

Section 1 - General Awareness

1) Indira Gandhi was assassinated in

- A) 1974
 - B) 1984
 - C) 1994
 - D) 2004
-

2) Where is the largest river island located?

- A) Brahmaputra, Assam
 - B) Amazon, Brazil
 - C) Nongkhnum, Meghalaya
 - D) Bananal, Brazil
-

3) The function of hemoglobin is

- A) Transportation of oxygen
 - B) Destruction of bacteria
 - C) Prevention of anemia
 - D) Utilization of energy
-

4) What is the national fruit of India?

- A) Guava
 - B) Mango
 - C) Apple
 - D) Black plum
-

5) The largest cantilever bridge of India is

- A) Chambal Bridge
- B) Mahatama Gandhi Setu
- C) Howrah Bridge
- D) None of the above

6) Maximum amount of gas found in air is

- A) Oxygen
 - B) Carbon dioxide
 - C) Hydrogen
 - D) Nitrogen
-

7) What is the full form of HDFC?

- A) Housing Development Finance Corporation
 - B) Home Development Finance Corporation
 - C) Housing Debit Finance Corporation
 - D) Housing Development Finance Collection
-

8) Who is known as the Lady with a lamp?

- A) Florence Nightingale
 - B) Sarojini Naidu
 - C) Mother Teresa
 - D) Madame Curie
-

9) Who is the first Prime Minister of India?

- A) Lal Bahadur Shastri
 - B) Jawaharlal Nehru
 - C) Indira Gandhi
 - D) Morarji Desai
-

10) Who is the current Sports Minister in India?

- A) Anurag Thakur
 - B) Anuroop Thakur
 - C) Anukul Thakur
 - D) Ajay Thakur
-

11) The national flag was adopted by the Constituent Assembly of India on

- A) August 15, 1947
- B) July 22, 1947
- C) January 26, 1950
- D) January 2, 1950

12) The number of chromosomes in human body is

- A) 42
 - B) 44
 - C) 46
 - D) 48
-

13) Excessive bleeding from an injury is due to deficiency of

- A) Vitamin A
 - B) Vitamin B
 - C) Vitamin K
 - D) Vitamin E
-

14) Who is the current President of India?

- A) Pranab Kumar Mukherjee
 - B) Ram Nath Kovind
 - C) Kocheril Raman Narayanan
 - D) Pratibha Devisingh Patil
-

15) In which state of India the Chipko Movement started?

- A) Rajasthan
 - B) Madhya Pradesh
 - C) Uttarakhand
 - D) Himachal Pradesh
-

16) Study of earthquakes is known as

- A) ecology
 - B) seismology
 - C) numismatics
 - D) None of the above
-

17) Which part of plant evaporates water?

- A) Stomata
 - B) Fruit
 - C) Branch
 - D) Root
-

18) The scientist who first discovered that the earth revolves round the sun was

- A) Newton
 - B) Galileo
 - C) Copernicus
 - D) Einstein
-

19) Who is called the "Flying Sikh of India"?

- A) Ajit Pal Singh
 - B) Milkha Singh
 - C) Ajmer Singh
 - D) Dalip Singh
-

20) Deficiency of iron causes which disease

- A) Anemia
- B) Kwashiorkor
- C) Diabetes
- D) Hypocalcaemia

Section 2 - English Comprehension

21) I have been _____ (try) to bake a perfect cake since morning.

- A) tries
 - B) try
 - C) trying
 - D) tried
-

22) He _____ catch the first train tonight

- A) is to
 - B) was to have
 - C) is to have
 - D) will has
-

23) Somebody invited me, _____

- A) did they?
 - B) didn't they?
 - C) don't they
 - D) does they?
-

24) _____ President of the United States of America lives in The White house.

- A) A
 - B) The
 - C) That
 - D) An
-

25) When you phoned, I _____ a shower.

- A) was having
- B) am having
- C) had
- D) have

26) _____honest person is better than all the riches of the world.

- A) A
 - B) An
 - C) The
 - D) None of the above
-

27) "She was wearing beautiful earrings"The word "beautiful" is

- A) adjective
 - B) adverb
 - C) noun
 - D) verb
-

28) She expects that her son _____

- A) can return
 - B) may return
 - C) should return
 - D) could return
-

29) He is still trying to get _____ the financial crisis.

- A) on
 - B) over
 - C) off
 - D) in
-

30) "Meena _____ on the stage."Choose the correct form of verb from the following:

- A) dance
 - B) dances
 - C) dancing
 - D) None of the above
-

31) He bought the books and put _____ in the bag.

- A) it
 - B) them
 - C) those
 - D) him
-

32) She _____ me since 2004

- A) knows
 - B) has known
 - C) knew
 - D) is know
-

33) Which word is the material noun? "Does wood sink in water?"

- A) does
 - B) wood
 - C) sink
 - D) in
-

34) He was _____ by a snake.

- A) bitten
 - B) bite
 - C) bit
 - D) bitted
-

35) She advised that I _____ curtail expenditure.

- A) should
 - B) shall
 - C) should have
 - D) will
-

36) The island is so small that there are only five houses _____ it.

- A) on
 - B) in
 - C) at
 - D) to
-

37) What is the synonym of "spontaneous"?

- A) Unforced
- B) intentional
- C) slow
- D) fast

38) She walks slowly. The word slowly is:

- A) adjective
 - B) adverb
 - C) verb
 - D) noun
-

39) Which one of the following is the antonym of the word "trivial"?

- A) significant
 - B) worthless
 - C) insignificant
 - D) pure
-

40) Those are the _____ curtains in the store.

- A) fanciest
- B) most fanciest
- C) very fanciest
- D) fancier

Section 3 - Sports Specific General Knowledge

41) Himanta Biswas Sarma has been elected as the member of the council of which world sports federation?

- A) FIFA
 - B) United World Wrestling
 - C) Badminton World Federation
 - D) World Athletics
-

42) In which year the Olympic medals made of pure gold was last awarded?

- A) 1912
 - B) 1920
 - C) 1936
 - D) 1948
-

43) Which one is the oldest football competition in India?

- A) Rovers Cup
 - B) Durand Cup
 - C) Federation Cup
 - D) IFA Shield
-

44) India First won the Olympic Hockey Gold at

- A) London
 - B) Amsterdam
 - C) Berlin
 - D) Rome
-

45) When Khelo India Scheme was started?

- A) January, 2018
- B) January, 2019
- C) April, 2020
- D) April, 2021

46) Who was the first Indian woman to win a medal in the Olympics?

- A) P.T.Usha
 - B) KarnamMalleshwari
 - C) Kunjarani Devi
 - D) Bachendri Pal
-

47) Olympic emblem is composed of five intertwined rings, each of a different colour, representing the five continents of the world as

- A) Blue ring - Europe; Yellow ring - Asia; Black ring - Africa; Red ring- America; Green ring - Oceania
 - B) Blue ring - Asia; Yellow ring - Europe; Black ring - Oceania; Red
 - C) Blue ring - Europe; Yellow ring - Asia; Black ring - Africa; Red ring- Oceania; Green ring - America
 - D) Blue ring - Asia; Yellow ring - Europe; Black ring - Africa; Red ring- America; Green ring – Oceania
-

48) The five interlinked rings of different colors of the Olympic flag reflects _____

- A) Brotherhood of mankind
 - B) International Cooperation
 - C) Globalization
 - D) Unity of the world
-

49) Which country is to play host to the FIFA world cup 2022?

- A) France
 - B) Qatar
 - C) Brazil
 - D) Japan
-

50) Which of the following trophy is not related to Cricket in India?

- A) Syed Mushtaq Ali Trophy
 - B) Deodhar Trophy
 - C) Santosh Trophy
 - D) Duleep Trophy
-

51) The first Khelo India sports school of the North-East India, is situated in which city?

- A) Shillong
- B) Imphal
- C) Guwahati
- D) Gangtok

52) Who has become First-ever Indian Taekwondo Athlete to Qualify for Tokyo Paralympics?

- A) ArunaTanwar
 - B) Tarun Dhillon
 - C) Pramod Bhagat
 - D) Krishna Nagar
-

53) Who is the winner of the 2021 Wimbledon women's singles title in Tennis?

- A) Simona Halep
 - B) Sofia Kenin
 - C) Karolina Pliskova
 - D) Ashleigh Barty
-

54) The Olympic Flame, was, for the first time, ceremonially lighted and burnt in a giant torch at the entrance of the stadium at

- A) Athens Games (1896)
 - B) London Games (1908)
 - C) Paris Games (1924)
 - D) Amsterdam Games (1928)
-

55) Which team is the winner UEFA European Football Championship, 2020?

- A) Italy
 - B) England
 - C) Argentina
 - D) Portugal
-

56) Who is the current president of Indian Olympic Association?

- A) Dr. Narinder Dhruv Batra
 - B) PramodChandurkar
 - C) Arjun Munda
 - D) Adille J. Sumariwalla
-

57) Who has been named the flag bearer of the Indian Contingent in Tokyo Paralympic 2020?

- A) Sundar Singh Gurjar
- B) Varun Singh Bhakti
- C) DevandarJhajharia
- D) MariyappamThangavelu

58) Who has won the Rajiv Gandhi Khel Ratna Award, 2020 in wrestling?

- A) Sakshi Malik
 - B) Mirabai Chanu
 - C) Vinesh Phogat
 - D) None of the above
-

59) Which Indian-American tennis player has created history by winning the junior championship title at Wimbledon?

- A) Sanjeet Verma
 - B) Samir Banerjee
 - C) Abhimanyu Sharma
 - D) Sanjay Mathur
-

60) The term which denotes that each side has made equal point at game point, in Tennis, is referred to as

- A) baseline
 - B) deuce
 - C) fault
 - D) grand slam
-

61) Velodrome is an arena for which sporting event?

- A) Lawn Tennis
 - B) Ice Hockey
 - C) Track Cycling
 - D) Formula 1 Racing
-

62) Where did 2010 Commonwealth Games took place?

- A) Beijing, China
 - B) Kuala Lumpur, Malaysia
 - C) Victoria, Canada
 - D) New Delhi, India
-

63) Who is the current Vice Chancellor of National Sports University, Manipur?

- A) N. Biren Singh
- B) Najma Heptulla
- C) Kiren Rijiju
- D) R. C. Mishra

64) The state which declared 1995-1996 as the Hockey year is

- A) Punjab
 - B) Gujarat
 - C) Tamil Nadu
 - D) New Delhi
-

65) Who was the first Indian to win an individual Gold medal in Olympics?

- A) Milkha Singh
 - B) P.T.Usha
 - C) Abhinav Bindra
 - D) K.D.Jadhav
-

66) Where was first Khelo India University Games held?

- A) Pune, Maharashtra
 - B) Imphal, Manipur
 - C) Patiala, Punjab
 - D) Cuttack, Odisha
-

67) When did India first participate in Olympic?

- A) 1912
 - B) 1908
 - C) 1904
 - D) 1900
-

68) Which body is implementing the 'Believe in Sports' campaign?

- A) NABA
 - B) WADA
 - C) IOC
 - D) SAI
-

69) In which weight category, Saikhom Mirabai Chanu won Silver medal in weightlifting in Tokyo Olympics 2020?

- A) Women's 45 kg
- B) Women's 49 kg
- C) Women's 55 kg
- D) Women's 59 kg

70) Ngangom Dingku Singh, the gold medalist of the Bangkok Asian Games 1998, is associated with which game?

- A) Weight Lifting
- B) Boxing
- C) Wrestling
- D) Shooting

Section 4 - Specialized Sports

71) The timing for electronic targets for 50m Rifle 3 Position is

- A) 2 hours, 45 minutes
 - B) 2 hours, 35 minutes
 - C) 2 hours, 25 minutes
 - D) 2 hours, 15 minutes
-

72) Indian brought the first Olympic gold medal in which individual shooting event?

- A) 10m air pistol
 - B) 10 air rifle
 - C) 25m Rapid fire
 - D) 50m 3P
-

73) Choose the incorrect statement:

- A) Safety Is Of Paramount Importance
 - B) An athlete refuses to use a safety flag as required by the Safety rule and after being warned, the athlete must be disqualified (DSQ)
 - C) The action or breech must be closed until the gun is pointing downrange in a safe direction toward the target area
 - D) A gun is considered loaded when a cartridge or pellet or a magazine with cartridges contacts a gun
-

74) The time for complete match on paper target in air rifle/pistol is

- A) 1hr. 20 mints
 - B) 1hr. 30 mints
 - C) 1hr. 40 mints
 - D) 1hr. 50 mints
-

75) Who won gold in 10m women's air pistol event at the 2020 Tokyo Olympics?

- A) Batsarashkina V
- B) Kostadinova A
- C) Jiang R
- D) Kostevych O

76) The finals of 10m Air pistol is?

- A) 2*24 shots with eliminations starting after shot number 17
 - B) 2*24 shots with elimination starting after shot number 18
 - C) 2*24 shots with elimination starting after shot number 19
 - D) 2*24 shots with elimination starting after shot number 20
-

77) How many shooting events are there in Olympics?

- A) 10
 - B) 15
 - C) 20
 - D) 25
-

78) The qualification or full program of 10m Air Rifle (Standing) mixed team event is

- A) 20+20 shots
 - B) 30+30 shots
 - C) 40+40 shots
 - D) 50+50 shots
-

79) Match firing is considered to have started when _____ gives the command "Start"

- A) RO
 - B) CRO
 - C) Judge
 - D) RTS officer
-

80) Choose the right statement:

- A) No extra time is allowed to change or fill gas or air cylinder during a competition
 - B) Additional 5 mins extra time is allowed to change or refill the cylinder
 - C) Additional 4 mins extra time is allowed to change or refill the cylinder
 - D) Additional 3 mins extra time is allowed to change or refill the cylinder
-

81) Juniors are athletes who will be under the age of ___ on December 31st in the year of the Competitions / Championship. Juniors may participate in all ISSF supervised Competitions / Championships and Olympic Games as members of their national team.

- A) 21 years
- B) 19 years
- C) 22 years
- D) 20 years

82) If a shot(s) is fired after the command "STOP", that shot(s) must be counted as

- A) a score with 2 points penalty
 - B) a miss
 - C) a fault with 1 point penalty
 - D) a miss with disqualification
-

83) Senior World Championships for all events must be organized

- A) Every four years, two years after the Olympic Games
 - B) Every years after the Olympic Games
 - C) Every three years after the Olympic Games
 - D) Every two years, four years after the Olympic Games
-

84) The Finals of 10m Air Rifle (Standing) is?

- A) 24 shot max
 - B) 25 shot max
 - C) 26 shot max
 - D) 27 shot max
-

85) Indoor Range Light requirements (Lux) recommended for 10m target lighting is

- A) >1500 lux
 - B) >1600 lux
 - C) >1700 lux
 - D) >1800 lux
-

86) In the kneeling position, the point of the elbow must

- A) not be more than 60mm over or 150mm behind the point of the knee
 - B) be more than 60mm over or 150mm behind the point of the knee
 - C) not be more than 100mm over or 150mm behind the point of the knee
 - D) be more than 100mm over or 150mm behind the point of the knee
-

87) The ISSF supervises shooting sport events in the

- A) Olympic Games
- B) World Championships
- C) Continental Championships and Continental Games
- D) All of the Above

88) Which vitamins plays a vital role for good vision during the firing?

- A) Vitamin A
 - B) Vitamin B
 - C) Vitamin C
 - D) Vitamin D
-

89) The competition must stop at the command

- A) "End of the preparation and sighting time"
 - B) "Unload"
 - C) "Stop"
 - D) "Cease fire"
-

90) Who are allowed to reposition the wind flag during the competition?

- A) Athletes
 - B) Coaches
 - C) Range officers or Jury members
 - D) None of these
-

91) Dry Firing is :

- A) the release of the cocked trigger mechanism of an unloaded cartridge gun.
 - B) the release of the trigger mechanism of an air.
 - C) gas gun fitted with a device which enables the trigger to be operated without releasing the propelling charge (air or gas).
 - D) All of the above.
-

92) Which is not the Aim and Objective of the Athletes Committee?

- A) To gather information and opinions from athletes on their needs and problems with regard to the Olympic Games and ISSF Championships.
 - B) To voice opinions and make recommendations on these topics and forward them to the relevant bodies of the ISSF.
 - C) To establish contact and coordinate activities with the Athletes Committees of other international federations.
 - D) To fight for the rights of athletes.
-

93) Who won gold in 10m air rifle men finals at 2020 Tokyo Olympics?

- A) W. Shaner
 - B) L.H. Sheng
 - C) H.R. Yang
 - D) O. Akgun
-

94) If an athlete alters a gun or equipment which has already been checked and no longer conforms to the rules, before or during the competition-

- A) he must be given strict warning
 - B) two points will be deducted
 - C) he must be disqualified
 - D) he will no longer be able to play in the same event in future
-

95) Which statement is false? When a single target fails-

- A) If the EST cannot be repaired within five minutes, the athlete must be moved to a reserve position
 - B) When he is ready to shoot, an additional five minutes will be added to the competition time remaining
 - C) He will be permitted unlimited sighting shots before he starts the remaining competition shots
 - D) He will be permitted 5 additional sighting shots before he starts the remaining competition shots
-

96) Rectangular wind flags, which indicate air movements on the range, should be made of a cotton or polyester material approximately

- A) 150 g/m²
 - B) 200 g/m²
 - C) 250 g/m²
 - D) 300 g/m²
-

97) Who conducts Para World Shooting Championship?

- A) WSPS
 - B) IPC
 - C) WPAS
 - D) WSSP
-

98) Which are the classes of shooting disciplines in Para Olympic Games?

i) SH1 ii) SH2 iii) SH3 iv) SH4

- A) i and ii
 - B) ii and iii
 - C) iii and iv
 - D) iv and i
-

99) Abbreviation of 10m Air Pistol is?

- A) AP60
 - B) 10AP
 - C) 10mAP
 - D) 10AP60
-

100) Which is correct about follow through?

- A) Thinking about the process to complete
- B) Trying to follow through after the shot fired
- C) The continuation of all the actions we do while holding and firing a shot
- D) The recall of shot