

# National Testing Agency

<b>Question Paper Name :</b>	Diet Management in Health and Disease 28th August 2021 Shift 1
<b>Subject Name :</b>	Diet management in health and disease
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## Diet Management in Health and Disease

<b>Group Number :</b>	1
<b>Group Id :</b>	603489170
<b>Group Maximum Duration :</b>	0
<b>Group Minimum Duration :</b>	120
<b>Show Attended Group? :</b>	No
<b>Edit Attended Group? :</b>	No
<b>Break time :</b>	0
<b>Group Marks :</b>	100
<b>Is this Group for Examiner? :</b>	No

## Diet Management in Health and Disease-1

<b>Section Id :</b>	603489242
<b>Section Number :</b>	1
<b>Section type :</b>	Online
<b>Mandatory or Optional :</b>	Mandatory

<b>Number of Questions :</b>	100
<b>Number of Questions to be attempted :</b>	100
<b>Section Marks :</b>	100
<b>Enable Mark as Answered Mark for Review and Clear Response :</b>	Yes
<b>Sub-Section Number :</b>	1
<b>Sub-Section Id :</b>	603489471
<b>Question Shuffling Allowed :</b>	Yes

**Question Number : 1 Question Id : 60348912579 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is the amount of food energy needed to balance energy expenditure.

1. Energy utilization
2. Energy intake
3. Energy metabolism
4. Energy requirement

**Options :**

60348947679. 1

60348947680. 2

60348947681. 3

60348947682. 4

**Question Number : 2 Question Id : 60348912580 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Mental health refers to

1. Knowing or cognition
2. Feeling
3. Psychobiology
4. Ethics

**Options :**

60348947683. 1

60348947684. 2

60348947685. 3

60348947686. 4

**Question Number : 3 Question Id : 60348912581 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Which diet is a dietary recommendation for digestive issues or illnesses.

1. Soft diet
2. Full liquid diet
3. Clear fluid diet
4. Bland diet

**Options :**

60348947687. 1

60348947688. 2

60348947689. 3

60348947690. 4

**Question Number : 4 Question Id : 60348912582 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Target post-prandial blood glucose levels in pregnancy are \_\_\_\_\_.

1. Less than 200 mg/dL
2. Less than 140 mg/dL after 2 hours
3. Less than 120 mg/dL after 2 hours
4. None of these

**Options :**

60348947691. 1

60348947692. 2

60348947693. 3

60348947694. 4

**Question Number : 5 Question Id : 60348912583 Question Type : MCQ Option Shuffling : No Is**

**Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is concerned with the use of food as an agent in effecting recovery from illness

1. Dietetics
2. Nutrition therapy
3. Diet therapy
4. Therapeutics

**Options :**

60348947695. 1

60348947696. 2

60348947697. 3

60348947698. 4

**Question Number : 6 Question Id : 60348912584 Question Type : MCQ Option Shuffling : No Is**

**Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Clear liquid diet is indicated in all conditions except

1. To relieve thirst
2. Prior to colonoscopic examination
3. Post-operative patients
4. Following oral surgery or plastic surgery

**Options :**

60348947699. 1

60348947700. 2

60348947701. 3

60348947702. 4

**Question Number : 7 Question Id : 60348912585 Question Type : MCQ Option Shuffling : No Is**

**Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_helps in inhibiting the adverse effects of high plasma lipid levels in blood

1. Vitamin A
2. Vitamin E
3. Vitamin D
4. Vitamin K

**Options :**

60348947703. 1

60348947704. 2

60348947705. 3

60348947706. 4

**Question Number : 8 Question Id : 60348912586 Question Type : MCQ Option Shuffling : No Is**

**Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Diets consisting between \_\_\_\_\_are classified as LCDs

1. 100 and 200 kcal/d
2. 400 and 800 kcal/d
3. 800 and 1200 kcal/d
4. 300 and 500 kcal/d

**Options :**

60348947707. 1

60348947708. 2

60348947709. 3

60348947710. 4

**Question Number : 9 Question Id : 60348912587 Question Type : MCQ Option Shuffling : No Is**

**Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is a component of medical treatment that includes oral, enteral and parenteral nutrition.

1. Medical nutrition therapy
2. Nutrition Support Therapy
3. Diet and nutrition therapy
4. Therapeutic nutrition therapy

**Options :**

60348947711. 1

60348947712. 2

60348947713. 3

60348947714. 4

**Question Number : 10 Question Id : 60348912588 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is characterized by completion of growth and attainment of maturity.

1. Adolescence
2. Childhood
3. Adult hood
4. Any of these

**Options :**

60348947715. 1

60348947716. 2

60348947717. 3

60348947718. 4

**Question Number : 11 Question Id : 60348912589 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Normal pregnancy is associated with a weight gain of \_\_\_\_\_

1. 1- 3kgs
2. 11- 13kgs.
3. 20- 30kgs.
4. 5- 13kgs.

**Options :**

60348947719. 1

60348947720. 2

60348947721. 3

60348947722. 4

**Question Number : 12 Question Id : 60348912590 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ diet is suggested for high blood cholesterol patients

1. Low calorie, high fat, low cholesterol, high carbohydrate
2. High calorie, low fat, low cholesterol, low carbohydrate
3. Low calorie, low fat, low cholesterol, high carbohydrate
4. Low calorie, low fat, low cholesterol, low carbohydrate

**Options :**

60348947723. 1

60348947724. 2

60348947725. 3

60348947726. 4

**Question Number : 13 Question Id : 60348912591 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Instead of 1 g of protein, over \_\_\_\_\_ is recommended for tissue building.

1. 2.2 g per kg
2. 3.2 g per kg
3. 1.2 g per kg
4. 5.2 g per kg

**Options :**

60348947727. 1

60348947728. 2

60348947729. 3

60348947730. 4

**Question Number : 14 Question Id : 60348912592 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ reduce the vigour to suck and may lead to diarrhoea and helminthes infestation.

1. Lacteal foods
2. Pre-lacteal foods
3. Fibrefoods
4. Protein rich foods

**Options :**

60348947731. 1

60348947732. 2

60348947733. 3

60348947734. 4

**Question Number : 15 Question Id : 60348912593 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



Hormones used to regulate renal function are \_\_\_\_\_

1. Angiotensin I and Aldosterone
2. Angiotensin II and Aldosterone
3. Gastrin and Aldosterone
4. Pancreatin and Aldosterone

**Options :**

60348947735. 1

60348947736. 2

60348947737. 3

60348947738. 4

**Question Number : 16 Question Id : 60348912594 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Growth spurts are most visible in the \_\_\_\_\_

1. First year of life and around puberty
2. Second year of life and around puberty
3. Third year of life and around puberty
4. Fourth year of life and around puberty

**Options :**

60348947739. 1

60348947740. 2

60348947741. 3

60348947742. 4

**Question Number : 17 Question Id : 60348912595 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Endogenous causes of fever include all except \_\_\_\_\_

1. Antigen-antibody reaction
2. Malignancy
3. Graft rejections
4. Bacteria, fungi

**Options :**

60348947743. 1

60348947744. 2

60348947745. 3

60348947746. 4

**Question Number : 18 Question Id : 60348912596 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Cold sores

1. Are usually painful
2. Incubation period -Are usually gone in 7 to 10 days
3. Are sometimes associated with cold or flu-like symptoms
4. All of these

**Options :**

60348947747. 1

60348947748. 2

60348947749. 3

60348947750. 4

**Question Number : 19 Question Id : 60348912597 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

What is the branch of medicine that deals with the health of older population?

1. Pediatrics
2. Geriatrics
3. Bariatrics
4. None of these

**Options :**

60348947751. 1

60348947752. 2

60348947753. 3

60348947754. 4

**Question Number : 20 Question Id : 60348912598 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Dialysis is generally initiated when the creatinine clearance rate is \_\_\_\_\_

1. 5 mL/min (creatinine level of 2-4 mg/dL)
2. 15 mL/min (creatinine level of 18-20 mg/dL)
3. 10 mL/min (creatinine level of 8-10 mg/dL)
4. 6 mL/min (creatinine level of 4-5 mg/dL)

**Options :**

60348947755. 1

60348947756. 2

60348947757. 3

60348947758. 4

**Question Number : 21 Question Id : 60348912599 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Energy requirements and recommended levels of intake are often referred to as \_\_\_\_\_

1. Daily requirements
2. Recommended daily intakes
3. Both, daily requirements and recommended daily intakes
4. None these

**Options :**

60348947759. 1

60348947760. 2

60348947761. 3

60348947762. 4

**Question Number : 22 Question Id : 60348912600 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Diseases related to behavioral defects are:

1. Obesity
2. Diabetes
3. Poor nutrition
4. Oral cancer

**Options :**

60348947763. 1

60348947764. 2

60348947765. 3

60348947766. 4

**Question Number : 23 Question Id : 60348912601 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ diet should not be continued for more than 24-48 hrs

1. Soft diet
2. Full liquid diet
3. Clear fluid diet
4. Bland diet

**Options :**

60348947767. 1

60348947768. 2

60348947769. 3

60348947770. 4

**Question Number : 24 Question Id : 60348912602 Question Type : MCQ Option Shuffling : No  
Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

An MNT delivered by a registered dietitian results in decreased A1c levels by \_\_\_.

1. 1.0 – 1.9% in type-1 diabetics
2. 0.1 - 0.2 % in type-1 diabetics
3. 0.3 – 0.5% in type-1 diabetics
4. None of these

**Options :**

60348947771. 1

60348947772. 2

60348947773. 3

60348947774. 4

**Question Number : 25 Question Id : 60348912603 Question Type : MCQ Option Shuffling : No  
Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Qualitative modification of therapeutic diets includes \_\_\_\_\_

1. Clear liquid diet
2. Allergy
3. Sodium in hypertension
4. Rearrangement of meals

**Options :**

60348947775. 1

60348947776. 2

60348947777. 3

60348947778. 4

**Question Number : 26 Question Id : 60348912604 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The average soft diet supplies around \_\_\_\_\_ kcal energy.

1. 2600
2. 1600
3. 1800
4. 900

**Options :**

60348947779. 1

60348947780. 2

60348947781. 3

60348947782. 4

**Question Number : 27 Question Id : 60348912605 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ contain 2% protein and small amount of phospholipid in it.

1. VLDL
2. LDL
3. HDL
4. Chylomicrons

**Options :**

60348947783. 1

60348947784. 2

60348947785. 3

60348947786. 4

**Question Number : 28 Question Id : 60348912606 Question Type : MCQ Option Shuffling : No  
Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Energy values of choices calculated to meet a prescribed daily or weekly energy total and flexibility in choosing foods is called \_\_\_\_\_

1. Calorie counting diet
2. Low fat diet
3. Low carbohydrate diet
4. Energy prescribed diet

**Options :**

60348947787. 1

60348947788. 2

60348947789. 3

60348947790. 4

**Question Number : 29 Question Id : 60348912607 Question Type : MCQ Option Shuffling : No  
Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Fiber in enteral products is fermented in the \_\_\_\_\_ and \_\_\_\_\_ that are formed help promote intestinal and colonic growth.

1. Upper GI tract; LCFA
2. Lower GI tract; SCFA
3. Upper GI tract; SCFA
4. lower GI tract; LCFA

**Options :**

60348947791. 1

60348947792. 2

60348947793. 3

60348947794. 4

**Question Number : 30 Question Id : 60348912608 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Adults should choose

1. Low-fat, protein-rich foods such as lean meat, fish, pulses, and High-fat milk
2. High-fat, protein-rich foods such as lean meat, fish, pulses, and low-fat milk
3. Low-fat, protein-rich foods such as lean meat, fish, pulses, and low-fat milk
4. Low-fat, protein-rich foods such as lean meat, fish, pulses, and High-fat milk

**Options :**

60348947795. 1

60348947796. 2

60348947797. 3

60348947798. 4

**Question Number : 31 Question Id : 60348912609 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



Nausea in pregnancy may be due to \_\_\_\_\_

1. Nervous disturbance
2. Placental protein intoxication
3. Derangement in carbohydrate metabolism
4. All of these

**Options :**

60348947799. 1

60348947800. 2

60348947801. 3

60348947802. 4

**Question Number : 32 Question Id : 60348912610 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

A person may also lose consciousness in cases of stroke, this is termed as \_\_\_\_\_

1. Temporary stroke
2. Acute stroke
3. Transient ischemic stroke
4. Brain stroke

**Options :**

60348947803. 1

60348947804. 2

60348947805. 3

60348947806. 4

**Question Number : 33 Question Id : 60348912611 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The age of menarche is delayed in undernourished girls by about

1. 3-5 years.
2. 2-4 years.
3. 1-2 years.
4. 5- 7years

**Options :**

60348947807. 1

60348947808. 2

60348947809. 3

60348947810. 4

**Question Number : 34 Question Id : 60348912612 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Increase in brain cells is most rapid during the \_\_\_\_\_after birth

1. 5-6 years
2. first 1-2 months
3. First 5-6 months
4. first 1-2 years

**Options :**

60348947811. 1

60348947812. 2

60348947813. 3

60348947814. 4

**Question Number : 35 Question Id : 60348912613 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

A glomerular filtration rate (GFR) \_\_\_\_\_ is dangerous.

1. < 60
2. > 60.
3. >80.
4. >90

**Options :**

60348947815. 1

60348947816. 2

60348947817. 3

60348947818. 4

**Question Number : 36 Question Id : 60348912614 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_of skeletal growth takes place in Adolescence

1. 15%
2. 25%
3. 35%
4. 45%

**Options :**

60348947819. 1

60348947820. 2

60348947821. 3

60348947822. 4

**Question Number : 37 Question Id : 60348912615 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Metabolic changes during fever include

1. Increased glycogen stores
2. Decreased loss of body water
3. Decreased excretion of NaCl
4. Decreased motility & reduced absorption of nutrients

**Options :**

60348947823. 1

60348947824. 2

60348947825. 3

60348947826. 4

**Question Number : 38 Question Id : 60348912616 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Protein in amounts up to \_\_\_\_helps in health of liver.

1. 50 grams
2. 60 grams
3. 170 grams
4. 100 grams

**Options :**

60348947827. 1

60348947828. 2

60348947829. 3

60348947830. 4

**Question Number : 39 Question Id : 60348912617 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Which of the following are physiological changes of aging?

1. Decreased neuromuscular coordination
2. Decreased sense of taste
3. Impaired vision and hearing
4. All of these

**Options :**

60348947831. 1

60348947832. 2

60348947833. 3

60348947834. 4

**Question Number : 40 Question Id : 60348912618 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

In peritoneal dialysis, \_\_\_\_\_of dialysis fluid is infused into the abdominal cavity through the access catheter.

1. 1 to 2 liters
2. 3 to 4 liters
3. 6 to 7 liters
4. 2 to 3 liters

**Options :**

60348947835. 1

60348947836. 2

60348947837. 3

60348947838. 4

**Question Number : 41 Question Id : 60348912619 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Ethanol provides \_\_\_\_\_per gram of energy.

1. 39.3 kJ (8 kcal)
2. 29.3 kJ (7 kcal)
3. 49.3 kJ (9 kcal)
4. 59.3 kJ (10 kcal)

**Options :**

60348947839. 1

60348947840. 2

60348947841. 3

60348947842. 4

**Question Number : 42 Question Id : 60348912620 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Micro environmental determinants include the following except \_\_\_\_\_

1. Eating habits
2. Smoking
3. Drinking
4. Customs

**Options :**

60348947843. 1

60348947844. 2

60348947845. 3

60348947846. 4

**Question Number : 43 Question Id : 60348912621 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Indications of mechanical soft diet are for patients who are \_\_\_\_\_

1. Recovering from head, neck, or mouth surgery
2. Dysphagia
3. Narrowing of the esophagus
4. All of these

**Options :**

60348947847. 1

60348947848. 2

60348947849. 3

60348947850. 4

**Question Number : 44 Question Id : 60348912622 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Ideal levels of LDL cholesterol recommended by ADA is \_\_\_\_\_.

1. <100 mg/dL
2. <200 mg/dL
3. <150 mg/dL
4. None of these

**Options :**

60348947851. 1

60348947852. 2

60348947853. 3

60348947854. 4

**Question Number : 45 Question Id : 60348912623 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ are used for the treatment of obesity.

1. High calorie diet
2. Low calorie diet
3. High protein diet
4. High lipid diet

**Options :**

60348947855. 1

60348947856. 2

60348947857. 3

60348947858. 4

**Question Number : 46 Question Id : 60348912624 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Foods allowed in soft diet are

1. Dhal water
2. Finely ground whole grain
3. Milk and milk beverages
4. Whey water

**Options :**

60348947859. 1

60348947860. 2

60348947861. 3

60348947862. 4

**Question Number : 47 Question Id : 60348912625 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



LDL is made up of \_\_\_\_ of cholesterol.

1. 1-5%
2. 21-52%
3. 51-58%
4. 31-38%

**Options :**

60348947863. 1

60348947864. 2

60348947865. 3

60348947866. 4

**Question Number : 48 Question Id : 60348912626 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Typical dietary modification to limit carbohydrate to \_\_\_\_\_ is low carbohydrate diet.

1. 10g/d
2. 50g/d
3. 30g/d
4. 40g/d

**Options :**

60348947867. 1

60348947868. 2

60348947869. 3

60348947870. 4

**Question Number : 49 Question Id : 60348912627 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Early enteral feeding helps in the production of hormones such as \_\_\_\_\_

1. Gastrin and Vasopressin
2. Gastrin and LH
3. FSH and LH
4. Gastrin and Growth hormone

**Options :**

60348947871. 1

60348947872. 2

60348947873. 3

60348947874. 4

**Question Number : 50 Question Id : 60348912628 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The first attempt to define nutrient requirements desirable dietary intakes for Indians was made by

1. National Nutrition Admission Committee
2. National Nutrition Advisory Commission
3. National Nutrition Advocate Committee
4. National Nutrition Advisory Committee

**Options :**

60348947875. 1

60348947876. 2

60348947877. 3

60348947878. 4

**Question Number : 51 Question Id : 60348912629 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

A pregnant woman is labelled anemic if the hemoglobin is \_\_\_\_\_

1. <5g per 100 ml of blood
2. <6g per 50 ml of blood
3. < 12g per 100 ml of blood
4. < 10g per 100 ml of blood

**Options :**

60348947879. 1

60348947880. 2

60348947881. 3

60348947882. 4

**Question Number : 52 Question Id : 60348912630 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Hemiplegia refers to \_\_\_\_\_

1. All arms are paralyzed
2. Only upper arms are paralyzed
3. Unilateral body is paralyzed
4. Bilateral body is paralyzed

**Options :**

60348947883. 1

60348947884. 2

60348947885. 3

60348947886. 4

**Question Number : 53 Question Id : 60348912631 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Major risk factors for anorexia nervosa are

1. Body satisfaction
2. Strict dieting
3. High self-esteem
4. Easy expressing feelings

**Options :**

60348947887. 1

60348947888. 2

60348947889. 3

60348947890. 4

**Question Number : 54 Question Id : 60348912632 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

An infant requires energy of \_\_\_\_\_body weight.

1. 48 kcal/ kg
2. 58 kcal/ kg
3. 88 kcal/ kg
4. 108 kcal/ kg

**Options :**

60348947891. 1

60348947892. 2

60348947893. 3

60348947894. 4

**Question Number : 55 Question Id : 60348912633 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Dialysis is indicated with a GFR of \_\_\_\_\_

1. < 15
2. >20
3. <5
4. >50

**Options :**

60348947895. 1

60348947896. 2

60348947897. 3

60348947898. 4

**Question Number : 56 Question Id : 60348912634 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_is important for growth, brain development and the immune system.

1. Iron
2. Calcium
3. Phosphorous
4. Potassium

**Options :**

60348947899. 1

60348947900. 2

60348947901. 3

60348947902. 4

**Question Number : 57 Question Id : 60348912635 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Tuberculosis is an infectious disease caused by

1. Mycobacterium tuberculosis
2. Mycobacterium fortuitum
3. Mycobacterium africanum
4. Mycobacterium ulcerans

**Options :**

60348947903. 1

60348947904. 2

60348947905. 3

60348947906. 4

**Question Number : 58 Question Id : 60348912636 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Clear liquids are given to liver failure patients followed by \_\_\_\_\_

1. High-fat, high-carbohydrate, and high-protein diet
2. Low-fat, high-carbohydrate, and low-protein diet
3. Low-fat, high-carbohydrate, and high-protein diet
4. Low-fat, low-carbohydrate, and low-protein diet

**Options :**

60348947907. 1

60348947908. 2

60348947909. 3

60348947910. 4

**Question Number : 59 Question Id : 60348912637 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Which of the following involves socio-psychological changes of aging \_\_\_\_\_

1. Anxiety
2. Eating patterns
3. Loss of self-esteem
4. All of these

**Options :**

60348947911. 1

60348947912. 2

60348947913. 3

60348947914. 4

**Question Number : 60 Question Id : 60348912638 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Third-degree burn refers to \_\_\_\_\_

1. Partial thickness burn
2. Full thickness burn
3. Involves deeper tissues
4. Superficial burn

**Options :**

60348947915. 1

60348947916. 2

60348947917. 3

60348947918. 4

**Question Number : 61 Question Id : 60348912639 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The metabolic response to food increases total energy expenditure by about \_\_\_\_\_ of the BMR in 24 hrs in individuals eating a mixed diet

1. 20 %
2. 5 %
3. 10 %
4. 15%

**Options :**

60348947919. 1
60348947920. 2
60348947921. 3
60348947922. 4

**Question Number : 62 Question Id : 60348912640 Question Type : MCQ Option Shuffling : No**  
**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Infections which transmit through trans placental transmission are \_\_\_\_\_

1. Hook worm
2. Tetanus
3. AIDS
4. Respiratory infections

**Options :**

60348947923. 1
60348947924. 2
60348947925. 3
60348947926. 4

**Question Number : 63 Question Id : 60348912641 Question Type : MCQ Option Shuffling : No**  
**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



Commercial name available for gelatin is \_\_\_\_\_

1. Jell-P
2. Jell-O
3. Jell-M
4. Jell-S

**Options :**

60348947927. 1

60348947928. 2

60348947929. 3

60348947930. 4

**Question Number : 64 Question Id : 60348912642 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The screening for GDM in pregnant women should be done during \_\_\_\_\_.

1. 10th to 12th weeks of pregnancy
2. 16th to 20th weeks of pregnancy
3. 24th to 28th weeks of pregnancy
4. None of these

**Options :**

60348947931. 1

60348947932. 2

60348947933. 3

60348947934. 4

**Question Number : 65 Question Id : 60348912643 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ may be indicated in Addison's disease.

1. High carbohydrate diet
2. Low calorie diet
3. High protein diet
4. High lipid diet

**Options :**

60348947935. 1

60348947936. 2

60348947937. 3

60348947938. 4

**Question Number : 66 Question Id : 60348912644 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ diet is given following tonsillectomy or throat surgery.

1. Blenderized liquid diet
2. Cold semi liquid diets
3. Soft diet
4. Semi solid diet

**Options :**

60348947939. 1

60348947940. 2

60348947941. 3

60348947942. 4

**Question Number : 67 Question Id : 60348912645 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is the smallest and densest of lipoproteins

1. VLDL
2. LDL
3. HDL
4. Chylomicrons

**Options :**

60348947943. 1

60348947944. 2

60348947945. 3

60348947946. 4

**Question Number : 68 Question Id : 60348912646 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Potential complication of VLCD's is

\_\_\_\_\_

1. Constipation
2. Diarrhea
3. Vomiting
4. Nausea

**Options :**

60348947947. 1

60348947948. 2

60348947949. 3

60348947950. 4

**Question Number : 69 Question Id : 60348912647 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

There are many favorable effects of enteral feeding including-

1. Less substrate utilization
2. Prevention of mucosal atrophy
3. Alteration of gut flora integrity
4. Less Immune competence

**Options :**

60348947951. 1

60348947952. 2

60348947953. 3

60348947954. 4

**Question Number : 70 Question Id : 60348912648 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Reference Man is between \_\_\_\_\_of age and weights \_\_\_\_\_.

1. 10 – 19 years; 60 kg
2. 20 – 39 years; 60 kg
3. 40 – 59 years; 60 kg
4. 60 – 79 years; 60 kg

**Options :**

60348947955. 1

60348947956. 2

60348947957. 3

60348947958. 4

**Question Number : 71 Question Id : 60348912649 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Eclampsia is characterized by \_\_\_\_\_

1. Severe pregnancy induced hypertension
2. Severe pregnancy induced hyperlipidemia
3. Severe pregnancy induced diabetes
4. Severe pregnancy induced hypotension

**Options :**

60348947959. 1

60348947960. 2

60348947961. 3

60348947962. 4

**Question Number : 72 Question Id : 60348912650 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Stenosis of an artery is referred to \_\_\_\_\_

1. Narrowing
2. Reverse flow of blood
3. Complete blockage of artery
4. Any of these

**Options :**

60348947963. 1

60348947964. 2

60348947965. 3

60348947966. 4

**Question Number : 73 Question Id : 60348912651 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is characterized by cycle of bingeing and self-induced vomiting.

1. Bulimia nervosa
2. Anorexia nervosa
3. Psychologically changing eating pattern
4. Any of these

**Options :**

60348947967. 1

60348947968. 2

60348947969. 3

60348947970. 4

**Question Number : 74 Question Id : 60348912652 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Protein content of human milk is \_\_\_\_\_

1. 2.1g/ 100ml
2. 4.1g/ 100ml
3. 3.1g/ 100ml
4. 1.1g/ 100ml

**Options :**

60348947971. 1

60348947972. 2

60348947973. 3

60348947974. 4

**Question Number : 75 Question Id : 60348912653 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ test is indicated with people who have an increased risk of developing kidney disease.

1. Creatinine Clearance
2. Microalbuminuria
3. Urine Protein
4. Urinalysis

**Options :**

60348947975. 1

60348947976. 2

60348947977. 3

60348947978. 4

**Question Number : 76 Question Id : 60348912654 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Mineral essential for adequate growth and sexual development \_\_\_\_\_

1. Calcium
2. Phosphorous
3. Zinc
4. Potassium

**Options :**

60348947979. 1

60348947980. 2

60348947981. 3

60348947982. 4

**Question Number : 77 Question Id : 60348912655 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

RPRF stands for \_\_\_\_\_

1. Rapidly preparing renal failure
2. Reverse progressing renal failure
3. Renal progressing rapid failure
4. Rapidly progressing renal failure

**Options :**

60348947983. 1

60348947984. 2

60348947985. 3

60348947986. 4

**Question Number : 78 Question Id : 60348912656 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_characterized by scattered scarring of some of the glomeruli.

1. Focal glomerulosclerosis
2. Membranous nephropathy
3. Minimal-change nephropathy
4. Hereditary nephropathies

**Options :**

60348947987. 1

60348947988. 2

60348947989. 3

60348947990. 4

**Question Number : 79 Question Id : 60348912657 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



An example of dysplasia that forms on the skin is \_\_\_\_\_

1. Papilloma
2. Nevus
3. Xanthoma
4. Keloid

**Options :**

60348947991. 1

60348947992. 2

60348947993. 3

60348947994. 4

**Question Number : 80 Question Id : 60348912658 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Elevations in metabolic rate is predicted by

1. Buchner equation
2. Wohler equation
3. Harris–Benedict equation
4. Boyer benedict equation

**Options :**

60348947995. 1

60348947996. 2

60348947997. 3

60348947998. 4

**Question Number : 81 Question Id : 60348912659 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The metabolic processes increase heat production and oxygen consumption are

1. Dietary-induced thermo genesis
2. Specific static action of food
3. Thermic effect of eating
4. All of these

**Options :**

60348947999. 1

60348948000. 2

60348948001. 3

60348948002. 4

**Question Number : 82 Question Id : 60348912660 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ are inanimated articles capable of harboring and transferring agents to a healthy person.

1. Vectors
2. Fomites
3. Objects
4. Contaminated particles

**Options :**

60348948003. 1

60348948004. 2

60348948005. 3

60348948006. 4

**Question Number : 83 Question Id : 60348912661 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Full liquid diet is given at intervals of \_\_\_\_\_

1. 30 min
2. 2-4 hours
3. 24 hours
4. 12 hours

**Options :**

60348948007. 1

60348948008. 2

60348948009. 3

60348948010. 4

**Question Number : 84 Question Id : 60348912662 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Which of the following should be recommended for a diabetic patient regarding physical activity?

1. Consume a snack of 30-40 g carbohydrate before or during exercise and/or reduce pre-exercise insulin dosages
2. Consume soft drink before or during exercise and skip insulin
3. Do not consume any form of carbohydrate before or during exercise and increase the pre-exercise insulin dosages
4. All these

**Options :**

60348948011. 1

60348948012. 2

60348948013. 3

60348948014. 4

**Question Number : 85 Question Id : 60348912663 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Low carbon diet was explored in a book known \_\_\_\_\_

1. 200-mile diet
2. 300-mile diet
3. 100- mile diet
4. 400-mile diet

**Options :**

60348948015. 1

60348948016. 2

60348948017. 3

60348948018. 4

**Question Number : 86 Question Id : 60348912664 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The procedure in which a tube inserted through stomach is called \_\_\_\_\_

1. Gastrotomy
2. Duodenostomy
3. Jejunostomy
4. Colonostomy

**Options :**

60348948019. 1

60348948020. 2

60348948021. 3

60348948022. 4

**Question Number : 87 Question Id : 60348912665 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The amount of transported cholesterol is about \_\_\_\_\_ of the cholesterol in plasma

1. 15%
2. 5%
3. 25%
4. 55%

**Options :**

60348948023. 1

60348948024. 2

60348948025. 3

60348948026. 4

**Question Number : 88 Question Id : 60348912666 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Biogerontology refers to \_\_\_\_\_

1. Biological evolution process
2. Biological aging process
3. Biodegradable process
4. Bio nutritional process

**Options :**

60348948027. 1

60348948028. 2

60348948029. 3

60348948030. 4

**Question Number : 89 Question Id : 60348912667 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The hormone \_\_\_\_\_ is produced in response to the enteral feeds and regulates the metabolism of \_\_\_\_\_ in the gut and liver

1. Glucagan; glutamine
2. Gastrin; glutamine
3. Glutamine; Glucagan
4. Glucagan; gastrin

**Options :**

60348948031. 1

60348948032. 2

60348948033. 3

60348948034. 4

**Question Number : 90 Question Id : 60348912668 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

The requirement of vitamin E (tocopherol) suggested is \_\_\_\_\_ of essential fatty acids

1. 0.8mg/g
2. 0.3 mg/g
3. 0.5 mg/g
4. 0.7 mg/g

**Options :**

60348948035. 1

60348948036. 2

60348948037. 3

60348948038. 4

**Question Number : 91 Question Id : 60348912669 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Iodine deficiency in mother can lead to -----.

1. Abortion
2. Congenital anomalies
3. Increased perinatal mortality
4. All these

**Options :**

60348948039. 1

60348948040. 2

60348948041. 3

60348948042. 4

**Question Number : 92 Question Id : 60348912670 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

For adults above 18 years of age and unhealthy, \_\_\_\_\_ minutes of moderate physical activity is required

1. 30
2. 60
3. 10
4. 150

**Options :**

60348948043. 1

60348948044. 2

60348948045. 3

60348948046. 4

**Question Number : 93 Question Id : 60348912671 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Regular outdoor \_\_\_\_\_ helps to stimulate appetite for underweight people

1. Exercise
2. Shopping
3. Meals
4. Business meeting

**Options :**

60348948047. 1

60348948048. 2

60348948049. 3

60348948050. 4

**Question Number : 94 Question Id : 60348912672 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is most important essential fatty acid for an infant.

1. Linoleic acid
2. Palmitic acid
3. Stearic acid
4. Oleic acid

**Options :**

60348948051. 1

60348948052. 2

60348948053. 3

60348948054. 4

**Question Number : 95 Question Id : 60348912673 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**



In healthy adults, about \_\_\_\_\_ of fluid is filtered into the kidney tubules each day.

1. 100 liters
2. 120 liters
3. 150 liters
4. 180 liters

**Options :**

60348948055. 1

60348948056. 2

60348948057. 3

60348948058. 4

**Question Number : 96 Question Id : 60348912674 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Premenstrual syndrome can be observed \_\_\_\_prior to onset of menstruation

1. 2-3 days
2. 1-2 days
3. 7-10 days
4. 14-15 days

**Options :**

60348948059. 1

60348948060. 2

60348948061. 3

60348948062. 4

**Question Number : 97 Question Id : 60348912675 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

Lupus is a \_\_\_\_\_

1. Metabolic disease
2. Chronic inflammatory disease
3. Acute inflammatory disease
4. Hormonal disease

**Options :**

60348948063. 1

60348948064. 2

60348948065. 3

60348948066. 4

**Question Number : 98 Question Id : 60348912676 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ type of heart failure can cause nephrotic syndrome.

1. Constrictive pericarditis and severe right heart failure
2. Bacterial pericarditis and severe left heart failure
3. Constrictive pericarditis and severe left heart failure
4. Viral pericarditis and severe right heart failure

**Options :**

60348948067. 1

60348948068. 2

60348948069. 3

60348948070. 4

**Question Number : 99 Question Id : 60348912677 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is a serious complication of chronic kidney disease and acute kidney injury.

1. Uremia
2. Jaundice
3. Heart failure
4. Stroke

**Options :**

60348948071. 1

60348948072. 2

60348948073. 3

60348948074. 4

**Question Number : 100 Question Id : 60348912678 Question Type : MCQ Option Shuffling : No**

**Is Question Mandatory : No**

**Correct Marks : 1 Wrong Marks : 0**

\_\_\_\_\_ is also a sensitive indicator of malnutrition

1. Serum albumin
2. Thyroxine binding pre albumin
3. Nitrogen balance
4. Creatinine height index

**Options :**

60348948075. 1

60348948076. 2

60348948077. 3

60348948078. 4