 $Question\ Number: 84\ \ Question\ Id: 2886072039\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Which of the following is the sleep disorder in which the person is physically active during REM sleep?

- a) Narcolepsy
- b) Cataplexy
- c) Somnambolism
- d) REM sleep behaviour disorder

Options:

2886078146, 1

2886078147. 2

2886078148.3

2886078149.4

 $Question\ Number: 85\ \ Question\ Id: 2886072040\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

- Which of the following is the evidence that REM sleep specifically enhances consolidation?
- a) REM increases after learning
- b) REM deprivation interferes with learning
- c) Performance improves following REM sleep
- d) All of the above

Options:

2886078150. 1 2886078151. 2

2886078152.3

2886078153.4

Question Number: 86 Question Id: 2886072041 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

'I don't care about my self you are more important 'which type of behaviour it is ?

- a) Passive behaviour
- b) Manipulative behaviour
- c) Assertive behaviour
- d) Aggressive behaviour

Options:

2886078154. 1

2886078155. 2

2886078156.3

2886078157.4

Question Number: 87 Question Id: 2886072042 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

- . Identifying your position stating your thought and feeling about the situation is a -----type of listening skill.
 - a) Parapharasing
 - b) Reflecting
 - c) Summarizing
 - d) All the above

Options:

2886078158, 1

2886078159. 2

2886078160.3

2886078161.4

 $Question\ Number: 88\ \ Question\ Id: 2886072043\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Which is not considered as behavioural Component. a) Communication b) Facial expression c) Body posture d) Eye Contact **Options:** 2886078162.1 2886078163, 2 2886078164.3 2886078165.4 Question Number: 89 Question Id: 2886072044 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 ----- involves agreeing with any truth that may be contained within statements, even if Critical. a) Stuck Record b) Refusing Request c) Criticism and Compliments d) Fogging **Options:** 2886078166, 1 2886078167, 2 2886078168.3 2886078169.4 Question Number: 90 Question Id: 2886072045 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0 ----- Consist of expressing openly owns feeling. a) Expressiveness of speech b) Accepting praise c) Emotional speech d) Impulsiveness **Options:** 2886078170, 1 2886078171. 2 2886078172.3

Question Number: 91 Question Id: 2886072046 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

----- theory of reflex conditioning posits that a non assertive person may be conditioned to become assertive by learning assertive Skills

- a) Salter's
- b) Bandura
- c) Hartmann's
- d) Herine

Options:

2886078174.1

2886078175. 2

2886078176.3

2886078177.4

Question Number: 92 Question Id: 2886072047 Question Type: MCQ Option Shuffling: No Correct Marks: 1 Wrong Marks: 0

Which one of the following is not one of the three criteria established for identifying people as homosexual or bisexual?

- a) Functionalist
- b) Interactionist
- c) Humanist
- d) Feminist

Options:

2886078178. 1

2886078179. 2

2886078180, 3

2886078181.4

 $Question\ Number: 93\ \ Question\ Id: 2886072048\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

Which one of the following is not one of the three criteria established for identifying people as homosexual or bisexual?

- a) Self identification as a gay man, lesbian or bisexual
- b) Engaging in a homosexual act
- c) Sexual attraction to persons of one's own gender
- d) Sexual involvement with one or more persons of one's own gender

Options:

2886078182.1

2886078183. 2

2886078184.3

Question Number: 94 Question Id: 2886072049 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Which of the following is not a sign that someone is being bullied?

- a) Becoming friends with more people
- b) Loss or destruction of possessions
- c) Unexplainable injuries
- d) change in eating habits

Options:

2886078186. 1

2886078187. 2

2886078188.3

2886078189.4

 $Question\ Number: 95\ \ Question\ Id: 2886072050\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

According to Bishop et al (2004) what does mindfulness involve?

- a) Self regulation of attention
- b) using a mantra
- c) Distraction from stressful thoughts
- d) Handling negative thoughts

Options:

2886078190. 1

2886078191. 2

2886078192.3

2886078193.4

 $Question\ Number: 96\ \ Question\ Id: 2886072051\ \ Question\ Type: MCQ\ \ Option\ Shuffling: No$

Correct Marks: 1 Wrong Marks: 0

- . The mindfulness -based stress reduction programme of kabat -Zinn Comprises
- a) 7-10 week Course
- 8-10 week Course including mindfulness exercise and various types of assignments
- c) A two week brief group based interventions
- d) A three months self-help Course

Options:

2886078194. 1

2886078195.2

2886078196.3

Question Number: 97 Question Id: 2886072052 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

The psychological goal of most information based interventions designed to reduce the stress associated with operations is-----

- a) To help people distract from worry
- b) To minimize psychological arousal
- c) Forget things they cannot control
- d) To increase perceptions of control

Options:

2886078198, 1

2886078199, 2

2886078200.3

2886078201.4

Question Number: 98 Question Id: 2886072053 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Individuals who are at high risk for Suicide.

- a) Have a personal or family history of mental health problems
- b) They are too sensitive
- c) Feel hopeless
- d) All of the above

Options:

2886078202, 1

2886078203. 2

2886078204.3

2886078205.4

Question Number: 99 Question Id: 2886072054 Question Type: MCQ Option Shuffling: No

Correct Marks: 1 Wrong Marks: 0

Which the following behaviours suggest an individuals is considering Suicide?

- a) Giving away personal items to peers
- b) Saying good bye to peers
- c) Avoiding social interaction
- d) All of the above

Options:

2886078206. 1

2886078207. 2

2886078208.3

Question Number: 100 Question Id: 2886072055 Question Type: MCQ Option Shuffling: No

 $Correct\ Marks: 1\ \ Wrong\ Marks: 0$

What is leptin resistance?

- a) High concentration of leptin without reduction in energy intake
- b) Lack of leptin release
- c) Low concentrations of leptin
- d) None of these

Options:

2886078210.1

2886078211.2

2886078212.3