

Print

# National Testing Agency

<b>Question Paper Name :</b>	Student Psychology 25th March 2021 Shift 2
<b>Subject Name :</b>	Student Psychology
<b>Creation Date :</b>	2021-03-25 22:30:45
<b>Duration :</b>	180
<b>Number of Questions :</b>	100
<b>Total Marks :</b>	100
<b>Display Marks:</b>	Yes

## Student Psychology

<b>Group Number :</b>	1
<b>Group Id :</b>	512452186
<b>Group Maximum Duration :</b>	0
<b>Group Minimum Duration :</b>	120
<b>Show Attended Group? :</b>	No
<b>Edit Attended Group? :</b>	No
<b>Break time :</b>	0
<b>Group Marks :</b>	100
<b>Is this Group for Examiner? :</b>	No

## Student Psychology 1

<b>Section Id :</b>	512452856
<b>Section Number :</b>	1
<b>Section type :</b>	Online
<b>Mandatory or Optional :</b>	Mandatory
<b>Number of Questions :</b>	100

**Number of Questions to be attempted :** 100  
**Section Marks :** 100  
**Mark As Answered Required? :** Yes  
**Sub-Section Number :** 1  
**Sub-Section Id :** 512452931  
**Question Shuffling Allowed :** Yes

**Question Number : 1 Question Id : 51245215785 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No  
Correct Marks : 1 Wrong Marks : 0**

Teaching is defined as an

1. Informative process
2. Intellectual process
3. Initiative process
4. Interactive process

**Options :**

- 51245250311. 1
- 51245250312. 2
- 51245250313. 3
- 51245250314. 4

**Question Number : 2 Question Id : 51245215786 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No  
Correct Marks : 1 Wrong Marks : 0**

Basic teaching model was developed by

1. Robert Glaser
2. Robert Gagne
3. E. Thorndike
4. B.F. Skinner

**Options :**

51245250315. 1

51245250316. 2

51245250317. 3

51245250318. 4

**Question Number : 3 Question Id : 51245215787 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The number of components in the Basic Teaching Model is

1. Four
2. Five
3. Three
4. Six

**Options :**

51245250319. 1

51245250320. 2

51245250321. 3

51245250322. 4

**Question Number : 4 Question Id : 51245215788 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The 3M concept in Instructional procedures refers to

1. Methods, Message and Materials
2. Methods, Materials and Media
3. Methods, Media and Message
4. Methods, Material and Marking

**Options :**

51245250323. 1

51245250324. 2

51245250325. 3

51245250326. 4

**Question Number : 5 Question Id : 51245215789 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The most important activity of the teacher is

1. Questioning activity
2. Explaining activity
3. Demonstration activity
4. Assignment activity

**Options :**

- 51245250327. 1
- 51245250328. 2
- 51245250329. 3
- 51245250330. 4

**Question Number : 6 Question Id : 51245215790 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Teaching is

1. Classroom centered
2. Teacher centered
3. Student centered
4. Lab centered

**Options :**

- 51245250331. 1
- 51245250332. 2
- 51245250333. 3
- 51245250334. 4

**Question Number : 7 Question Id : 51245215791 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The person associated with theory of Behaviorism is

1. John B. Watson
2. John Piaget
3. George Siemens
4. Stephen Downes

**Options :**

51245250335. 1  
51245250336. 2  
51245250337. 3  
51245250338. 4

**Question Number : 8 Question Id : 51245215792 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The person associated with theory of Cognitivism is

1. John B. Watson
2. John Piaget
3. George Siemens
4. Robert Gagne

**Options :**

51245250339. 1  
51245250340. 2  
51245250341. 3  
51245250342. 4

**Question Number : 9 Question Id : 51245215793 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Relatively permanent change in behavior due to reinforced practice is known as

1. Teaching
2. Guiding
3. Training
4. Learning

**Options :**

51245250343. 1  
51245250344. 2  
51245250345. 3  
51245250346. 4

**Question Number : 10 Question Id : 51245215794 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The percentage of retention rates in learning by doing is

1. 75
2. 90
3. 95
4. 80

**Options :**

51245250347. 1  
51245250348. 2  
51245250349. 3  
51245250350. 4

**Question Number : 11 Question Id : 51245215795 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The factor which is not a personal factor in learning is

1. Motivation
2. Interest
3. Needs
4. Relationship

**Options :**

- 51245250351. 1
- 51245250352. 2
- 51245250353. 3
- 51245250354. 4

**Question Number : 12 Question Id : 51245215796 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

How many types of transfer of learning are there?

1. Three
2. Four
3. Five
4. Six

**Options :**

- 51245250355. 1
- 51245250356. 2
- 51245250357. 3
- 51245250358. 4

**Question Number : 13 Question Id : 51245215797 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The number of laws of learning proposed by E. Thorndike is

1. Two
2. Three
3. Four
4. Five

**Options :**

- 51245250359. 1
- 51245250360. 2
- 51245250361. 3
- 51245250362. 4

**Question Number : 14 Question Id : 51245215798 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The animal used in Thorndike experiment was

1. Cat
2. Pigeon
3. Chimpanzee
4. Rat

**Options :**

- 51245250363. 1
- 51245250364. 2
- 51245250365. 3
- 51245250366. 4

**Question Number : 15 Question Id : 51245215799 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



The Law of Learning which ensures reward is

1. Law of Effect
2. Law of Readiness
3. Law of Practice
4. Law of Insight

**Options :**

- 51245250367. 1
- 51245250368. 2
- 51245250369. 3
- 51245250370. 4

**Question Number : 16 Question Id : 51245215800 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The middle adolescent period is

1. 15 – 18 years
2. 15 – 19 years
3. 15 – 17 years
4. 15 – 16 years

**Options :**

- 51245250371. 1
- 51245250372. 2
- 51245250373. 3
- 51245250374. 4

**Question Number : 17 Question Id : 51245215801 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Personality is

1. a combination of attitude, behavior and competencies of students
2. a combination of attitude, skill and knowledge of students
3. the sum of the physical, cognitive, emotional and social characteristics of students
4. behavior and knowledge

**Options :**

- 51245250375. 1
- 51245250376. 2
- 51245250377. 3
- 51245250378. 4

**Question Number : 18 Question Id : 51245215802 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The correct order of human life is

1. Babyhood, adolescent and adulthood
2. Infancy, babyhood and adolescent
3. Babyhood, infancy and adolescent
4. Infancy, babyhood and adult

**Options :**

- 51245250379. 1
- 51245250380. 2
- 51245250381. 3
- 51245250382. 4

**Question Number : 19 Question Id : 51245215803 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The characteristic which is not part of the physical characteristics is

1. Rapid intense growth
2. Height and weight variation
3. Nutrition deficiency
4. Intelligence

**Options :**

- 51245250383. 1
- 51245250384. 2
- 51245250385. 3
- 51245250386. 4

**Question Number : 20 Question Id : 51245215804 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

According to WHO, the country which has the largest number of malnourished children is

1. India
2. China
3. Sri Lanka
4. Pakistan

**Options :**

- 51245250387. 1
- 51245250388. 2
- 51245250389. 3
- 51245250390. 4

**Question Number : 21 Question Id : 51245215805 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The characteristic which is NOT a physical characteristic is

1. Development of internal organs
2. Increase in height and weight
3. Increased socialization with peers
4. Avoiding nutrition

**Options :**

- 51245250391. 1
- 51245250392. 2
- 51245250393. 3
- 51245250394. 4

**Question Number : 22 Question Id : 51245215806 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The characteristic which is NOT a social characteristic is

1. Interested in recreation and games
2. Increased socialization with peers
3. Self centered attitudes
4. Problem solving abilities

**Options :**

- 51245250395. 1
- 51245250396. 2
- 51245250397. 3
- 51245250398. 4

**Question Number : 23 Question Id : 51245215807 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The number of stages in human life is

1. Six stages
2. Five stages
3. Four stages
4. Three stages

**Options :**

- 51245250399. 1
- 51245250400. 2
- 51245250401. 3
- 51245250402. 4

**Question Number : 24 Question Id : 51245215808 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Bullying is

1. Absenteeism
2. Poor academic performance
3. Skipping classes
4. Hurting/disturbing behaviour

**Options :**

- 51245250403. 1
- 51245250404. 2
- 51245250405. 3
- 51245250406. 4

**Question Number : 25 Question Id : 51245215809 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Emotional fluctuations in adolescence are caused by:

1. Hormonal changes and brain development
2. Body image
3. Lack of confidence
4. Environmental factors

**Options :**

- 51245250407. 1
- 51245250408. 2
- 51245250409. 3
- 51245250410. 4

**Question Number : 26 Question Id : 51245215810 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Adolescence is the

1. Process or state of growing to maturity
2. Process of growing from adulthood to old age
3. Process of getting very old
4. Process or state of growing from infant to child

**Options :**

- 51245250411. 1
- 51245250412. 2
- 51245250413. 3
- 51245250414. 4

**Question Number : 27 Question Id : 51245215811 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The word Adolescence was derived from

1. Latin
2. French
3. Hindi
4. Sanskrit

**Options :**

51245250415. 1  
51245250416. 2  
51245250417. 3  
51245250418. 4

**Question Number : 28 Question Id : 51245215812 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The number of phases in Adolescence is

1. Three
2. Five
3. Four
4. Two

**Options :**

51245250419. 1  
51245250420. 2  
51245250421. 3  
51245250422. 4

**Question Number : 29 Question Id : 51245215813 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The purpose of Kundu Introversion and Extroversion Inventory is

1. To assess the communication style
2. To assess the interests of a person
3. To assess the intelligence of a person
4. To assess the attitude

**Options :**

- 51245250423. 1
- 51245250424. 2
- 51245250425. 3
- 51245250426. 4

**Question Number : 30 Question Id : 51245215814 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Rorschach's projective test was designed to measure

1. Unconscious intentions
2. Dreams
3. Conscious desires
4. Brain Capacity

**Options :**

- 51245250427. 1
- 51245250428. 2
- 51245250429. 3
- 51245250430. 4

**Question Number : 31 Question Id : 51245215815 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



The two components used for standardising a psychological test are

1. Validity and Functionality
2. Functionality and Stability
3. Reliability and Validity
4. Reliability and Modality

**Options :**

- 51245250431. 1
- 51245250432. 2
- 51245250433. 3
- 51245250434. 4

**Question Number : 32 Question Id : 51245215816 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The first and foremost criteria in selection of a psychology test is

1. Who will be tested
2. Stimulus and response demands of the test
3. Content to be tested
4. Standardisation

**Options :**

- 51245250435. 1
- 51245250436. 2
- 51245250437. 3
- 51245250438. 4

**Question Number : 33 Question Id : 51245215817 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

An example of a Group Psychological Test is

1. Rorschach Inkblot test
2. TAT
3. Ravens Progressive Matrices
4. KIEI

**Options :**

- 51245250439. 1
- 51245250440. 2
- 51245250441. 3
- 51245250442. 4

**Question Number : 34 Question Id : 51245215818 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Standardized tests are designed by

1. Classroom Teachers
2. Psychologists
3. School Principals
4. Administrative Staff

**Options :**

- 51245250443. 1
- 51245250444. 2
- 51245250445. 3
- 51245250446. 4

**Question Number : 35 Question Id : 51245215819 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Raven's Progressive Matrices is

1. An intelligence test
2. A multiple intelligence test
3. An EQ test
4. A test for measuring interest

**Options :**

- 51245250447. 1
- 51245250448. 2
- 51245250449. 3
- 51245250450. 4

**Question Number : 36 Question Id : 51245215820 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The purpose of an Interview is

1. To meet people
2. To have a group interaction
3. An opportunity for a potential employer to get to know you in all aspects
4. To know your academic details

**Options :**

- 51245250451. 1
- 51245250452. 2
- 51245250453. 3
- 51245250454. 4

**Question Number : 37 Question Id : 51245215821 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Thematic Apperception Test is

1. To test the aptitude
2. To tests the intelligence
3. To test the psychodynamics of personality
4. To test the interest

**Options :**

- 51245250455. 1
- 51245250456. 2
- 51245250457. 3
- 51245250458. 4

**Question Number : 38 Question Id : 51245215822 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Thematic Apperception Test was developed by

1. Benting
2. Jung
3. Bandura
4. Murray

**Options :**

- 51245250459. 1
- 51245250460. 2
- 51245250461. 3
- 51245250462. 4

**Question Number : 39 Question Id : 51245215823 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The purpose of Rorschach Inkblot test is

1. To examine a person's personality characteristics and emotional functioning
2. To test the mood of an individual
3. To test the interest
4. To test the aptitude

**Options :**

- 51245250463. 1
- 51245250464. 2
- 51245250465. 3
- 51245250466. 4

**Question Number : 40 Question Id : 51245215824 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The number of ink blots in Rorschach inkblots test is

1. 25
2. 20
3. 10
4. 15

**Options :**

- 51245250467. 1
- 51245250468. 2
- 51245250469. 3
- 51245250470. 4

**Question Number : 41 Question Id : 51245215825 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Motivation is the key for

1. Thinking
2. Personality
3. Learning
4. Attitude

**Options :**

- 51245250471. 1
- 51245250472. 2
- 51245250473. 3
- 51245250474. 4

**Question Number : 42 Question Id : 51245215826 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The motivation concerned with high standards of academic excellence is

1. Social
2. Achievement
3. Physiological
4. Psychological

**Options :**

- 51245250475. 1
- 51245250476. 2
- 51245250477. 3
- 51245250478. 4

**Question Number : 43 Question Id : 51245215827 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The three types of needs according to David McClelland are

1. Need for Love, Need for Money, Need for Affection
2. Need for Basics, Need for Power, Need for Authority
3. Need for Achievement, Need for Affiliation, Need for Power
4. Need for Love, Need for Power, Need for Affiliation

**Options :**

- 51245250479. 1
- 51245250480. 2
- 51245250481. 3
- 51245250482. 4

**Question Number : 44 Question Id : 51245215828 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The most important demotivator in the classroom is

1. Peers
2. Negative feedback by teacher
3. Fast speed of instruction
4. Content that is not relevant nor useful

**Options :**

- 51245250483. 1
- 51245250484. 2
- 51245250485. 3
- 51245250486. 4

**Question Number : 45 Question Id : 51245215829 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The most important motivator for students in the classroom is

1. Giving all the notes in class and spoon feeding students
2. Congenial atmosphere
3. Giving lots of assignments to students
4. Using technology

**Options :**

- 51245250487. 1
- 51245250488. 2
- 51245250489. 3
- 51245250490. 4

**Question Number : 46 Question Id : 51245215830 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The four C's a teacher can give to motivate students are

1. Character, Courage, Communication and Connection
2. Connection, Count of knowledge, Curiosity and Consistency
3. Connection, Capability, Count of knowledge and Courage
4. Character, Capacity, Communication and Consistency

**Options :**

- 51245250491. 1
- 51245250492. 2
- 51245250493. 3
- 51245250494. 4

**Question Number : 47 Question Id : 51245215831 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



The sign of low self-esteem is

1. Social withdrawal
2. Anger
3. Physical symptoms
4. Hurtful

**Options :**

- 51245250495. 1
- 51245250496. 2
- 51245250497. 3
- 51245250498. 4

**Question Number : 48 Question Id : 51245215832 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The grades define

1. Learning of a subject with interest
2. The memory of an individual
3. The personality of an individual
4. Attitude of the person

**Options :**

- 51245250499. 1
- 51245250500. 2
- 51245250501. 3
- 51245250502. 4

**Question Number : 49 Question Id : 51245215833 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The type of motivation that is associated with activities that are rewarding or satisfying by themselves is

1. State motivation
2. Extrinsic motivation
3. Trait motivation
4. Intrinsic motivation

**Options :**

- 51245250503. 1
- 51245250504. 2
- 51245250505. 3
- 51245250506. 4

**Question Number : 50 Question Id : 51245215834 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The components of Maslow's theory of motivation are

1. Four categories of needs: physiological, psychological, safety and compassion
2. Four basic components: love, self-esteem, relationship and finance
3. Five categories of needs: physiological, safety, love, esteem and self-actualization
4. Five categories of needs: psychological, physiological, safety, emotion and esteem

**Options :**

- 51245250507. 1
- 51245250508. 2
- 51245250509. 3
- 51245250510. 4

**Question Number : 51 Question Id : 51245215835 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Self-actualization refers to

1. The need for personal growth and development throughout one's life
2. An individual's ability of the immune system to distinguish self from oneself
3. Refers to a person's overall sense of fulfilment and self-worth or personal value
4. Self esteem

**Options :**

- 51245250511. 1
- 51245250512. 2
- 51245250513. 3
- 51245250514. 4

**Question Number : 52 Question Id : 51245215836 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The most effective motivational feedback incentives by teachers are those

1. About a student's overall progress
2. About a student's specific progress
3. Given infrequently
4. Given frequently

**Options :**

- 51245250515. 1
- 51245250516. 2
- 51245250517. 3
- 51245250518. 4

**Question Number : 53 Question Id : 51245215837 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Drinking water

1. Increases blood content
2. Improves water level
3. Removes toxins
4. Cleans the stomach

**Options :**

- 51245250519. 1
- 51245250520. 2
- 51245250521. 3
- 51245250522. 4

**Question Number : 54 Question Id : 51245215838 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Most important nutrition advice for teens of today is to

1. Skip dinner
2. Undergo fasting
3. Take foods rich in calcium, vitamins and minerals
4. Skip meals

**Options :**

- 51245250523. 1
- 51245250524. 2
- 51245250525. 3
- 51245250526. 4

**Question Number : 55 Question Id : 51245215839 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Power Lunch should consist of

1. Fruits
2. Nuts
3. Rice
4. Proteins

**Options :**

- 51245250527. 1
- 51245250528. 2
- 51245250529. 3
- 51245250530. 4

**Question Number : 56 Question Id : 51245215840 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The founding father of stress is

1. Sigmund Freud
2. Eric Berne
3. Carl Jung
4. Hans Selye

**Options :**

- 51245250531. 1
- 51245250532. 2
- 51245250533. 3
- 51245250534. 4

**Question Number : 57 Question Id : 51245215841 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Eustress is

1. Positive stress
2. Negative stress
3. External stress
4. Internal stress

**Options :**

- 51245250535. 1
- 51245250536. 2
- 51245250537. 3
- 51245250538. 4

**Question Number : 58 Question Id : 51245215842 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

High stress is closely related to

1. Kidney
2. Heart
3. Skin
4. Nerves

**Options :**

- 51245250539. 1
- 51245250540. 2
- 51245250541. 3
- 51245250542. 4

**Question Number : 59 Question Id : 51245215843 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Parents should

1. Hear Adolescent
2. Discipline Adolescent
3. Monitor Adolescent
4. Punish Adolescent

**Options :**

- 51245250543. 1
- 51245250544. 2
- 51245250545. 3
- 51245250546. 4

**Question Number : 60 Question Id : 51245215844 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Anorexia Nervosa, a type of eating disorder, is predominant in

1. Girls
2. Boys
3. Senior citizens
4. Infants

**Options :**

- 51245250547. 1
- 51245250548. 2
- 51245250549. 3
- 51245250550. 4

**Question Number : 61 Question Id : 51245215845 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Resilience means

1. Being creative
2. Being quiet and calm
3. Bouncing back
4. Being spiritual

**Options :**

- 51245250551. 1
- 51245250552. 2
- 51245250553. 3
- 51245250554. 4

**Question Number : 62 Question Id : 51245215846 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Adults should be

1. Disciplinarian
2. Authoritative
3. Strict
4. Role model

**Options :**

- 51245250555. 1
- 51245250556. 2
- 51245250557. 3
- 51245250558. 4

**Question Number : 63 Question Id : 51245215847 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



Early maturation is

1. Positive for boys and girls
2. Negative for boys and girls
3. Positive for boys and negative for girls
4. Negative for boys and positive for girls

**Options :**

- 51245250559. 1
- 51245250560. 2
- 51245250561. 3
- 51245250562. 4

**Question Number : 64 Question Id : 51245215848 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Time Management is about

1. Spending time
2. Saving time
3. Wasting time
4. Worrying about time

**Options :**

- 51245250563. 1
- 51245250564. 2
- 51245250565. 3
- 51245250566. 4

**Question Number : 65 Question Id : 51245215849 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The most desirable ego state is

1. Parent
2. Adult
3. Child
4. Infant

**Options :**

51245250567. 1  
51245250568. 2  
51245250569. 3  
51245250570. 4

**Question Number : 66 Question Id : 51245215850 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The tool used for drawing ego states is

1. Histogram
2. Bar diagram
3. Ego gram
4. Cartogram

**Options :**

51245250571. 1  
51245250572. 2  
51245250573. 3  
51245250574. 4

**Question Number : 67 Question Id : 51245215851 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The ego state for keeping people happy is

1. Adult
2. Free child
3. Natural child
4. Adapted child

**Options :**

- 51245250575. 1
- 51245250576. 2
- 51245250577. 3
- 51245250578. 4

**Question Number : 68 Question Id : 51245215852 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The word "Emotional Intelligence" was popularised by

1. Joel Robert
2. Michael Beldoch
3. Daniel Goleman
4. Tony Robbins

**Options :**

- 51245250579. 1
- 51245250580. 2
- 51245250581. 3
- 51245250582. 4

**Question Number : 69 Question Id : 51245215853 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The organ responsible for emotions in our body is

1. Heart
2. Kidney
3. Stomach
4. Amygdala

**Options :**

- 51245250583. 1
- 51245250584. 2
- 51245250585. 3
- 51245250586. 4

**Question Number : 70 Question Id : 51245215854 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Emotional Intelligence is a combination of

1. Inter personal and Intra personal Intelligence
2. Visual and Kinaesthetic Intelligence
3. Inter personal and Social Intelligence
4. Visual and Auditory Intelligence

**Options :**

- 51245250587. 1
- 51245250588. 2
- 51245250589. 3
- 51245250590. 4

**Question Number : 71 Question Id : 51245215855 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Emotional Intelligence is made of

1. Two core skills
2. Three core skills
3. Four core skills
4. Five core skills

**Options :**

- 51245250591. 1
- 51245250592. 2
- 51245250593. 3
- 51245250594. 4

**Question Number : 72 Question Id : 51245215856 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Empathy means

1. Understanding self
2. Understanding the concept
3. Understanding others
4. Understanding colleagues

**Options :**

- 51245250595. 1
- 51245250596. 2
- 51245250597. 3
- 51245250598. 4

**Question Number : 73 Question Id : 51245215857 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Transactional Analysis was developed by

1. Eric Berne
2. Freud
3. Harris
4. Jung

**Options :**

- 51245250599. 1
- 51245250600. 2
- 51245250601. 3
- 51245250602. 4

**Question Number : 74 Question Id : 51245215858 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Stamps in Transactional Analysis means

1. Agreement stamp
2. Behavioural stamp
3. Transaction stamp
4. Interaction stamp

**Options :**

- 51245250603. 1
- 51245250604. 2
- 51245250605. 3
- 51245250606. 4

**Question Number : 75 Question Id : 51245215859 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The ability to know one's emotion is termed as

1. Motivation
2. Self awareness
3. Empathy
4. Social skill

**Options :**

51245250607. 1  
51245250608. 2  
51245250609. 3  
51245250610. 4

**Question Number : 76 Question Id : 51245215860 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The ability of considering other's feelings is

1. Motivation
2. Self Awareness
3. Empathy
4. Social Skill

**Options :**

51245250611. 1  
51245250612. 2  
51245250613. 3  
51245250614. 4

**Question Number : 77 Question Id : 51245215861 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

NLP stands for

1. Neuro-linguistic programming
2. Normal language planning
3. Normal linguistic performance
4. Neuro-linguistic planning

**Options :**

- 51245250615. 1
- 51245250616. 2
- 51245250617. 3
- 51245250618. 4

**Question Number : 78 Question Id : 51245215862 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The founders of NLP are

1. Louise Hay & Anthony Robbins
2. Doreen Virtue & Louise Hay
3. John Grinder & Richard Bandler
4. Virginia Satir & Milton Erickson

**Options :**

- 51245250619. 1
- 51245250620. 2
- 51245250621. 3
- 51245250622. 4

**Question Number : 79 Question Id : 51245215863 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



Sub conscious mind is

1. a reservoir of thoughts and memories
2. information that is consciously accessible
3. less powerful than the conscious mind
4. the same as short term memory

**Options :**

- 51245250623. 1
- 51245250624. 2
- 51245250625. 3
- 51245250626. 4

**Question Number : 80 Question Id : 51245215864 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The percentage of conscious and subconscious mind in an individual is

1. 10% and 90%
2. 20% and 80%
3. 80% and 20%
4. 90% and 10%

**Options :**

- 51245250627. 1
- 51245250628. 2
- 51245250629. 3
- 51245250630. 4

**Question Number : 81 Question Id : 51245215865 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

NLP Presuppositions are

1. General beliefs underlying a system
2. Superstitious beliefs
3. Statements in the NLP world
4. Thoughts by Bandler

**Options :**

- 51245250631. 1
- 51245250632. 2
- 51245250633. 3
- 51245250634. 4

**Question Number : 82 Question Id : 51245215866 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Representational systems in NLP

1. are VAKOG
2. are only V, A and K
3. vary from country to country
4. vary from person to person

**Options :**

- 51245250635. 1
- 51245250636. 2
- 51245250637. 3
- 51245250638. 4

**Question Number : 83 Question Id : 51245215867 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

NLP Modelling is

1. Recreating excellence
2. Duplication
3. Trial & error
4. Imitation

**Options :**

- 51245250639. 1
- 51245250640. 2
- 51245250641. 3
- 51245250642. 4

**Question Number : 84 Question Id : 51245215868 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The brain in process is called

1. Learning
2. Mind
3. Cognition
4. Intellect

**Options :**

- 51245250643. 1
- 51245250644. 2
- 51245250645. 3
- 51245250646. 4

**Question Number : 85 Question Id : 51245215869 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Brightness is associated with

1. Auditory sub modality
2. Visual sub modality
3. Kinesthetic sub modality
4. Gustatory sub modality

**Options :**

- 51245250647. 1
- 51245250648. 2
- 51245250649. 3
- 51245250650. 4

**Question Number : 86 Question Id : 51245215870 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Fast Phobia Cure helps

1. In eradicating procrastination
2. To get over fears
3. In removal of skin allergy
4. To improve performance

**Options :**

- 51245250651. 1
- 51245250652. 2
- 51245250653. 3
- 51245250654. 4

**Question Number : 87 Question Id : 51245215871 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

When we talk to someone, the percentage of our message that comes across via our body language is

1. 10%
2. 55%
3. 80%
4. 90%

**Options :**

- 51245250655. 1
- 51245250656. 2
- 51245250657. 3
- 51245250658. 4

**Question Number : 88 Question Id : 51245215872 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Circle of Excellence is used

1. To solve problems
2. To get into a resourceful state
3. To motivate a group
4. To become a leader

**Options :**

- 51245250659. 1
- 51245250660. 2
- 51245250661. 3
- 51245250662. 4

**Question Number : 89 Question Id : 51245215873 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Providing alternative choices to individual is known as

1. Counselling
2. Guidance
3. Behaviour
4. Support

**Options :**

- 51245250663. 1
- 51245250664. 2
- 51245250665. 3
- 51245250666. 4

**Question Number : 90 Question Id : 51245215874 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Before, you start counseling, you should

1. Dress Well
2. Prepare Well
3. Mock Practice
4. Clear your own Stuff/Issues

**Options :**

- 51245250667. 1
- 51245250668. 2
- 51245250669. 3
- 51245250670. 4

**Question Number : 91 Question Id : 51245215875 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The specific problem behaviour of students can be dealt by

1. Teachers
2. Principal
3. Parents
4. Trained Counselors

**Options :**

- 51245250671. 1
- 51245250672. 2
- 51245250673. 3
- 51245250674. 4

**Question Number : 92 Question Id : 51245215876 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Reflection of feelings means

1. Talk by the student
2. Questioning by the Teacher-counsellor
3. Expression of the problem by the counsellor
4. Expression of feelings by the counsellor

**Options :**

- 51245250675. 1
- 51245250676. 2
- 51245250677. 3
- 51245250678. 4

**Question Number : 93 Question Id : 51245215877 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Placebo effect

1. Lowers stress level of student
2. Increases stress level of student
3. Lowers stress level of counselor
4. Increases stress level of counselor

**Options :**

- 51245250679. 1
- 51245250680. 2
- 51245250681. 3
- 51245250682. 4

**Question Number : 94 Question Id : 51245215878 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Empathy involves

1. Feeling sorry for someone
2. Putting others before yourself
3. Putting yourself in someone else's position
4. To improve performance

**Options :**

- 51245250683. 1
- 51245250684. 2
- 51245250685. 3
- 51245250686. 4

**Question Number : 95 Question Id : 51245215879 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**



One of the major aims of student counselling is to

1. Empower the student
2. Advise the student
3. Judge the student
4. Teach the student

**Options :**

- 51245250687. 1
- 51245250688. 2
- 51245250689. 3
- 51245250690. 4

**Question Number : 96 Question Id : 51245215880 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

All theories of counselling believe that in counselling process, the client should be a

1. Voluntary participant
2. Submissive recipient
3. Appreciative participant
4. Silent participant

**Options :**

- 51245250691. 1
- 51245250692. 2
- 51245250693. 3
- 51245250694. 4

**Question Number : 97 Question Id : 51245215881 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The professional help to the students is referred to as

1. Advice
2. Support
3. Direction
4. Counselling

**Options :**

- 51245250695. 1
- 51245250696. 2
- 51245250697. 3
- 51245250698. 4

**Question Number : 98 Question Id : 51245215882 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

The major task of the professional counselling for the students is to

1. Control their behaviour
2. Punish their behaviour
3. Modify their behaviour
4. Reward their behaviour

**Options :**

- 51245250699. 1
- 51245250700. 2
- 51245250701. 3
- 51245250702. 4

**Question Number : 99 Question Id : 51245215883 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

During the process of counseling, nodding the head in agreement and sympathizing is

1. Agreeing
2. Empathetic resonance
3. Listening
4. Accepting

**Options :**

- 51245250703. 1
- 51245250704. 2
- 51245250705. 3
- 51245250706. 4

**Question Number : 100 Question Id : 51245215884 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 1 Wrong Marks : 0**

Paraphrasing in counseling means

1. Repeating the statements as it is
2. Restating the content but not in exact words
3. Communicating the problem
4. Understanding the problem

**Options :**

- 51245250707. 1
- 51245250708. 2
- 51245250709. 3
- 51245250710. 4