

Section 1 - General Awareness

1) In which state of India the Chipko Movement started?

- A) Rajasthan
 - B) Madhya Pradesh
 - C) Uttarakhand
 - D) Himachal Pradesh
-

2) Who is known as the Lady with a lamp?

- A) Florence Nightingale
 - B) Sarojini Naidu
 - C) Mother Teresa
 - D) Madame Curie
-

3) Who is the first Prime Minister of India?

- A) Lal Bahadur Shastri
 - B) Jawaharlal Nehru
 - C) Indira Gandhi
 - D) Morarji Desai
-

4) What is the national fruit of India?

- A) Guava
 - B) Mango
 - C) Apple
 - D) Black plum
-

5) Indira Gandhi was assassinated in

- A) 1974
 - B) 1984
 - C) 1994
 - D) 2004
-

6) Maximum amount of gas found in air is

- A) Oxygen
- B) Carbon dioxide
- C) Hydrogen
- D) Nitrogen

7) What is the full of HDFC?

- A) Housing Development Finance Corporation
 - B) Home Development Finance Corporation
 - C) Housing Debit Finance Corporation
 - D) Housing Development Finance Collection
-

8) Who is called the "Flying Sikh of India"?

- A) Ajit Pal Singh
 - B) Milkha Singh
 - C) Ajmer Singh
 - D) Dalip Singh
-

9) The largest cantilever bridge of India is

- A) Chambal Bridge
 - B) Mahatama Gandhi Setu
 - C) Howrah Bridge
 - D) None of the above
-

10) Which part of plant evaporates water?

- A) Stomata
 - B) Fruit
 - C) Branch
 - D) Root
-

11) Excessive bleeding from an injury is due to deficiency of

- A) Vitamin A
 - B) Vitamin B
 - C) Vitamin K
 - D) Vitamin E
-

12) Where is the largest river island located?

- A) Brahmaputra, Assam
- B) Amazon, Brazil
- C) Nongkhnum, Meghalaya
- D) Bananal, Brazil

13) The function of hemoglobin is

- A) Transportation of oxygen
 - B) Destruction of bacteria
 - C) Prevention of anemia
 - D) Utilization of energy
-

14) Who is the current Sports Minister in India?

- A) Anurag Thakur
 - B) Anuroop Thakur
 - C) Anukul Thakur
 - D) Ajay Thakur
-

15) Deficiency of iron causes which disease

- A) Anemia
 - B) Kwashiorkor
 - C) Diabetes
 - D) Hypocalcaemia
-

16) The scientist who first discovered that the earth revolves round the sun was

- A) Newton
 - B) Galileo
 - C) Copernicus
 - D) Einstein
-

17) Study of earthquakes is known as

- A) ecology
 - B) seismology
 - C) numismatics
 - D) None of the above
-

18) The number of chromosomes in human body is

- A) 42
- B) 44
- C) 46
- D) 48

19) The national flag was adopted by the Constituent Assembly of India on

- A) August 15, 1947
 - B) July 22, 1947
 - C) January 26, 1950
 - D) January 2, 1950
-

20) Who is the current President of India?

- A) Pranab Kumar Mukherjee
- B) Ram Nath Kovind
- C) Kocheril Raman Narayanan
- D) Pratibha Devisingh Patil

Section 2 - English Comprehension

21) "She was wearing beautiful earrings"
The word "beautiful" is

- A) adjective
 - B) adverb
 - C) noun
 - D) verb
-

22) He bought the books and put _____ in the bag.

- A) it
 - B) them
 - C) those
 - D) him
-

23) _____ President of the United States of America lives in The White house.

- A) A
 - B) The
 - C) That
 - D) An
-

24) Those are the _____ curtains in the store.

- A) Fanciest
 - B) most fanciest
 - C) very fanciest
 - D) fancier
-

25) The island is so small that there are only five houses _____ it.

- A) on
- B) in
- C) at
- D) to

26) He _____ catch the first train tonight

- A) is to
 - B) was to have
 - C) is to have
 - D) will has
-

27) I have been _____ (try) to bake a perfect cake since morning.

- A) tries
 - B) try
 - C) trying
 - D) tried
-

28) What is the synonym of "spontaneous"?

- A) Unforced
 - B) intentional
 - C) slow
 - D) fast
-

29) "Meena _____ on the stage."

Choose the correct form of verb from the following:

- A) dance
 - B) dances
 - C) dancing
 - D) None of the above
-

30) Somebody invited me, _____

- A) did they?
 - B) didn't they?
 - C) don't they
 - D) does they?
-

31) _____ honest person is better than all the riches of the world.

- A) A
 - B) An
 - C) The
 - D) None of the above
-

32) She walks slowly.
The word slowly is:

- A) adjective
 - B) adverb
 - C) verb
 - D) noun
-

33) She expects that her son_____

- A) can return
 - B) may return
 - C) should return
 - D) could return
-

34) She advised that I _____curtail expenditure.

- A) should
 - B) shall
 - C) should have
 - D) will
-

35) When you phoned, I _____ a shower.

- A) was having
 - B) am having
 - C) had
 - D) have
-

36) He is still trying to get_____ the financial crisis.

- A) on
 - B) over
 - C) off
 - D) in
-

37) She _____ me since 2004

- A) knows
 - B) has known
 - C) knew
 - D) is know
-

38) Which one of the following is the antonym of the word "trivial"?

- A) significant
 - B) worthless
 - C) insignificant
 - D) pure
-

39) Which word is the material noun?
"Does wood sink in water?"

- A) does
 - B) wood
 - C) sink
 - D) in
-

40) He was_____ by a snake.

- A) bitten
- B) bite
- C) bit
- D) bitted

Section 3 - Sports Specific General Knowledge

41) When Khelo India Scheme was started?

- A) January, 2018
 - B) January, 2019
 - C) April, 2020
 - D) April, 2021
-

42) The Olympic Flame, was, for the first time, ceremonially lighted and burnt in a giant torch at the entrance of the stadium at

- A) Athens Games (1896)
 - B) London Games (1908)
 - C) Paris Games (1924)
 - D) Amsterdam Games (1928)
-

43) Who is the current Vice Chancellor of National Sports University, Manipur

- A) N. Biren Singh
 - B) Najma Heptulla
 - C) Kiren Rijiju
 - D) R. Mishra
-

44) Which Indian-American tennis player has created history by winning the junior championship title at Wimbledon?

- A) Sanjeet Verma
 - B) Samir Banerjee
 - C) Abhimanyu Sharma
 - D) Sanjay Mathur
-

45) Ngangom Dingku Singh, the gold medalist of the Bangkok Asian Games 1998, is associated with which game?

- A) Weight Lifting
- B) Boxing
- C) Wrestling
- D) Shooting

46) Which one is the oldest football competition in India

- A) Rovers Cup
 - B) Durand Cup
 - C) Federation Cup
 - D) IFA Shield
-

47) Which body is implementing the 'Believe in Sports' campaign

- A) NABA
 - B) WADA
 - C) IOC
 - D) SAI
-

48) Which country is to play host to the FIFA world cup 2022?

- A) France
 - B) Qatar
 - C) Brazil
 - D) Japan
-

49) Who has been named the flag bearer of the Indian Contingent in Tokyo Paralympic 2020?

- A) Sundar Singh Gurjar
 - B) Varun Singh Bhakti
 - C) DevandarJhajharia
 - D) MariyappamThangavelu
-

50) Who is the current president of Indian Olympic Association?

- A) Dr. NarinderDhruvBatra
 - B) PramodChandurkar
 - C) Arjun Munda
 - D) Adille J. Sumariwalla
-

51) Who has become First-ever Indian Taekwondo Athlete to Qualify for Tokyo Paralympics?

- A) ArunaTanwar
- B) Tarun Dhillon
- C) Pramod Bhagat
- D) Krishna Nagar

52) Who is the winner of the 2021 Wimbledon women's singles title in Tennis?

- A) Simona Halep
 - B) Sofia Kenin
 - C) Karolina Pliskova
 - D) Ashleigh Barty
-

53) Who has won the Rajiv Gandhi Khel Ratna Award, 2020 in wrestling?

- A) Sakshi Malik
 - B) Mirabai Chanu
 - C) Vinesh Phogat
 - D) None of the above
-

54) The five interlinked rings of different colors of the Olympic flag reflects _____

- A) Brotherhood of mankind
 - B) International Cooperation
 - C) Globalization
 - D) Unity of the world
-

55) When did India first participate in Olympic?

- A) 1912
 - B) 1908
 - C) 1904
 - D) 1900
-

56) The term which denotes that each side has made equal point at game point, in Tennis, is referred to as

- A) baseline
 - B) deuce
 - C) fault
 - D) grand slam
-

57) Where did 2010 Commonwealth Games took place?

- A) Beijing, Chin
- B) Kuala Lumpur, Malaysia
- C) Victoria, Canada
- D) New Delhi, India

58) The state which declared 1995-1996 as the Hockey year is

- A) Punjab
 - B) Gujarat
 - C) Tamil Nadu
 - D) New Delhi
-

59) The first Khelo India sports school of the North-East India, is situated in which city?

- A) Shillong
 - B) Imphal
 - C) Guwahati
 - D) Gangtok
-

60) Velodrome is an arena for which sporting event?

- A) Lawn Tennis
 - B) Ice Hockey
 - C) Track Cycling
 - D) Formula 1 Racing
-

61) In which year the Olympic medals made of pure gold was last awarded

- A) 1912
 - B) 1920
 - C) 1936
 - D) 1948
-

62) Where was first Khelo India University Games held?

- A) Pune, Maharashtra
 - B) Imphal, Manipur
 - C) Patiala, Punjab
 - D) Cuttack, Orisha
-

63) India First won the Olympic Hockey Gold at

- A) London
- B) Amsterdam
- C) Berlin
- D) Rome

64) Who was the first Indian woman to win a medal in the Olympics?

- A) P.T.Usha
 - B) KarnamMalleshwari
 - C) Kunjarani Devi
 - D) Bachendri Pal
-

65) Which team is the winner UEFA European Football Championship, 2020?

- A) Italy
 - B) England
 - C) Argentina
 - D) Portugal
-

66) Who was the first Indian to win an individual Gold medal in Olympics?

- A) Milkha Singh
 - B) P.T.Usha
 - C) Abhinav Bindra
 - D) K.Jadhav
-

67) Which of the following trophy is not related to Cricket in India?

- A) Syed Mushtaq Ali Trophy
 - B) Deodhar Trophy
 - C) Santosh Trophy
 - D) Duleep Trophy
-

68) In which weight category, Saikhom Mirabai Chanu won Silver medal in weightlifting in Tokyo Olympics 2020?

- A) Women's 45 kg
 - B) Women's 49 kg
 - C) Women's 55 kg
 - D) Women's 59 kg
-

69) Himanta Biswas Sarma has been elected as the member of the council of which world sports federation?

- A) FIFA
- B) United World Wrestling
- C) Badminton World Federation
- D) World Athletics

70) Olympic emblem is composed of five intertwined rings, each of a different colour, representing the five continents of the world as

- A) Blue ring - Europe; Yellow ring - Asia; Black ring - Africa; Red ring- America; Green ring - Oceania
- B) Blue ring - Asia; Yellow ring - Europe; Black ring - Oceania; RedRing- Africa; Green ring - America
- C) Blue ring - Europe; Yellow ring - Asia; Black ring - Africa; Red ring- Oceania; Green ring - America
- D) Blue ring - Asia; Yellow ring - Europe; Black ring - Africa; Red ring- America; Green ring – Oceania

Section 4 - Specialized Sports

71) In which year women's boxing made its debut at the Olympic Games?

- A) Sydney 2000
 - B) Athens 2004
 - C) Beijing 2008
 - D) London 2012
-

72) Which of the following is not a criterion for scoring in Boxing?

- A) Number of quality blows on target area
 - B) Domination of the Bout
 - C) Competitiveness
 - D) Number of illegal blows on target area
-

73) Which type of punch in boxing is comprised of an upward blow from the direction of your toes?

- A) Hook
 - B) Jab
 - C) Cross
 - D) Uppercut
-

74) Where is a boxer not supposed to hit?

- A) On mouth
 - B) Nose
 - C) Back
 - D) Chest
-

75) How many weight categories are there in Junior Boys and Girls Boxers?

- A) 13
 - B) 10
 - C) 11
 - D) 14
-

76) On which command of Referee, bout begins?

- A) Start
 - B) Box
 - C) Begin
 - D) None of the above
-

77) Which action proceeds on the command of "Break"?

- A) Entering the ring
 - B) Breaking a clinch
 - C) Stopping a bout
 - D) Stopping a round
-

78) Who is the first Boxer to win a medal in Olympic Games for India?

- A) Vijender Singh
 - B) Akhil Kumar
 - C) M C Mary Kom
 - D) Jitender Singh
-

79) When will the command "Time" be used?

- A) For stopping the bout
 - B) For giving warning
 - C) The temporary stoppage is longer than 10 seconds
 - D) For giving caution
-

80) Which of the following boxers has not received Rajiv Gandhi Khel Ratna award?

- A) M.Mary Kom
 - B) Vijender Singh
 - C) Akhil Kumar
 - D) None of the Above
-

81) What will be the decision when referee stops a bout if a boxer is being outclassed?

- A) Win by abandon
 - B) RSC
 - C) Split decision
 - D) Unanimous decision
-

82) The red colored corners in Boxing are-

- A) In the near left side corner facing towards the main jury
- B) In the far-right side corner facing towards the main jury
- C) In the far-left side corner facing towards the main jury
- D) Neutral corners

83) How many weight categories are there in Elite Men Boxers?

- A) 10
 - B) 11
 - C) 13
 - D) 14
-

84) What happens in the decision "Win by abandon"?

- A) A boxer quits a bout voluntarily
 - B) A boxer quits a bout because of injury or fails to resume after a round break
 - C) The boxer with the most points wins
 - D) A boxer cannot resume fighting before the 10 count
-

85) The full form of AIBA is:

- A) Indian Boxing Association
 - B) World Boxing Association
 - C) International Boxing Association
 - D) World Boxing Council
-

86) A Boxer is considered to be knocked down due to a legal blow if:

- A) Any part of the body other than the feet touch the floor
 - B) A boxer is hanging on the ropes
 - C) The Boxer is standing but semiconscious and not fit to continue
 - D) All of the above
-

87) Which of the following is not correct?

- A) Hitting after the bell is foul
 - B) Hitting below the belt is foul
 - C) Hitting with the fist is foul
 - D) Hitting with shoulder is foul
-

88) What does "TKO" stand for?

- A) Technical knockout
- B) Total knockout
- C) Tentative knockout
- D) Two kicks only

89) When the judges are not unanimous on the winner of a bout, what is the result called?

- A) Draw
 - B) Technical victory
 - C) Minor decision
 - D) Split decision
-

90) Who was the first Indian boxer to claim an Asian Games gold medal?

- A) Padam Bahadur Mall
 - B) Mohammed Ali Qamar
 - C) Hawa Singh
 - D) Dingko Singh
-

91) On receiving a warning by a boxer-

- A) The total score of the Boxer will be reduced by one (1) point per Judge
 - B) The total score of the Boxer will be reduced by two (2) point per Judge
 - C) Three (3) points will be reduced
 - D) None of the above
-

92) The first Men's World Boxing Championships held in year-

- A) 1974
 - B) 1991
 - C) 2001
 - D) 2008
-

93) Which of the following boxers has not received Arjuna Award?

- A) Mehatab Singh
 - B) Kavinder Singh Bisht
 - C) Dharmendra Singh Yadav
 - D) Manish Kaushik
-

94) Which of the following weight category is named recently?

- A) Bantamweight
- B) Minimumweight
- C) Lightweight
- D) Heavyweight

95) Who is the President of Boxing Federation of India?

- A) Shri Abhay Singh Chautala
 - B) Shri Ramavtar Singh Jakhar
 - C) Shri Ajay Singh
 - D) Shri Rakesh Thakran
-

96) After a third warning, Boxer is:

- A) Allowed to Box again
 - B) Given a Caution
 - C) Given Fourth warning
 - D) Disqualified
-

97) In accordance with the International Boxing Federation, age of Elite Boxers (Men and Women) should be in between-

- A) 12 and 14 years
 - B) 15 and 16 years
 - C) 17 and 18 years
 - D) 19 and 40 years
-

98) Who is the Indian boxing's first Commonwealth Games gold-medallist?

- A) Akhil Kumar
 - B) Mohammed Ali Qamar
 - C) Vikas Krishnan
 - D) Amit Panghal
-

99) What should be the weight of gloves to be used for 69 kg weight category to 91+ kg weight category in elite men's competitions?

- A) 8 ounces
 - B) 10 ounces
 - C) 12 ounces
 - D) 16 ounces
-

100) Which of the following is the heaviest weight class?

- A) Lightweight
- B) Bantamweight
- C) Featherweight
- D) Welterweight