

National Testing Agency

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Guidance and Counselling

Group Number :	1
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Guidance and Counselling-1

Section Id :	94091830
Section Number :	1
Section type :	Online
Mandatory or Optional :	Mandatory

Number of Questions :	50
Number of Questions to be attempted :	50
Section Marks :	100
Enable Mark as Answered Mark for Review and Clear Response :	Yes
Sub-Section Number :	1
Sub-Section Id :	94091854
Question Shuffling Allowed :	Yes

Question Number : 1 Question Id : 940918960 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 2 Wrong Marks : 0

Couselling is:

1. giving advice
2. a relationship of trust
3. judgemental
4. getting emotionally involved with client

Options :

- 9409183303. 1
- 9409183304. 2
- 9409183305. 3
- 9409183306. 4

Question Number : 2 Question Id : 940918961 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No Correct Marks : 2 Wrong Marks : 0

A student's career may include many of the significant events and experiences is known as

1. Mentoring
2. Career counselling
3. Career choice
4. All of these are correct

Options :

9409183307. 1

9409183308. 2

9409183309. 3

9409183310. 4

Question Number : 3 Question Id : 940918962 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The basic principles of guidance provide the _____

1. sociological framework for organizing guidance activities
2. psychological framework for organizing guidance activities
3. political framework for organizing guidance activities
4. philosophical framework for organizing guidance activities

Options :

9409183311. 1

9409183312. 2

9409183313. 3

9409183314. 4

Question Number : 4 Question Id : 940918963 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Counselling is an _____ process, in which the counselors and counselor can join.

1. Interaction
2. Action
3. Achieve
4. Applied

Options :

9409183315. 1

9409183316. 2

9409183317. 3

9409183318. 4

Question Number : 5 Question Id : 940918964 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Which of the following is not part of the definition of psychotherapy_____

1. Trained professional
2. Medical treatment methods
3. Psychological methods
4. Based on psychological theory

Options :

9409183319. 1

9409183320. 2

9409183321. 3

9409183322. 4

Question Number : 6 Question Id : 940918965 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

E.G. Williamson was the chief proponent of _____ counseling

1. Directive
2. Eclectic
3. Non-directive
4. Directive and Non-directive

Options :

9409183323. 1

9409183324. 2

9409183325. 3

9409183326. 4

Question Number : 7 Question Id : 940918966 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Counselling is a/an _____ oriented process

1. Active
2. Subject
3. Learning
4. Human

Options :

9409183327. 1

9409183328. 2

9409183329. 3

9409183330. 4

Question Number : 8 Question Id : 940918967 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

According to_____, when the patient reacts to the therapist in ways that resemble how he or she would react to other authority figures, the process is called transference.

1. Skinner
2. Wundt
3. Wolpe
4. Sigmund Freud

Options :

9409183331. 1

9409183332. 2

9409183333. 3

9409183334. 4

Question Number : 9 Question Id : 940918968 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

In counseling session, one who provides help is called_____

1. Therapist
2. Counselee
3. Counsellor
4. Consultant

Options :

9409183335. 1

9409183336. 2

9409183337. 3

9409183338. 4

Question Number : 10 Question Id : 940918969 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ sciences are concerned with the natural phenomenon that is happening in the world.

1. Social
2. Natural
3. Tile
4. Empirical

Options :

9409183339. 1

9409183340. 2

9409183341. 3

9409183342. 4

Question Number : 11 Question Id : 940918970 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Research studies suggests that an interpersonal psychotherapy is effective in the treating of

_____ .

1. Schizophrenia
2. Depression
3. Bipolar disorder
4. Phobias

Options :

9409183343. 1

9409183344. 2

9409183345. 3

9409183346. 4

Question Number : 12 Question Id : 940918971 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

In India, the data regarding substance abuse is collected by the organization is_____

1. Protection of Children from Sexual Offence (POCSO)
2. United Nation Children's Fund (UNICEF)
3. World Health Organisation (WHO)
4. National Institute of Social Defence (NISD)

Options :

9409183347. 1

9409183348. 2

9409183349. 3

9409183350. 4

Question Number : 13 Question Id : 940918972 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

It is commonly believed that _____ should aim at bringing about as much personality change as possible

1. Therapy
2. Testing
3. Training
4. Counselling

Options :

9409183351. 1
9409183352. 2
9409183353. 3
9409183354. 4

Question Number : 14 Question Id : 940918973 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The cognitive therapy is more effective in the treatment of _____

1. Anxiety disorders
2. Bulimia
3. Major depression
4. All of these are correct

Options :

9409183355. 1
9409183356. 2
9409183357. 3
9409183358. 4

Question Number : 15 Question Id : 940918974 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Behavior therapy and Dream analysis is based on the principles of _____ .

1. Classical conditioning
2. Operant conditioning
3. Information-processing theory
4. Classical & operant conditioning

Options :

9409183359. 1

9409183360. 2

9409183361. 3

9409183362. 4

Question Number : 16 Question Id : 940918975 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ type of technique is a client-centered thereby, which therapist most likely to use in their counseling process.

1. Analysis
2. Reflection
3. Giving advice
4. Dream analysis

Options :

9409183363. 1

9409183364. 2

9409183365. 3

9409183366. 4

Question Number : 17 Question Id : 940918976 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

According to Carl Rogers, the role of the client-centered therapist is to _____ .

1. interpret the client's unconscious conflicts
2. help the client unlearn abnormal ways of behaving
3. confront and challenge the client and point out inconsistencies
4. create a safe atmosphere for clients to express feelings

Options :

9409183367. 1

9409183368. 2

9409183369. 3

9409183370. 4

Question Number : 18 Question Id : 940918977 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Generally, Board-certified psychologists for practices who _____

1. are more competent with age limits
2. have met national standards for competency
3. are the only ones who accept health insurance
4. are eclectic psychiatrists

Options :

9409183371. 1

9409183372. 2

9409183373. 3

9409183374. 4

Question Number : 19 Question Id : 940918978 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ therapy would be most focused on exploring childhood relationships and experiences

1. Psychodynamic
2. Behavioral
3. Cognitive
4. Humanistic

Options :

9409183375. 1

9409183376. 2

9409183377. 3

9409183378. 4

Question Number : 20 Question Id : 940918979 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Alcoholics Anonymous (AA) is a kind of _____

1. Group therapy
2. Couples therapy
3. Dialectical behavioral therapy
4. A self-help group

Options :

9409183379. 1

9409183380. 2

9409183381. 3

9409183382. 4

Question Number : 21 Question Id : 940918980 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

A person who is afraid of snakes is taken to a zoo by his therapist and made to sit in a room with dozens of snakes. This technique of behaviour therapy is called as _____ .

1. Gestalt therapy
2. Flooding
3. Aversive conditioning
4. Cognitive restructuring

Options :

9409183383. 1

9409183384. 2

9409183385. 3

9409183386. 4

Question Number : 22 Question Id : 940918981 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Group therapy can be helpful for clients, as _____ .

1. It is more cost-effective than individual therapy
2. Clients can interact in genuine relationships, which is more like real life than individual therapy
3. It allows clients to not invest as much psychological energy as in individual therapy
4. Clients are more comfortable speaking in groups

Options :

9409183387. 1

9409183388. 2

9409183389. 3

9409183390. 4

Question Number : 23 Question Id : 940918982 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

A person with a phobia of horses would likely be benefited most from _____ therapy.

1. Systematic desensitization
2. Group
3. Psychoanalysis
4. Family

Options :

9409183391. 1

9409183392. 2

9409183393. 3

9409183394. 4

Question Number : 24 Question Id : 940918983 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ is conceptualized in Western and Eastern perspectives on personality

1. Real
2. Ideal
3. Self
4. Ego

Options :

9409183395. 1

9409183396. 2

9409183397. 3

9409183398. 4

Question Number : 25 Question Id : 940918984 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ psychology plays a significant role in equipping the student teacher for effectively guiding children and young people in their growth and development through learning.

1. Child
2. Educational
3. Clinical
4. Developmental

Options :

9409183399. 1
9409183400. 2
9409183401. 3
9409183402. 4

Question Number : 26 Question Id : 940918985 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Changes in the qualitative aspects fall in the domain of _____ .

1. Development
2. Involution
3. Evolution
4. Learning

Options :

9409183403. 1
9409183404. 2
9409183405. 3
9409183406. 4

Question Number : 27 Question Id : 940918986 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ is goal-oriented behavior that leads to drive reduction in the internal organism.

1. Perception
2. Attention
3. Intelligence
4. Motivation

Options :

9409183407. 1

9409183408. 2

9409183409. 3

9409183410. 4

Question Number : 28 Question Id : 940918987 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ is the tools most commonly used by the career guidance counselor.

1. DAT
2. GATB
3. SVIB
4. DBDA

Options :

9409183411. 1

9409183412. 2

9409183413. 3

9409183414. 4

Question Number : 29 Question Id : 940918988 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Counseling psychology differs from other field of psychology, because _____

1. It is more concerned with everyday problems in living
2. It is more concerned with severe behavior pathology
3. It is more concerned with the treatment of inpatients
4. All of these are correct

Options :

9409183415. 1

9409183416. 2

9409183417. 3

9409183418. 4

Question Number : 30 Question Id : 940918989 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

In school or college, the counseling psychologist is presented with a student who complains of unable to concentrate on study. _____ is the most suitable tool of assessment in such situation.

1. The Rorschach
2. The MMPI
3. Self-monitoring
4. Role play

Options :

9409183419. 1

9409183420. 2

9409183421. 3

9409183422. 4

Question Number : 31 Question Id : 940918990 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The basic assumption behind the behavior therapy is _____ .

1. Deep understanding of one's problems leads to behavior change
2. Past experiences and emotional trauma must be probed before behavior can be changed
3. Phobias can be created and dismantled
4. Learned response causes problems, therefore, behavior can be changed by relearning

Options :

9409183423. 1

9409183424. 2

9409183425. 3

9409183426. 4

Question Number : 32 Question Id : 940918991 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Leaning forward, saying ummm, nodding, are examples of which one of the following interviewing techniques?

1. Prompting
2. Paraphrasing
3. Furthering
4. Checking

Options :

9409183427. 1

9409183428. 2

9409183429. 3

9409183430. 4

Question Number : 33 Question Id : 940918992 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Empathy is a kind of _____

1. Feeling sorry for someone
2. Putting yourself in someone else's shoes
3. Putting others before yourself
4. Putting yourself before others

Options :

9409183431. 1

9409183432. 2

9409183433. 3

9409183434. 4

Question Number : 34 Question Id : 940918993 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Group therapy can be more advantageous when an individual _____ .

1. may need to work out their problems in the presence of others
2. may need comfort and support from others
3. may acquire therapeutic benefit from observing and watching others
4. All of these are correct

Options :

9409183435. 1

9409183436. 2

9409183437. 3

9409183438. 4

Question Number : 35 Question Id : 940918994 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Changes in the quantitative aspects fall in the domain of _____

1. Growth
2. Evolution
3. Developmental
4. Learning

Options :

9409183439. 1

9409183440. 2

9409183441. 3

9409183442. 4

Question Number : 36 Question Id : 940918995 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ should be based upon understanding the needs and problems of the students, competence and interest of the guidance personnel

1. Guidance tools
2. Guidance services
3. Guidance principles
4. Guidance techniques

Options :

9409183443. 1

9409183444. 2

9409183445. 3

9409183446. 4

Question Number : 37 Question Id : 940918996 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Dr. John attends to emotionally disturbed students. Which guidance service is being provided by Dr. John?

1. Inventory service
2. Information service
3. Counseling service
4. Placement service

Options :

9409183447. 1

9409183448. 2

9409183449. 3

9409183450. 4

Question Number : 38 Question Id : 940918997 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ should be administered if the teachers/counselor's purpose is to identify the individuals hidden/inner feelings prejudice, desires and thoughts.

1. Interest inventories
2. Aptitude tests
3. Achievement tests
4. Projective tests

Options :

9409183451. 1

9409183452. 2

9409183453. 3

9409183454. 4

Question Number : 39 Question Id : 940918998 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Rashmi has above average mental ability but she is poorly motivated in class, that is why she has low grades in her academic performance. Is she?

1. Slow learner
2. Under-achiever
3. Superior
4. Over-achiever

Options :

9409183455. 1

9409183456. 2

9409183457. 3

9409183458. 4

Question Number : 40 Question Id : 940918999 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The major responsibility of the any counselor is to _____

1. Express his view to the counselee
2. Set up goals for the counselee
3. Make decisions for the counselee
4. Following-up stage

Options :

9409183459. 1

9409183460. 2

9409183461. 3

9409183462. 4

Question Number : 41 Question Id : 9409181000 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

_____ is the ultimate aim of counseling for the individuals to attain?

1. Self-understanding
2. Self-direction
3. Self-discovery
4. Self-knowledge

Options :

9409183463. 1

9409183464. 2

9409183465. 3

9409183466. 4

Question Number : 42 Question Id : 9409181001 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

A college counselor is planning a career development lesson focused on helping preteens expand their self-understanding. Which of the following types of assessments would likely be most effective to use in conjunction with this lesson?

1. Behavioral observations
2. Achievement tests
3. Interest inventories
4. Intelligence tests

Options :

9409183467. 1

9409183468. 2

9409183469. 3

9409183470. 4

Question Number : 43 Question Id : 9409181002 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The kinds of services required for organizing a college guidance programme are :

1. Information, testing, counselling, follow-up
2. Personal, professional, placement, follow-up
3. Information, guidance, counselling, follow-up
4. Information, testing, counselling, placement

Options :

9409183471. 1

9409183472. 2

9409183473. 3

9409183474. 4

Question Number : 44 Question Id : 9409181003 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

A student's career includes many significant events and experiences but in which areas has work psychology been able to make a contribution?

1. Career choice
2. Mentoring
3. Career Counseling
4. All of the above

Options :

9409183475. 1

9409183476. 2

9409183477. 3

9409183478. 4

Question Number : 45 Question Id : 9409181004 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

According to psychology, all education is

1. Deliberate
2. Functional
3. Purposive
4. Self-education

Options :

9409183479. 1

9409183480. 2

9409183481. 3

9409183482. 4

Question Number : 46 Question Id : 9409181005 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Where was first experimental psychology laboratory set up?

1. Berlin
2. Boston
3. Frankfurt
4. Leipzi

Options :

9409183483. 1

9409183484. 2

9409183485. 3

9409183486. 4

Question Number : 47 Question Id : 9409181006 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

Introspection as a method stands rejected by _____

1. Functional school
2. Behaviourists
3. Psychoanalysts
4. Gestalt

Options :

9409183487. 1

9409183488. 2

9409183489. 3

9409183490. 4

Question Number : 48 Question Id : 9409181007 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The primary task of the teacher is _____

1. To teach the prescribed curriculum
2. To stimulate and guide student learning
3. To promote habits of conformity to adults demands and expectations
4. To provide diagnostic and remedial aid wherever indicated

Options :

9409183491. 1

9409183492. 2

9409183493. 3

9409183494. 4

Question Number : 49 Question Id : 9409181008 Question Type : MCQ Option Shuffling : No Is

Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

The span of years during which boys and girls move from childhood to adulthood – mentally, emotionally, socially and physically is called _____

1. Late Childhood
2. Infancy
3. Adolescence
4. Adult years

Options :

9409183495. 1
9409183496. 2
9409183497. 3
9409183498. 4

Question Number : 50 Question Id : 9409181009 Question Type : MCQ Option Shuffling : No Is Question Mandatory : No

Correct Marks : 2 Wrong Marks : 0

What do you understand by the term Peer Group?

1. People of same profession
2. Friends and acquaintances
3. Family members and relatives
4. All of these are correct

Options :

9409183499. 1
9409183500. 2
9409183501. 3
9409183502. 4