

NIS TAEKWONDO Admission Test

Topic:- Section 2_General Knowledge

1) Which of the following Indian sports persons announced that he/she will be hanging his/her boots from active sports in order to serve as the president of the Paralympic Committee of India (PCI)?

निम्नलिखित में से किस भारतीय ने घोषणा की कि वह भारत की पैरालंपिक समिति (पीसीआई) के अध्यक्ष के रूप में कार्य करने के लिए सक्रिय खेलों से सन्यास लेगा/ लेगी?

[Question ID = 104]

1. Deepa Malik / दीपा मलिक

[Option ID = 413]

2. Mariyappan Thangavelu / मरियप्पन थंगावेलु

[Option ID = 414]

3. Varun Singh Bhati / वरुण सिंह भाटी

[Option ID = 415]

4. Virat Kohli / विराट कोहली

[Option ID = 416]

Correct Answer :-

• Deepa Malik / दीपा मलिक

[Option ID = 413]

2) What is the name of the first mobile app of National Anti-Doping Agency?

राष्ट्रीय एंटी डोपिंग एजेंसी के पहले मोबाइल ऐप का नाम क्या है?

[Question ID = 105]

1. HEALTHY INDIA / हेल्थी इंडिया [Option ID = 417]

2. NADA INDIA / नाडा इंडिया [Option ID = 418]

3. INDIA ANDOP / इंडियन एंडोप [Option ID = 419]

4. INDIAN / इंडियन [Option ID = 420]

Correct Answer :-

• NADA INDIA / नाडा इंडिया [Option ID = 418]

3) The Radcliffe Line is a boundary between:-

रेडक्लिफ रेखा किसके बीच की सीमा है:-

[Question ID = 106]

1. India and Pakistan / भारत और पाकिस्तान [Option ID = 421]

2. India and China / भारत और चीन [Option ID = 422]

3. India and Bhutan / भारत और भूटान [Option ID = 423]

4. India and Afghanistan / भारत और अफ़ग़ानिस्तान [Option ID = 424]

Correct Answer :-

• India and Pakistan / भारत और पाकिस्तान [Option ID = 421]

4) Which is the 1st Indian state to declare internet as Fundamental Right?

इंटरनेट को मौलिक अधिकार घोषित करने वाला पहला भारतीय राज्य कौन सा है?

[Question ID = 107]

1. Kolkata / कोलकाता [Option ID = 425]

2. Goa / गोवा [Option ID = 426]

3. Kerala / केरल [Option ID = 427]

4. Delhi / दिल्ली [Option ID = 428]

Correct Answer :-

• Kerala / केरल [Option ID = 427]

5) The members of Rajya Sabha are:-

राज्यसभा के सदस्य:-

[Question ID = 108]

1. Nominated / मनोनीत किए जाते हैं [Option ID = 429]
2. Elected by the members of Lok Sabha / लोक सभा के सदस्यों द्वारा चुने जाते हैं [Option ID = 430]
3. Elected by the members of the Legislative Assembly / विधान सभा के सदस्यों द्वारा चुने जाते हैं [Option ID = 431]
4. Elected by the members of the Legislative Council / विधान परिषद के सदस्यों द्वारा चुने जाते हैं [Option ID = 432]

Correct Answer :-

- Elected by the members of the Legislative Assembly / विधान सभा के सदस्यों द्वारा चुने जाते हैं [Option ID = 431]

6) ‘Fit Hai to Hit Hai India’ is a program launched for the fitness of:-

‘फिट है तो हिट है इंडिया’ कार्यक्रम किसकी फिटनेस के लिए शुरू किया गया है?

[Question ID = 109]

1. College students / कॉलेज के छात्रों [Option ID = 433]
2. School students / स्कूल के छात्रों [Option ID = 434]
3. Senior citizens / वरिष्ठ नागरिकों [Option ID = 435]
4. Women only / केवल महिलाओं [Option ID = 436]

Correct Answer :-

- School students / स्कूल के छात्रों [Option ID = 434]

7) Nasa Astronaut who returned (Feb 2020) to earth after record long stay in International Space Station (ISS) is:-

नासा (NASA) अंतरिक्ष यात्री जो (फ़रवरी 2020) अंतर्राष्ट्रीय अंतरिक्ष स्टेशन (ISS) में रिकॉर्ड लंबे समय तक रहने के बाद पृथ्वी पर लौटा है?

[Question ID = 110]

1. Kalpana Chawla / कल्पना चावला [Option ID = 437]
2. Luca Parmitano / लुका परमिटानो [Option ID = 438]
3. Christina Koch / क्रिस्टीना कोच [Option ID = 439]
4. Alexander Skvortsov / अलेक्जेंडर स्कोवत्सोव [Option ID = 440]

Correct Answer :-

- Christina Koch / क्रिस्टीना कोच [Option ID = 439]

8) Who has won the International Olympic Committee’s (IOC) coaches lifetime achievement award in male category for the year 2019?

वर्ष 2019 के लिए अंतर्राष्ट्रीय ओलंपिक समिति (IOC) प्रशिक्षक (कोच) आजीवन उपलब्धि पुरस्कार पुरुष वर्ग में किसको मिला है?

[Question ID = 111]

1. Pullela Gopichand / पुलेला गोपीचंद [Option ID = 441]
2. Ramakant Achrekar / रामकान्त आचरेकर [Option ID = 442]
3. Bishweshwar Nandi / बिश्वेश्वर नंदी [Option ID = 443]
4. Sourav Ganguly / सौरव गांगुली [Option ID = 444]

Correct Answer :-

- Pullela Gopichand / पुलेला गोपीचंद [Option ID = 441]

9) Besides UK, USA, Germany and Japan,the G-7 countries include:-

ब्रिटेन, अमेरिका, जर्मनी और जापान के अलावा, जी-सात देशों में शामिल हैं:-

[Question ID = 112]

1. Canada, France and India / कनाडा, फ्रांस और भारत [Option ID = 445]
2. Canada, Italy and Netherlands / कनाडा, इटली और नीदरलैंड [Option ID = 446]
3. France, Netherlands and Russia / फ्रांस, नीदरलैंड और रूस [Option ID = 447]
4. Canada, France and Italy / कनाडा, फ्रांस और इटली [Option ID = 448]

Correct Answer :-

- Canada, France and Italy / कनाडा, फ्रांस और इटली [Option ID = 448]

10) Name the IIT which has designed ‘Warbot’ which can deliver medicines and food to COVID-19 patients.

आईआईटी (IIT)का नाम बताइये जिसने ‘वारबॉट’ डिजाइन किया है जो COVID-19 रोगियों को दवाइयां और भोजन दे सकता है?

[Question ID = 113]

1. IIT Delhi / आईआईटीदिल्ली [Option ID = 449]
2. IIT Bombay / आईआईटी बॉम्बे [Option ID = 450]
3. IIT Ropar / आईआईटी रोपड़ [Option ID = 451]
4. IIT Kanpur / आईआईटी कानपुर [Option ID = 452]

Correct Answer :-

- IIT Ropar / आईआईटी रोपड़ [Option ID = 451]

Topic:- Section 2_Basic Computer Knowledge

1) Input devices that use a special ink that contains magnetizable particles of iron oxide are _____.

इनपुट डिवाइस जिसमें एक विशेष स्याही का उपयोग किया जाता है जिसमें लोहे के ऑक्साइड के चुंबकनशील कण होते हैं, _____ होते हैं

[Question ID = 115]

1. Optical disks / ऑप्टिकल डिस्क
[Option ID = 457]
2. Magnetic disks / चुंबकीय डिस्क
[Option ID = 458]
3. MICR / एमआईसीआर
[Option ID = 459]
4. Magnetic drives / चुंबकीय ड्राइव
[Option ID = 460]

Correct Answer :-

- MICR / एमआईसीआर
[Option ID = 459]

2) The invention of _____ gave birth to the much cheaper microcomputers.

_____ के आविष्कार ने बहुत सस्ते माइक्रो कंप्यूटर्स को जन्म दिया

[Question ID = 116]

1. Mainframes / मैनफ्रेमस(बृहत)
[Option ID = 461]
2. Microcomputers / माइक्रोकंप्यूटर्स
[Option ID = 462]
3. Microprocessors / माइक्रोप्रोसेसर
[Option ID = 463]
4. PDAs / पीडीएस
[Option ID = 464]

Correct Answer :-

- Microprocessors / माइक्रोप्रोसेसर
[Option ID = 463]

3) In this generation of computers, Time sharing, Real time, Networks, Distributed Operating System was used.

इस पीढ़ी के कंप्यूटर्स में टाइम शेयरिंग, रियल टाइम, नेटवर्क्स, डिस्ट्रिब्यूटेड ऑपरेटिंग सिस्टम का इस्तेमाल किया जाता था:-

[Question ID = 117]

1. 1st / पहली [Option ID = 465]
2. 2nd / दूसरी [Option ID = 466]
3. 5th / पाँचवीं [Option ID = 467]
4. 4th / चौथी [Option ID = 468]

Correct Answer :-

- 4th / चौथी [Option ID = 468]

4) A plug and play storage device that simply plugs in the port of a computer is _____.

एक प्लग एंड प्ले स्टोरेज डिवाइस जो केवल कंप्यूटर के पोर्ट में प्लग करता है

[Question ID = 118]

1. Flash drive / फ्लैश ड्राइव
[Option ID = 469]
2. Compact disk / कॉम्पैक्ट डिस्क
[Option ID = 470]
3. Hard disk / हार्ड डिस्क
[Option ID = 471]
4. CD / सीडी
[Option ID = 472]

Correct Answer :-

- Flash drive / फ्लैश ड्राइव
[Option ID = 469]

5) The Second Generation Computer was based on _____.

[Question ID = 119]

1. Vacuum tube / वैक्यूम ट्यूब

[Option ID = 473]

2. Silicon chips / सिलिकॉन चिप्स

[Option ID = 474]

3. Transistor / ट्रान्जिस्टर

[Option ID = 475]

4. Bio chips / बायो चिप्स

[Option ID = 476]

Correct Answer :-

- Transistor / ट्रान्जिस्टर

[Option ID = 475]

Topic:- Section 2_LR and Coaching Apt

1) Select the correct alternative from the given choices:-

दिये गए विकल्पों में से सही विकल्प चुनिए:-

49, 925, 2549, _____ 121169

[Question ID = 303]

1. 64121 [Option ID = 1209]

2. 81121 [Option ID = 1210]

3. 100121 [Option ID = 1211]

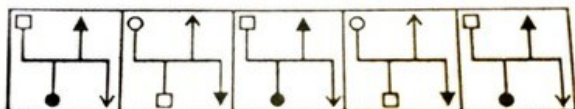
4. 49121 [Option ID = 1212]

Correct Answer :-

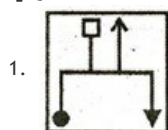
- 49121 [Option ID = 1212]

2) The boxes run in a sequence from left to right. Select one figure from the answer set which will continue the same series as given in the problem set of figures.

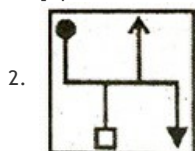
बक्से बाएं से दाएं एक क्रम में चलते हैं उत्तर समूह से एक आकृति का चयन करें जो समस्या समूह में दी गई श्रृंखला के समान जारी रहेगी



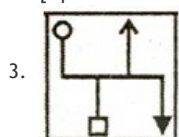
[Question ID = 304]



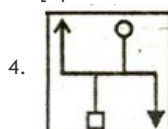
[Option ID = 1213]



[Option ID = 1214]

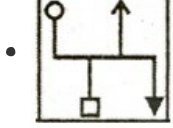


[Option ID = 1215]



[Option ID = 1216]

Correct Answer :-



[Option ID = 1215]

3) If the time in a clock is 7 hours 15 minutes, then what time does it show on the mirror?

यदि एक घड़ी में समय सात बजकर पंद्रह मिनट है तो दर्पण में यह कितना समय दिखाएगी?

[Question ID = 305]

1. 4 hours 50 minutes / चार घंटे पचास मिनट [Option ID = 1217]
2. 4 hours 40 minutes / चार घंटे चालीस मिनट [Option ID = 1218]
3. 4 hours 35 minutes / 4 घंटे 35 मिनट [Option ID = 1219]
4. 4 hours 45 minutes / 4 घंटे 45 मिनट [Option ID = 1220]

Correct Answer :-

- 4 hours 45 minutes / 4 घंटे 45 मिनट [Option ID = 1220]

4) Five persons - Amit, Balram, Chetan, Deepak and Eshwar are sitting in a row facing North. The following information is known to them:-

- (i) Only Deepak is sitting between Amit and Balram.
- (ii) Neither Amit nor Balram is at the ends.
- (iii) Chetan is sitting to the immediate left of Balram.

Who is sitting at the right end of the row?

पांच व्यक्ति - अमित, बलराम, चेतन, दीपक और ईश्वर उत्तर की ओर मुंह करके पंक्तिबद्ध बैठे हैं वे निम्नलिखित जानकारी से परिचित हैं

- (i) केवल दीपक, अमित और बलराम के बीच में बैठा है
- (ii) छोरों पर न तो अमित है और न ही बलराम
- (iii) चेतन बलराम के तुरंत बाएँ बैठा है

पंक्ति के दायें अंत पर कौन बैठा है?

[Question ID = 306]

1. Amit / अमित
[Option ID = 1221]
2. Balram / बलराम
[Option ID = 1222]
3. Chetan / चेतन
[Option ID = 1223]
4. Eshwar / ईश्वर
[Option ID = 1224]

Correct Answer :-

- Eshwar / ईश्वर
[Option ID = 1224]

5) Find from the alternation, which number fits in the place of the question mark(?)

प्रत्यावर्तन से पता करें कि प्रश्न चिह्न के स्थान पर कौन सी संख्या फिट है?

5	2	-6	3
13	3	-20	-2

5	8
?	-20

[Question ID = 307]

1. -7 [Option ID = 1225]
2. 30 [Option ID = 1226]
3. 40 [Option ID = 1227]
4. 20 [Option ID = 1228]

Correct Answer :-

- 20 [Option ID = 1228]

6) Find the odd one among the following.

निम्नलिखित में एक विषम खोजें।

[Question ID = 308]

1. CFD
- [Option ID = 1229]
2. GJH
- [Option ID = 1230]
3. KNM
- [Option ID = 1231]
4. JMK
- [Option ID = 1232]

Correct Answer :-

- KNM
- [Option ID = 1231]

7) If 1st April, 2003 was Monday, then which day of the week will 25th December of the same year be?

यदि 1 अप्रैल, 2003 सोमवार था, तो उसी वर्ष 25 दिसंबर को सप्ताह का कौन सा दिन होगा?

[Question ID = 309]

1. Tuesday / मंगलवार [Option ID = 1233]
2. Wednesday / बुधवार [Option ID = 1234]
3. Thursday / वृहस्पतिवार [Option ID = 1235]
4. Friday / शुक्रवार [Option ID = 1236]

Correct Answer :-

- Wednesday / बुधवार [Option ID = 1234]

8) A compass was damaged and its needle turned in such a manner that the pointer which was showing East is now showing North. One person went towards the West as per the above-mentioned compass. In which direction did he actually go?

एक कम्पास क्षतिग्रस्त हो गया था और इसकी सुई इस तरह से मुड़ गई कि सूचक जो पूर्व दिखा रहा था वह अब उत्तर दिखा रहा है एक व्यक्ति उपर्युक्त कम्पास के अनुसार पश्चिम की ओर गया वास्तव में वह किस दिशा में गया था?

[Question ID = 310]

1. South / दक्षिण [Option ID = 1237]
2. West / पश्चिम [Option ID = 1238]
3. North-East / उत्तर-पूर्व [Option ID = 1239]
4. North / उत्तर [Option ID = 1240]

Correct Answer :-

- North / उत्तर [Option ID = 1240]

9) A is the husband of B. E is the daughter of C. A is the father of C. How is B related to E?

A, B का पति है E, C की पुत्री है A, C का पिता है B, E से कैसे संबंधित हैं?

[Question ID = 311]

1. Mother / माता
- [Option ID = 1241]
2. Grandmother / दादी
- [Option ID = 1242]
3. Aunt / चाची
- [Option ID = 1243]
4. Cousin / भतीजा
- [Option ID = 1244]

Correct Answer :-

- Grandmother / दादी
- [Option ID = 1242]

10) In a certain code language, if ‘RESIDENT’ is coded as PCQGBCLR, then how will you code the word ‘VILLAGE’?

एक निश्चित कोड भाषा में, यदि ‘RESIDENT’ को PCQGBCLR, के रूप में कोड किया जाता है, तब आप ‘VILLAGE’ शब्द को किस प्रकारकोड करेंगे?

[Question ID = 312]

1. TGJJYEC [Option ID = 1245]

2. TGJYYEC [Option ID = 1246]
3. TGJJXEC [Option ID = 1247]
4. TGJJYDC [Option ID = 1248]

Correct Answer :-

- TGJJYEC [Option ID = 1245]

Topic:- Section 2_Language and Communication_P1

1) Instruction: Choose the synonym of the given word from the four options that follow:-

belie

[Question ID = 340]

1. relive [Option ID = 1357]
2. amorphous [Option ID = 1358]
3. debunk [Option ID = 1359]
4. elucidate [Option ID = 1360]

Correct Answer :-

- debunk [Option ID = 1359]

2) Instruction: Choose the synonym of the given word from the four options that follow:-

apocryphal

[Question ID = 341]

1. assuage [Option ID = 1361]
2. fabricated [Option ID = 1362]
3. derision [Option ID = 1363]
4. primordial [Option ID = 1364]

Correct Answer :-

- fabricated [Option ID = 1362]

3) Instruction: Choose the antonym of the given word from the four options that follow:-

ephemeral

[Question ID = 342]

1. fleeting [Option ID = 1365]
2. permanent [Option ID = 1366]
3. passing [Option ID = 1367]
4. distasteful [Option ID = 1368]

Correct Answer :-

- permanent [Option ID = 1366]

4) Instruction: Choose the antonym of the given word from the four options that follow:-

expand

[Question ID = 343]

1. condense [Option ID = 1369]
2. conclude [Option ID = 1370]
3. congest [Option ID = 1371]
4. consolidate [Option ID = 1372]

Correct Answer :-

- condense [Option ID = 1369]

5) Instruction: Choose the most appropriate answer from the four given options:-

He saw the kind faces of those _____.

[Question ID = 344]

1. who he loves
[Option ID = 1373]
2. whom he loves
[Option ID = 1374]
3. whom he loved
[Option ID = 1375]
4. whom he loves
[Option ID = 1376]

Correct Answer :-

- whom he loved

[Option ID = 1375]

6) Instruction: Choose the most appropriate answer from the four given options:-

She _____ a fortune when her uncle died.

[Question ID = 345]

1. came to

[Option ID = 1377]

2. came in for

[Option ID = 1378]

3. came into

[Option ID = 1379]

4. came on

[Option ID = 1380]

Correct Answer :-

- came into

[Option ID = 1379]

7) Instruction: Choose the most appropriate answer from the four given options:-

The police _____ any information about the suspects.

[Question ID = 346]

1. has not released

[Option ID = 1381]

2. is not released

[Option ID = 1382]

3. are not released

[Option ID = 1383]

4. have not released

[Option ID = 1384]

Correct Answer :-

- have not released

[Option ID = 1384]

Topic:- Section 2_Language and Communication_P2

1) Read the following passage and answer the question that follow, by choosing the most appropriate option:

Our freedom was won with great struggle and sacrifice after centuries of servitude to foreign rule, and it is important that those of us who belong to the post-independence generation should not fall into the error of taking our freedom for granted. The maintenance and strengthening is a task even more onerous than its attainment.

In any nation, the youth necessarily forms the vanguard in most spheres of activity, and it is essential that at this critical juncture its power must be mobilised further to strengthen our integrity and our capacity to resist aggression. What is required is an immense burst of idealism and energy among our youth, who must be deeply committed to the task of safeguarding this great nation of ours founded on the twin ideals of secularism and democracy. In particular, our young men and women studying in schools, colleges and universities have a special responsibility. They constitute an immense reservoir of strength which, if properly canalised, can prove to be a source of great power to the nation.

Q) In the above lines, the author is urging the youth to:-

[Question ID = 348]

1. recognise the sacrifice of their ancestors

[Option ID = 1389]

2. learn from the past and not repeat the same mistakes

[Option ID = 1390]

3. realise and undertake the task of nation building more seriously

[Option ID = 1391]

4. be more competent intellectually and physically than their predecessors

[Option ID = 1392]

Correct Answer :-

- realise and undertake the task of nation building more seriously

[Option ID = 1391]

2) Read the following passage and answer the question that follow, by choosing the most appropriate option:

Our freedom was won with great struggle and sacrifice after centuries of servitude to foreign rule, and it is important that those of us who belong to the post-independence generation should not fall into the error of taking our freedom for granted. The maintenance and strengthening is a task even more onerous than its attainment.

In any nation, the youth necessarily forms the vanguard in most spheres of activity, and it is essential that at this critical juncture its power must be mobilised further to strengthen our integrity and our capacity to resist aggression. What is required is an immense burst of idealism and energy among our youth, who must be deeply committed to the task of safeguarding this great nation of ours founded on the twin ideals of secularism and democracy. In particular, our young men and women studying in schools, colleges and universities have a special responsibility. They constitute an immense reservoir of strength which, if properly canalised, can prove to be a source of great power to the nation.

Q) Which qualities of the youth should be tapped according to the author?

[Question ID = 349]

1. servitude to the foreign rule

[Option ID = 1393]

2. mobilisations and integrity

[Option ID = 1394]

3. secularism and democracy

[Option ID = 1395]

4. idealism and energy

[Option ID = 1396]

Correct Answer :-

- idealism and energy

[Option ID = 1396]

3) Read the following passage and answer the question that follow, by choosing the most appropriate option:

Our freedom was won with great struggle and sacrifice after centuries of servitude to foreign rule, and it is important that those of us who belong to the post-independence generation should not fall into the error of taking our freedom for granted. The maintenance and strengthening is a task even more onerous than its attainment.

In any nation, the youth necessarily forms the vanguard in most spheres of activity, and it is essential that at this critical juncture its power must be mobilised further to strengthen our integrity and our capacity to resist aggression. What is required is an immense burst of idealism and energy among our youth, who must be deeply committed to the task of safeguarding this great nation of ours founded on the twin ideals of secularism and democracy. In particular, our young men and women studying in schools, colleges and universities have a special responsibility. They constitute an immense reservoir of strength which, if properly canalised, can prove to be a source of great power to the nation.

Q) What has been described as a ‘reservoir of strength’?

[Question ID = 350]

1. the legacy left by those who struggled for freedom

[Option ID = 1397]

2. the educated and skilled youth

[Option ID = 1398]

3. the young soldiers who sacrificed their lives for India’s independence

[Option ID = 1399]

4. the young adults teaching in the schools, colleges and universities

[Option ID = 1400]

Correct Answer :-

- the educated and skilled youth

[Option ID = 1398]

Topic:- Section 1_TAEKWONDO

1) Which of the following is the correct term for FIST in Taekwondo?

ताइक्वानडो में फिस्ट के लिए कौन सी टर्म सही है?

[Question ID = 404]

- 1. JUMEOK / जुमेओक [Option ID = 1613]
- 2. JIREUG / जिरेउगी [Option ID = 1614]
- 3. TZIREUGI / टजीरेउगी [Option ID = 1615]
- 4. CHIGI / चिगी [Option ID = 1616]

Correct Answer :-

- JUMEOK / जुमेओक [Option ID = 1613]

2) Which of the following is the correct term for PUNCH in Taekwondo?

ताइक्वानडो में पंच के लिए सही शब्द कौन सा है?

[Question ID = 405]

- 1. MAKKI / मक्की [Option ID = 1617]
- 2. TZIREUGI / टजीरेउगी [Option ID = 1618]
- 3. JIREUGI / जिरेउगी [Option ID = 1619]
- 4. CHIGI / चिगी [Option ID = 1620]

Correct Answer :-

- JIREUGI / जिरेउगी

3) Which of the following is the correct term for DOUBLE PUNCH in Taekwondo?

ताइक्वानडो में डबल पंच के लिए सही शब्द कौन सा है?

[Question ID = 406]

- 1. YOP JIREUGI / योप जिरेउगी [Option ID = 1621]
- 2. DUBEON JIREUGI / ड्यूबीओन जिरेउगी [Option ID = 1622]
- 3. DANGKYO TEOK JIREUGI / दानगव्यो टेओक जीरेउगी [Option ID = 1623]
- 4. PYOJEOK JIREUGI / प्योजेओक जिरेउगी [Option ID = 1624]

Correct Answer :-

- DUBEON JIREUGI / ड्यूबीओन जिरेउगी [Option ID = 1622]

4) Which of the following is the correct term for PARALLEL STANCE in Taekwondo?

ताइक्वानडो में पैरालल स्टैंस के लिए कौन सा टर्म सही है?

[Question ID = 407]

- 1. MOA SEOGI / मोआ सेओगी [Option ID = 1625]
- 2. JUCHUM SEOGI / जचुहम सेओगी [Option ID = 1626]
- 3. NARANHI SEOGI / नारानही सेओगी [Option ID = 1627]
- 4. DWIT KUBI / दवइट कुबी [Option ID = 1628]

Correct Answer :-

- NARANHI SEOGI / नारानही सेओगी [Option ID = 1627]

5) Which of the following is the correct term for BASIC READY STANCE in Taekwondo?

ताइक्वानडो में बेसिक रेडी स्टैंस के लिए कौन सा टर्म सही है?

[Question ID = 408]

- 1. KIBON JUMBI SEOGI / कीबोन जुम्बी सेओगी [Option ID = 1629]
- 2. KIBON SEOGI JUMBI / कीबोन सेओगी जुम्बी [Option ID = 1630]
- 3. JUMBI SEOGI / जुम्बी सेओगी [Option ID = 1631]
- 4. KYURUGI JUMBI / क्यूरुंगि जुम्बी [Option ID = 1632]

Correct Answer :-

- KIBON JUMBI SEOGI / कीबोन जुम्बी सेओगी [Option ID = 1629]

6) Which of the following basic movements is a part of Taegeuk 8 Jang?

निम्नलिखित में से कौन सा बेसिक मुवमेंट टेगेऊक 8 जंग का एक हिस्सा है?

[Question ID = 409]

- 1. JUCHUMSEO YOP JIREUGI / जुचुसेओ योप जीरेउगी

[Option ID = 1633] 2. DANGKYO TEOK JIREUGI / डानगवयो टेओक जीरेउगी [Option ID = 1634] 3. OLGUL JIREUGI / ओलगुल जीरेउगी [Option ID = 1635] 4. ME JUMEOK NARYEO CHIGI / मी जुमेओक नर्येओ चिगी [Option ID = 1636]
Correct Answer :- • DANGKYO TEOK JIREUGI / डानगवयो टेओक जीरेउगी [Option ID = 1634]
7) Which of the following is the correct term for HAMMER FIST in Taekwondo? ताइक्वांडो में हैमर फिस्ट के लिए कोन सा टर्म सही है? [Question ID = 410] 1. DEUNG JUMEOK / देउंग जुमेओक [Option ID = 1637] 2. AP JUMEOK / अप जुमेओक [Option ID = 1638] 3. JIREUGI / जीरेउगी [Option ID = 1639] 4. ME JUMEOK / मी जुमेओक [Option ID = 1640]
Correct Answer :- • ME JUMEOK / मी जुमेओक [Option ID = 1640]
8) Select the correct option from the following Basic Movements of Taekwondo:- ताइक्वांडो के बेसिक मुवमेंट में से सही विकल्प चुने [Question ID = 411] 1. AN PALMOK OLGUL MAKKI / एन पालमोक ओलगुल मक्की [Option ID = 1641] 2. BAKKAT PALMOK MOMTONG AN MAKKI / बककट पालमोक मोमटोंग एन मक्की [Option ID = 1642] 3. BATANGSON DWI CHIGI / बटनगसन द्वी चिगी [Option ID = 1643] 4. AN PALMOK MOMTING AN MAKKI / एन पालमोक मोमटिंग एन मक्की [Option ID = 1644]
Correct Answer :- • BAKKAT PALMOK MOMTONG AN MAKKI / बककट पालमोक मोमटोंग एन मक्की [Option ID = 1642]
9) Select the correct option from the following statements. निम्नलिखित कथन से सही विकल्प चुने [Question ID = 412] 1. MUREUP CHIGI is performed using the back fist at the knee level. / पूदर्शन नी लेवेल पर बैक फिस्ट का उपयोग करते हुए मूरेअप चिगी किया जाता है [Option ID = 1645] 2. MUREP CHIGI is a type of attack made by using elbow. / मूरेअप चिगी एक प्रकार का अटैक है जो एल्बो के प्रयोग से होता है [Option ID = 1646] 3. MUREUP CHIGI / is a kind of hitting with the knee. / मूरेअप चिगी एक प्रकार से घुटने से हिट करने का एक प्रकार है [Option ID = 1647] 4. MUREP CHIGI is the axe kick using knee lift. / मूरेअप चिगी नी लिफ्ट का उपयोग करते हुए एक्स किック है [Option ID = 1648]
Correct Answer :- • MUREUP CHIGI / is a kind of hitting with the knee. / मूरेअप चिगी एक प्रकार से घुटने से हिट करने का एक प्रकार है [Option ID = 1647]
10) Which of the following is the correct term for DEMONSTRATION in Taekwondo? ताइक्वांडो में पूदर्शन का सही टर्म है [Question ID = 413] 1. KYOKPA / क्योकपा [Option ID = 1649] 2. HOSINSUL / होसीनसुल [Option ID = 1650] 3. UNDONG / अंडोंग [Option ID = 1651] 4. SIBEOM / सिबेओम [Option ID = 1652]
Correct Answer :- • SIBEOM / सिबेओम [Option ID = 1652]
11) Which part of the foot is used for hitting the target in YOP CHAGI? योप चगी में टारगेट को हिट करने के लिए पैर के कोनसे हिस्से का उपयोग किया जाता है? [Question ID = 414] 1. BALNAL DEUNG / बलनल देउङ्ग [Option ID = 1653] 2. BALNAL / बलनाल [Option ID = 1654] 3. AP CHUK / अप चूक [Option ID = 1655] 4. BAL DEUNG / बल देउङ्ग [Option ID = 1656]
Correct Answer :- • BALNAL / बलनाल [Option ID = 1654]

12) What is the correct full form of the abbreviation GMS in World Taekwondo?

विश्व ताइक्वांडो में जी एम एस का सही रूप क्या है?

[Question ID = 415]

1. Global Membership System / ग्लोबल मैम्बरशिप सिस्टम [Option ID = 1657]
2. Global Masters System / ग्लोबल मास्टर्स सिस्टम [Option ID = 1658]
3. Global Membership Scheme / ग्लोबल मैम्बरशिप स्कीम [Option ID = 1659]
4. Global Masters Scholarship / ग्लोबल मास्टर्स स्कॉलरशिप [Option ID = 1660]

Correct Answer :-

- Global Membership System / ग्लोबल मैम्बरशिप सिस्टम [Option ID = 1657]

13) Select the correct option from the following.

निम्न में से सही विकल्प चुनें?

[Question ID = 416]

1. Article 8 - Permitted Techniques and areas / आर्टिकल 8 परमिटीड तकनिक एवं एरिया [Option ID = 1661]
2. Article 11 - Prohibited acts and Penalties / आर्टिकल 11 प्रोहिबिटेड एक्ट्स और पेनल्टीस [Option ID = 1662]
3. Article 12 - Valid Points / आर्टिकल 12 वैलीड बिन्दु [Option ID = 1663]
4. Article 14 - Drawing of lots / आर्टिकल 14 ड्रॉ ऑफ लोट्स [Option ID = 1664]

Correct Answer :-

- Article 12 - Valid Points / आर्टिकल 12 वैलीड बिन्दु [Option ID = 1663]

14) What is the length of one side (boundary line) of the competition area in octagonal shape (puzzle 0.8m)?

ओक्तागनल शेप में कॉम्पिटिशन एरिया के एक साइड की लंबाई क्या है?

[Question ID = 417]

1. 12 m / 12 मीटर [Option ID = 1665]
2. 10.2 m / 10.2 मीटर [Option ID = 1666]
3. 12.2 m / 12.2 मीटर [Option ID = 1667]
4. 11.2 m / 11.2 मीटर [Option ID = 1668]

Correct Answer :-

- 11.2 m / 11.2 मीटर [Option ID = 1668]

15) What is the correct distribution of 196 Mats in an in octagonal shape (puzzle 0.8m)?

ओक्तागनल शेप (पजल 0.8) में 196 मैट का सही विभाजन क्या है?

[Question ID = 418]

1. 112 + 72 + 12 [Option ID = 1669]
2. 108 + 76 + 12 [Option ID = 1670]
3. 110 + 78 + 8 [Option ID = 1671]
4. 108 + 78 + 10 [Option ID = 1672]

Correct Answer :-

- 108 + 76 + 12 [Option ID = 1670]

16) What is the length of one octagon (diagonal side) in octagonal shape (puzzle 0.8m)?

ओक्तागनल शेप (पजल 0.8) में एक ओक्टागोन (डायगनॉल साइड) की लंबाई क्या है?

[Question ID = 419]

1. 3.1 m / 3.1 मीटर [Option ID = 1673]
2. 3.0 m / 3.0 मीटर [Option ID = 1674]
3. 3.2 m / 3.2 मीटर [Option ID = 1675]
4. 3.3 m / 3.3 मीटर [Option ID = 1676]

Correct Answer :-

- 3.3 m / 3.3 मीटर [Option ID = 1676]

17) What is the length of one octagon (diagonal side) in octagonal shape (puzzle 1m)?

ओक्तागनल शेप (पजल 1 मी) में एक ओक्टागोन (डायगनॉल साइड) की लंबाई क्या है?

[Question ID = 420]

1. 2.5 m / 2.5 मीटर [Option ID = 1677]
2. 2.6 m / 2.6 मीटर [Option ID = 1678]
3. 2.8 m / 2.8 मीटर [Option ID = 1679]
4. 2.2 m / 2.2 मीटर [Option ID = 1680]

Correct Answer :-

- 2.8 m / 2.8 मीटर [Option ID = 1679]

18) What is the total number of Mats in octagonal shape (puzzle 1m)?

ओकतागनल शेप (पजल 1 मी) मे कितने मैट होते है?

[Question ID = 421]

- 1. 169 [Option ID = 1681]
- 2. 196 [Option ID = 1682]
- 3. 200 [Option ID = 1683]
- 4. 144 [Option ID = 1684]

Correct Answer :-

- 144 [Option ID = 1684]

19) What is the correct distribution of 144 Mats in an octagonal shape (puzzle 0.8m)?

ओकतागनल शेप (पजल 0.8 मी) मे 144 मैट का सही विभाजन क्या है?

[Question ID = 422]

- 1. 82 + 54 + 8 [Option ID = 1685]
- 2. 84 + 52 + 8 [Option ID = 1686]
- 3. 80 + 52 + 12 [Option ID = 1687]
- 4. 86 + 48 + 10 [Option ID = 1688]

Correct Answer :-

- 84 + 52 + 8 [Option ID = 1686]

20) What is the distance between the boundary line and the contest area in octagonal shape (puzzle 01m)?

ओकतागनल शेप (पजल 01 मी) मे बाउन्ड्री लाइन और कॉन्टेस्ट एरिया की दूरी क्या है?

[Question ID = 423]

- 1. 1.6 m / 1.6 मीटर [Option ID = 1689]
- 2. 2 m / 2 मीटर [Option ID = 1690]
- 3. 2.2 m / 2.2 मीटर [Option ID = 1691]
- 4. 1.8 m / 1.8 मीटर [Option ID = 1692]

Correct Answer :-

- 2 m / 2 मीटर [Option ID = 1690]

21) Select the correct from the following.

निम्नलिखित में से सही का चयन करें|

[Question ID = 424]

- 1. Mouth guard can be of any colour. / माउथ गार्ड किसी भी रंग का हो सकता है [Option ID = 1693]
- 2. Contestants can wear their own head guard in a competition. / प्रतिभागी प्रतियोगिता में अपना हेंड गार्ड पहन सकते हैं [Option ID = 1694]
- 3. Arm Guards, Shin Guards & Groin Guards can be worn outside the uniform / आर्म गार्ड, शीन गार्ड, और ग्रोइन गार्ड यूनीफॉर्म के बाहर पहन सकते हैं [Option ID = 1695]
- 4. Contestants need to take off taping on general weigh-in to see whether there is any open wound, cut or bleeding. / जनरल वेट इन में प्रतिभागी अपनी टेपिंग हटा सकता है यह देखने के लिए की कहीं खुला घाव तो नहीं है [Option ID = 1696]

Correct Answer :-

- Contestants need to take off taping on general weigh-in to see whether there is any open wound, cut or bleeding. / जनरल वेट इन में प्रतिभागी अपनी टेपिंग हटा सकता है यह देखने के लिए की कहीं खुला घाव तो नहीं है [Option ID = 1696]

22) What is a HAND MITT?

हैंड मिट क्या है?

[Question ID = 425]

- 1. Small target (hand fan shaped) / स्माल टार्गेट (हैंड फैन शेप का)
[Option ID = 1697]
- 2. Striking pad (Iranian style) / स्ट्राइकिंग पैड (इरानी स्टाइल)
[Option ID = 1698]
- 3. Hand gloves / हैंड ग्लोव्स
[Option ID = 1699]
- 4. Hand protector / हैंड प्रोटेक्टर
[Option ID = 1700]

Correct Answer :-

- Small target (hand fan shaped) / स्माल टार्गेट (हैंड फैन शेप का)
[Option ID = 1697]

23) What should be the colour of a mouthguard?

माउथ गार्ड का रंग क्या होना चाहिये?

[Question ID = 426]

1. A) White / सफ़ेद
[Option ID = 1701]
2. B) Transparent / पारदर्शी
[Option ID = 1702]
3. C) Any colour / किसी भी रंग का
[Option ID = 1703]
4. D) Both (A) and (B) / (ए) और (बी) दोनों
[Option ID = 1704]

Correct Answer :-

- D) Both (A) and (B) / (ए) और (बी) दोनों
[Option ID = 1704]

24) What command is given for “LINE UP” in a Poomsae Competition?

पोमसाए कॉम्पटिशन में लाइन अप के लिए कौन सी कमांड दी जाती है?

[Question ID = 427]

1. “Pyo-chul” / प्यो चूल [Option ID = 1705]
2. “Chool-jeon” / चूल जेओन [Option ID = 1706]
3. “Tuae-jahng” / तुए जहंग [Option ID = 1707]
4. “She-uh” / शि उह [Option ID = 1708]

Correct Answer :-

- “Chool-jeon” / चूल जेओन [Option ID = 1706]

25) Who is the current president of World Taekwondo Asia?

वर्ल्ड ताइक्वांडो एशिया का वर्तमान प्रेसिडेंट कौन है?

[Question ID = 428]

1. Mr. Jung Heon Kim / मिस्टर जंग हेओन किम [Option ID = 1709]
2. Choi youngryul / चोल् यौङ्ग्र्युल् [Option ID = 1710]
3. Chunwone Choue / चुनवोने चौए [Option ID = 1711]
4. Mr. Kyu Seok Lee / मिस्टर क्यू सेओक ली [Option ID = 1712]

Correct Answer :-

- Mr. Kyu Seok Lee / मिस्टर क्यू सेओक ली [Option ID = 1712]