

Subject: Home Science
Set Name: V1_Set04
Code: 315
Exam Date: 17-04-2026
SLOT: 2

Question ID	13479
Question Type	MCQ
Question	Ergonomics is defined as: 1. Art of creating a new and innovative enterprise 2. Training of staff regarding health and safety issues 3. Study of human at work to understand the interrelationships of people at work places and method of working 4. Fostering team spirit and team responsibility
Options	
A	1
B	2
C	3
D	4

Question ID	13480
Question Type	MCQ
Question	Work has several perspectives. When a person views his/her work as a path to progressively ascend professionally in terms of higher posts, how is he perceiving his work? 1. Work as a job 2. Work as a Career 3. Work as a Livelihood 4. Work as a Calling
Options	
A	1
B	2
C	3
D	4

Question ID	13484
Question Type	MCQ
Question	Arrange the following steps of 'Nutritional Care' in correct sequence: A. Diagnosis of nutritional problem B. Planning and prioritising nutrition intervention to meet nutritional needs C. Monitoring and evaluating nutritional care outcomes and making changes D. Assessing the nutritional status Choose the correct answer from the options given below: 1. A, B, D, C 2. B, A, C, D 3. D, A, B, C 4. D, B, A, C
Options	
A	1
B	2
C	3
D	4

Question ID 13488

Question Type

MCQ

Question

Match the **LIST-I** with **LIST-II**

LIST-I		LIST-II	
A.	Vitamin A	I.	Severe undernutrition due to deficiency of food and energy
B.	Iron Deficiency Anemia	II.	Includes all groups of foods to meet the needs of healthy people
C.	Marasmus	III.	Necessary for healthy epithelium and normal vision
D.	Regular Diet	IV.	Paleness of conjunctiva of eye, tongue and nail bed

Choose the **correct** answer from the options given below:

Options

A

B

C

D

1

2

3

4

1. A-IV, B-II, C-III, D-I

2. A-II, B-I, C-IV, D-III

3. A-I, B-III, C-II, D-IV

4. A-III, B-IV, C-I, D-II

Question ID	13492	
Question Type	MCQ	
Question	Public Health Nutrition is:	
	1. Ensuring food security, i.e., improving availability of food 2. Inadequate health services and insufficient access to it 3. Promotion of good health through prevention of nutrition related illnesses 4. Transformation of raw materials into edible products through scientific knowledge and technology	
Options		
A	1	
B	2	
C	3	
D	4	

Question ID	13493	
Question Type	MCQ	
Question	Which of the following statements are correct ?	
	A. When weight is not adequate relative to the height it is termed as 'Stunting' B. Vitamin A deficiency leads to shortness of breath, fatigue and lethargy C. A large proportion of children and adults suffer from micro nutrient deficiency known as 'Hidden Hunger' D. Deficiency of iodine results in lowering of thyroid hormone	
	Choose the correct answer from the options given below:	
	1. B, C and D Only 2. B and D Only 3. C and D Only 4. A, C and D Only	
Options		
A	1	
B	2	
C	3	

D	4
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Question ID	13494
Question Type	MCQ
Question	Food fortification is done by: 1. Lowering the temperature during storage 2. Enhancing the shelf life of food products by adding preservatives 3. Adding the nutrient that is lacking in food stuff to ensure minimum daily dietary requirements 4. Mass production of food products using principles of Food Technology
Options	
A	1
B	2
C	3
D	4

Question ID	13495
Question Type	MCQ
Question	_____ are non-nutrient constituents present in foods that have physiological or biological activity and influence health. 1. Nutraceuticals 2. Medical foods 3. Phyto chemicals 4. Food derivatives
Options	
A	1
B	2
C	3
D	4

Question ID	13496
Question Type	MCQ
Question	What is Food Adulteration? 1. Spoilage of food if not stored properly 2. Process in which quality of food is lowered by addition of inferior quality material 3. Use of preservatives, colourants and flavouring agents in the food products 4. Production of toxins by bacteria and other organisms when food is not cooked properly
Options	
A	1
B	2
C	3
D	4

Question ID	13497
Question Type	MCQ
Question	In terms of Food Safety, hazards can be of the following three types: 1. Toxicity, Infection, Biological 2. Bacterial, Physical, Preservatives 3. Physical, Chemical, Biological 4. Colourants, Physical, Chemical
Options	

A	1
B	2
C	3
D	4

Question ID	13498
Question Type	MCQ
Question	Early childhood is the phase of life from: 1. Birth to 3 years 2. 3 years to 8 years 3. Birth to 8 years 4. Birth to 1 year
Options	
A	1
B	2
C	3
D	4

Question ID	13499
Question Type	MCQ
Question	Anganwadis offer preschool education and operate under which of the following? 1. NGOs 2. Creches 3. Day care centres 4. ICDS
Options	
A	1
B	2
C	3
D	4

Question ID

13500

Question Type

MCQ

Question

Match the **LIST-I** with **LIST-II**

LIST-I Programmes for the Elderly		LIST-II Description	
A.	Old age homes	I.	For old persons who are seriously ill
B.	Respite care homes and continuous care homes	II.	Medical care to the old people living in rural and isolated areas
C.	Mobile medicare unit	III.	Provide food, care and shelter to old people
D.	Multi service centers for older persons	IV.	Provide daycare, health care and entertainment opportunities

Choose the **correct** answer from the options given below:

1. A-I, B-III, C-II, D-IV

2. A-III, B-I, C-II, D-IV

3. A-III, B-II, C-I, D-IV

4. A-II, B-III, C-I, D-IV

Options

A

1

B

2

C

3

D

4

Question ID	13501
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Question Type	MCQ
Question	Voluntary organizations organize activities like mountaineering, tracking, hiking, coastal sailing etc. These activities come under which youth programmes in India? 1. The National Service Scheme (NSS) 2. The National Service Volunteer Scheme 3. Programmes for Promotion of Adventure 4. Scouts and Guides
Options	
A	1
B	2
C	3
D	4

Question ID	13502
Question Type	MCQ
Question	Which of the following is not an Element of Design? 1. Colour 2. Harmony 3. Texture 4. Line
Options	
A	1
B	2
C	3
D	4

Question ID	13503
Question Type	MCQ
Question	Which of the following statements are correct ? A. Analogous colour harmony uses two hues that lie opposite to one another on the colour wheel B. Proportion is the relation of one part of a garment to another C. Emphasis in a garment is created by repeating lines, colours and other design elements D. Straight lines indicate strength and rigidity while curved lines appear soft and graceful Choose the correct answer from the options given below: 1. A, B and C Only 2. A and C Only 3. B and D Only 4. B, C and D Only
Options	
A	1
B	2
C	3
D	4

Question ID	13504
Question Type	MCQ
Question	'A Fashion Cycle goes through 5 stages'. Select the correct sequence of stages from the following: 1. Introduction - Increase - Peak - Obsolescence - Decline 2. Introduction - Increase - Peak - Decline - Obsolescence 3. Introduction - Increase - Peak - Decline - Obsolescence 4. Introduction - Increase - Peak - Obsolescence - Decline

3. Introduction - Increase - Obsolescence - Peak - Decline

4. Introduction - Peak - Obsolescence - Increase - Decline

Options

A 1

B 2

C 3

D 4

Question ID 13505

Question Type MCQ

Question

A Fashion Merchandiser has which of the following roles?

1. Buying and Selling of the merchandise
2. Manufacturing and Promoting of the merchandise
3. Manufacturing, Buying, Promoting and Selling of the merchandise
4. Buying, Promoting and Selling of the merchandise

Options

A 1

B 2

C 3

D 4

Question ID 13506

Question Type MCQ

Question

Which of the following statements is **correct**?

1. In a semi-automatic machine there is a single time-setting of controls for water filling, temperature and wash cycle
2. In top loading machine, the principle of washing is based on agitation
3. Water extraction after rinsing is done by pulsation and tumbling
4. A front loading washing machine requires frequent interventions of the operator

Options

A 1

B 2

C 3

D 4

Question ID 13507

Question Type MCQ

Question

Which of the following statements regarding hospital laundry is **NOT** true?

1. The daily laundry emphasises on hygiene, cleanliness and disinfection
2. Ironing and pressing may not be done to perfection
3. Starching, ironing, pressing and folding are done to perfection
4. Stubborn stains may not be taken notice of

Options

A 1

B 2

C 3

D 4

Question ID 13508

Question Type MCQ

Arrange the following housekeeping personnel from higher to lower position:

- A. Public Area Supervisor in a Hotel
- B. Assistant Housekeeper
- C. Executive Housekeeper

D. Room Attendant

Question

Choose the **correct** answer from the options given below:

1. B, C, A, D
2. C, A, B, D
3. C, B, D, A
4. C, B, A, D

Options

A	1
B	2
C	3
D	4

Question ID

13509

Question Type

MCQ

Question

Arrange the following staff positions in the kitchen of a hotel from the highest to the lowest rank:

- A. Deputy Chef
- B. Chef-de-Cuisine (Executive Chef)
- C. Cook
- D. Chef-de-Parties (Supervisor)

Choose the **correct** answer from the options given below:

1. B, A, D, C
2. A, D, B, C
3. B, A, C, D
4. D, A, B, C

Options

A	1
B	2
C	3
D	4

Question ID

13510

Question Type

MCQ

Question

Identify the correct definition of 'Consumer Behaviour' from the following:

1. A process through which consumers seek redressal in case of poor quality goods
2. A process to ensure that consumers can exercise their rights for protection of their interests
3. A process through which the buyer makes decision about purchasing
4. A process of acquiring knowledge and skill to be an informed consumer

Options

A	1
B	2
C	3
D	4

Question ID

13511

Question Type

MCQ

Question

'Hallmark' is a standard mark that:

1. Pertains to food and agricultural products
2. Is a quality assurance label for pure silk
3. Is a mark of quality for wool or woollen garments
4. Ensures the genuineness of foreign origin diamonds and pearls

4. Ensures that precious metals conform to national/international standard of purity

Options

- | | |
|---|---|
| A | 1 |
| B | 2 |
| C | 3 |
| D | 4 |

Question ID 13512
Question Type MCQ

Question The first Indian Satellite to serve the educational sector which was developed in 2004 is known as:

1. SWAYAM
2. NACO
3. EDUSAT
4. SEWA

Options

- | | |
|---|---|
| A | 1 |
| B | 2 |
| C | 3 |
| D | 4 |

Question ID 13513
Question Type MCQ

Question What is the aim of Swatch Bharat Mission?

A. Eliminating open defecation in rural areas
B. Construction of household owned toilets
C. Prevention of HIV/AIDS
D. Enhance people's knowledge about HIV/AIDS
E. Establishing mechanisms for monitoring toilet construction and usage

Choose the **correct** answer from the options given below:

1. A, B and E only
2. A, B and C only
3. A, D and E only
4. A, B and D only

Options

- | | |
|---|---|
| A | 1 |
| B | 2 |
| C | 3 |
| D | 4 |

Question ID 13514
Question Type MCQ

Question Match the **LIST-I** with **LIST-II**

LIST-I		LIST-II	
A.	FSSAI	I.	1954
B.	PFA	II.	1810
C.	WTO	III.	2006
D.	Canning	IV.	1995

Choose the **correct** answer from the options given below:

1. A-I, B-II, C-III, D-IV
2. A-I, B-III, C-IV, D-II
3. A-III, B-I, C-II, D-IV

4. A-III, B-I, C-IV, D-II

Options	
A	1
B	2
C	3
D	4

Question ID	13515
Question Type	MCQ

Question	The seven C's of communication to be kept in mind while composing a message are:
	1. Co-ordination, Correctness, Completeness, Character, Consideration, Courtesy, Clarity
	2. Concise, Correctness, Clarity, Completeness, Courtesy, Concreteness, Consideration
	3. Customer, Clarity, Completeness, Courtesy, Correctness, Consideration, Concreteness
	4. Concise, Correctness, Current, Completeness, Character, Concreteness, Clarity
Options	
A	1
B	2
C	3
D	4